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even after school activities such as school excursions It includes classroom activities such as classroom discussions morning and afternoon meetings that take place daily cleaning and serving lunch school events such as sports day school excursions student councils and club activities Such activities occur every single day throughout one s school years from elementary school actually even kindergarten to high school They are however bound together by the common goals of the Tokkatsu framework This book is the foremost attempt to address a gap in English literature on Tokkatsu

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