

Trésors du bouddhisme

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V i s u d d h i m a g g a

Le Chemin
de la Pureté



Fayard

Visuddhimagga Le Chemin De La Pureté Les Sources Du Bouddhisme

Buddhaghosa



Visuddhimagga Le Chemin De La Pureté Trésors Du Bouddhisme:

Visuddhimagga Buddhaghosa, 2002 Rédigé dans la langue m me du Bouddha Le Chemin de la Pureté constitue le noyau central des commentaires sans lesquels on ne peut comprendre les textes primitifs ni l enseignement originel du bouddhisme Ce texte n est pas un exposé philosophique mais une description pragmatique et complète des exercices qui permettent au pratiquant persévérant d atteindre le but ultime Il ne s appuie pas sur des croyances mais prône au contraire l expérimentation directe dans la vie quotidienne comme dans la pratique contemplative Ce livre décrit les trois étapes du chemin spirituel la discipline extérieure et intérieure qui n est rien d autre qu une cohérence totale de l individu en harmonie avec son environnement l état d être qui se caractérise par la qualité de la connaissance et la sagacité observation attentive des instants de conscience dont la succession forme la vie de leurs composants physiques et psychiques et de leurs interactions Autant de façons d accroître la lucidité et la responsabilité

Whispering the Secrets of Language: An Emotional Quest through **Visuddhimagga Le Chemin De La Pureteacute Treacutesors Du Bouddhisme**

In a digitally-driven earth where screens reign great and instant transmission drowns out the subtleties of language, the profound secrets and mental nuances concealed within phrases often go unheard. However, situated within the pages of **Visuddhimagga Le Chemin De La Pureteacute Treacutesors Du Bouddhisme** a interesting fictional prize pulsating with raw feelings, lies a fantastic journey waiting to be undertaken. Published by a skilled wordsmith, that enchanting opus invites readers on an introspective trip, lightly unraveling the veiled truths and profound impact resonating within the cloth of each word. Within the psychological depths of the emotional review, we can embark upon a sincere exploration of the book is core themes, dissect its interesting writing fashion, and fail to the strong resonance it evokes deep within the recesses of readers hearts.

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