

The Straight Leg Raise (SLR) Test

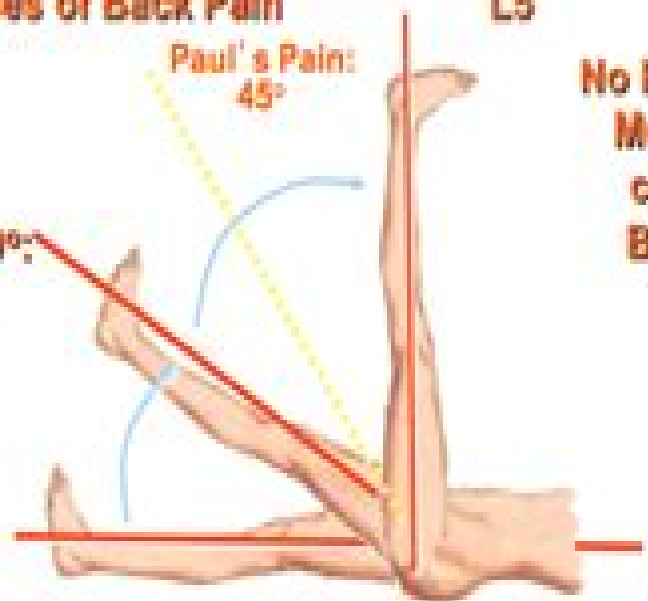
**for Compressive (Neurogenic)
Causes of Back Pain**

**ROM 90°:
L5**

**Paul's Pain:
45°**

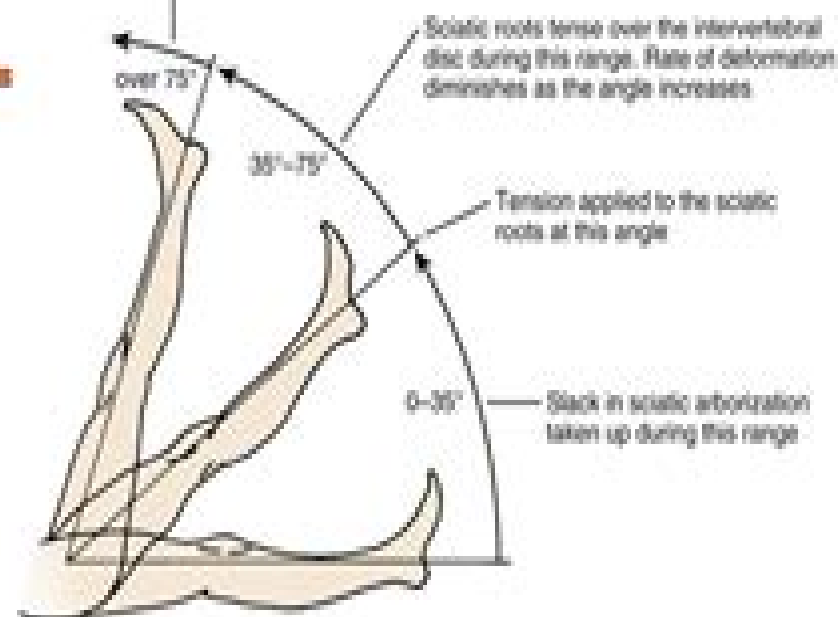
**No Pain at 90°=
Mechanical
causes of
Back Pain**

**ROM 30°:
L4**



**ROM 0°:
L2-L3**

Practically no further deformation
of roots occurs during further
straight-leg raising



The Straight Leg Raise, also called Lasègue's sign, Lasègue test or Lazarević's sign

Reasoning of Straight Leg Raise (SLR) Test:

-Neurologic pain which is reproduced in the leg and low back between 30-70 degrees of hip flexion is suggestive of lumbar disc herniation at the L4-S1 nerve roots.

-Pain at less than 30 degrees of hip flexion might indicate acute spondylolthesis, gluteal abscess, disc protrusion or extrusion, tumor of the buttock, acute dural inflammation, a malingering patient, or the sign of the buttock.

-Pain at greater than 70 degrees of hip flexion might indicate tightness of the hamstrings, gluteus maximus, or hip capsule, or pathology of the hip or sacroiliac joints.

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Slr Tet Guide

Jiyuan Zhang



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