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**Joseph B. Cuseo, Aaron
Thompson, Michele Campagna, Viki S.
Fecas**



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Substantive Research based material builds on scholarship from different academic disciplines and student development

theories Models citation of scholarly references that students can emulate Educates students not only about what they should

do to be successful but provides compelling reasons why they should do it 2 Interactive Pre chapter questions activate

students thinking and prior knowledge about the upcoming topic Within chapter journal entries punctuate students reading

with opportunities for reflection Post chapter exercises promote consolidation and application of knowledge acquired from

the chapter The new fifth edition of Thriving in the Community College and Beyond features expanded coverage of diversity

equity inclusion and justice plus information on implicit bias systemic racism and anti racism additional ideas and strategies

for online learning information on creating habits mindfulness principles and practices infused across chapters mental health

coverage augmented by positive psychology principles and practices new infographics to better explain concepts brain based

learning and emotional wellness strategies embedded throughout the book updated research evidence and internet resources

included in all chapters Thriving in the Community College Beyond focuses on the student as whole person including both

academic and personal strategies that are applicable to success in college and life beyond college

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