



Well-Being in
Literary Studies

THE EUDAIMONIC TURN

Edited by
James O. Pawelski
and D.J. Moores

The Eudaimonic Turn Well Being In Literary Studies

James O. Pawelski, D. J. Moores



The Eudaimonic Turn Well Being In Literary Studies:

The Eudaimonic Turn James O. Pawelski, D. J. Moores, 2012-11-08 In much of the critical discourse of the seventies eighties and nineties scholars employed suspicion in order to reveal a given text's complicity with various undesirable ideologies and or psychopathologies. Construed as such interpretive practice was often intended to demystify texts and authors by demonstrating in them the presence of false consciousness, bourgeois values, patriarchy, orientalism, heterosexism, imperialist attitudes, and or various neuroses, complexes, and lacks. While it proved to be of vital importance in literary studies, suspicious hermeneutics often compelled scholars to interpret eudaimonia or well being variously conceived in pathologized terms. At the end of the twentieth century, however, literary scholars began to see the limitations of suspicion, conceived primarily as the discernment of latent realities beneath manifest illusions. In the last decade, often termed the post theory era, there was a radical shift in focus as scholars began to recognize the inapplicability of suspicion as a critical framework for discussions of eudaimonic experiences, seeking out several alternative forms of critique, most of which can be called, despite their differences, a hermeneutics of affirmation. In such alternative reading strategies, scholars were able to explore configurations of eudaimonia not by dismissing them as bad politics or psychopathology, but in complex ways that have resulted in a new eudaimonic turn, a trans disciplinary phenomenon that has also enriched several other disciplines. The Eudaimonic Turn builds on such work, offering a collection of essays intended to bolster the burgeoning critical framework in the fields of English, Comparative Literature, and Cultural Studies, by stimulating discussions of well being in the post theory moment. The volume consists of several examinations of literary and theoretical configurations of the following determinants of human subjectivity and the role these play in facilitating well being: values, race, ethics, morality, aesthetics, class, ideology, culture, economics, language, gender, spirituality, sexuality, nature, and the body. Many of the authors compellingly refute negativity bias and pathologized interpretations of eudaimonic experiences or conceptual models as they appear in literary texts or critical theories. Some authors examine the eudaimonic outcomes of suffering, marginalization, hybridity, oppression, and or tragedy, while others analyze the positive effects of positive affect. Still others analyze the aesthetic response and or the reading process in inquiries into the role of language use and its impact on well being, or they explore the complexities of strength, resilience, and other positive character traits in the face of struggle, suffering, and othering.

The Eudaimonic Turn James O. Pawelski, D. J. Moores, 2012-11-08 In much of the critical discourse of the seventies, eighties, and nineties, scholars employed suspicion in order to reveal a given text's complicity with various undesirable ideologies and or psychopathologies. Construed as such interpretive practice was often intended to demystify texts and authors by demonstrating in them the presence of false consciousness, bourgeois values, patriarchy, orientalism, heterosexism, imperialist attitudes, and or various neuroses, complexes, and lacks. While it proved to be of vital importance in literary studies, suspicious hermeneutics often compelled scholars to interpret eudaimonia or well being variously conceived in pathologized terms. At

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Literary Studies and Human Flourishing James F. English, Heather Love, 2023 The Humanities and Human Flourishing series publishes edited volumes that explore the role of human flourishing in the central disciplines of the humanities and whether and how the humanities can increase human happiness The contributors to this volume of essays investigate the question what do literary scholars contribute to social scientific research on human happiness and flourishing Of all humanities disciplines none is more resistant to the program of positive psychology or the prevailing discourse of human flourishing than literary studies The approach taken in this volume of essays is neither to gloss over that antagonism nor to launch a series of blasts against positive psychology and the happiness industry Rather the contributors reflect on how their literary research work to which they are personally committed might become part of an interdisciplinary conversation about human flourishing The contributors areas of research are wide ranging covering literary aesthetics book history digital humanities and reader reception as well as the important inter disciplines of gender and sexuality studies disability studies and black studies fields in which issues of stigma and exclusion are paramount and which have critiqued the discourse of human flourishing for its failure to grapple with structural inequality and human difference Literary scholars are drawn more readily to the problematic than to the decidable but by dwelling on the trouble spots in a field of inquiry still largely confined to the

sciences Literary Studies and Human Flourishing provides the groundwork for new and more productive forms of interdisciplinary collaboration and exchange *The Oxford Handbook of the Positive Humanities* Louis Tay,James O. Pawelski,2022-01-25 This text reviews and synthesizes the theories research and empirical evidence between human flourishing and the humanities broadly including history literary studies philosophy religious studies music art theatre and film Via multidisciplinary essays this book expands our understanding of how the humanities contribute to the theory and science of well being by considering historical trends conceptual ideas and wide ranging interdisciplinary drivers between positive psychology and the arts On Human Flourishing D.J. Moores,James O. Pawelski,Adam Potkay,2015-09-02 Great literature is more often praised for compelling depictions of conflict and tragedy than for moving portrayals of happiness and well being This collection of verse brings together poems of felicity capturing what it means to be well in the fullest sense Presented in 14 thematic sections these works offer inspiring readings on wisdom self love ecstasy growth righteousness love and lust inspiration oneness with nature hope irreverence awe the delights of the senses gratitude and compassion relation to the sacred justice and unity At times elegant at others blunt these poems reflect on what it means to live a rich fulfilling life Music and Human Flourishing Anna Harwell Celenza,2023 It has long been accepted that participating in music either as a performer listener or composer can contribute to human happiness and well being This volume part of The Humanities and Human Flourishing series explores a fourth musical activity the act of music scholarship and reveals how engagement with the cultural social and political practices surrounding music contributes to human flourishing in a way that listening performing and even composing alone cannot Music and Human Flourishing contains essays by eleven prominent scholars representing the fields of musicology ethnomusicology and music theory The essays are divided into three general categories and cover a broad range of topics and music traditions In Part I Contemplation contributors explore a specific facet of music s connection to human flourishing and contemplate new approaches for future action Part II Critique contains essays that challenge past assumptions of the various roles of music in society and highlight the effects that unconscious bias and stereotyping have had on music s effectiveness to facilitate human flourishing Part III Communication features essays that explore how ethnicity gender religion and technology influence our ability to connect with others through music Collectively these essays demonstrate how the process of thinking and writing about music and human flourishing can lead to revelations about cultural identity social rituals political ideologies and even spiritual transcendence *Well-Being Research in South Africa* Marié P. Wissing,2013-05-13 This is the first book to bring together examples of research in positive psychology psychofortology conducted in the multi cultural South African context with its diverse populations and settings The volume reflects basic as well as applied well being research in the multicultural South African context as conducted in various contexts and with a variety of methods and foci Theoretical review and empirical research contributions are made reflecting positivist to constructivist approaches and include quantitative qualitative and mixed method approaches Some

findings support universality assumptions but others uncovered unique cultural patterns Chapters report on well being research conducted in the domains of education work health and family and in clinical urban vs rural and unicultural vs multicultural contexts Studies span the well being of adolescents adults and older people and topics include resilience in individuals families and groups measurement issues and coping processes the role of personal and contextual variables and facets such as hope spirituality self regulation and interventions

Theater and Human Flourishing Harvey Young, 2023

The Humanities and Human Flourishing series publishes edited volumes that explore the role of human flourishing in the central disciplines of the humanities and whether and how the humanities can increase human happiness This volume presents essays on the significance of theater to wellbeing and human flourishing Combining scholarship in psychology and positive psychology with new perspectives in theater and performance studies the volume features eleven prominent theater and performance studies scholars who offer original previously unpublished examinations of the social benefits of theater and performance This volume explores the questions Why is theater considered a social good And what makes theater a valuable contribution to happiness and wellbeing Contributors point to theater as a rich source of community and examine the unique value of live theatrical performance as a medium through which trauma as well as socio political differences can be expressed The personal societal and artistic benefits of theater are examined through chapters on actors suffering and acting training community theater theater and trauma breaking social barriers through theater etiquette in the theater and the theatrical community as a refuge for minoritized groups Like other titles in this series Theater and Human Flourishing uses an interdisciplinary and collaborative approach which here breaches the divide between science focused fields that study human flourishing and the artistry of theatrical performance

The Jamesian Mind Sarin Marchetti, 2021-12-28

William James 1842 1910 is widely regarded as the founding figure of modern psychology and one of the most important philosophers of the nineteenth and twentieth centuries Renowned for his philosophical theory of pragmatism and memorable turns of phrase such as stream of consciousness and the will to believe he made enormous contributions to a rich array of philosophical subjects from the emotions and free will to religion ethics and the meaning of life The Jamesian Mind covers the major aspects of James s thought from his early influences to his legacy with over forty chapters by an outstanding roster of international contributors It is organized into seven parts Intellectual Biography Psychology Mind and Self Ethics Religion and Politics Method Truth and Knowledge Philosophical Encounters Legacy In these sections fundamental topics are examined including James s conceptions of philosophical and scientific inquiry habit self free will and determinism pragmatism truth and pluralism Considerable attention is also devoted to James in relation to the intellectual traditions of empiricism and Romanticism as well as to such other philosophical schools as utilitarianism British idealism Logical Empiricism and existentialism James s thought is also situated in an interdisciplinary context including modernism sociology and politics showcasing his legacy in psychology and ethics An indispensable resource for anyone studying and researching

James's philosophy The Jamesian Mind will also interest those in related disciplines such as psychology religion and sociology

Stylistic Virtue and Victorian Fiction Matthew Sussman, 2021-07-01 What is style and why does it matter This book answers these questions by recovering the concept of stylistic virtue once foundational to rhetoric and aesthetics but largely forgotten today Stylistic virtues like ease and grace are distinguishing properties that help realize a text's essential character First described by Aristotle they were integral to the development of formalist methods and modern literary criticism The first half of the book excavates the theory of stylistic virtue during its period of greatest ascendance in the late eighteenth and nineteenth centuries when belletristic rhetoric shaped how the art of literary style and the aesthetic were understood The second half offers new readings of Thackeray Trollope and Meredith to show how stylistic virtue changes our understanding of style in the novel and challenges conventional approaches to interpreting the ethics of art *Becoming Mindful* Erin Zerbo, M.D., Alan Schlechter, M.D., Seema Desai, M.D., Petros Levounis, M.D., M.A., 2016-10-04 Featuring embedded exercises and guided meditations as well as an appendix with audio guided meditations and a resource list *Becoming Mindful Integrating Mindfulness Into Your Psychiatric Practice* provides clinicians with readily accessible tools to use in sessions with patients With chapters that focus on the benefits of mindfulness for both the clinician and the patient this guide discusses practical aspects and offers solutions for overcoming common obstacles including restlessness and boredom sleepiness and sensory craving Key takeaways summarize each chapter's content making it easy for busy clinicians to quickly reference the information they need to most effectively treat patients including children and adolescents patients battling substance addiction and patients suffering from such disorders as depression posttraumatic stress disorder and attention deficit hyperactivity disorder With additional sections on mindful eating mindfulness and technology and the growing field of positive psychiatry *Becoming Mindful* introduces readers to the full scope of benefits that mindfulness has to offer Religious Studies, Theology, and Human Flourishing Justin Thomas McDaniel, Hector Kilgore, 2024 Religious Studies Theology and Human Flourishing contains essays by nine prominent scholars of religious studies and theology on approaches to cultivating human flourishing within the field of positive psychology Part of The Humanities and Human Flourishing series this volume represents perspectives from north India to the buckle of the American Bible Belt and explores the implications of religious studies and theology for well being illuminating connections between theory pedagogy and practice The Oxford Handbook of Secularism Phil Zuckerman, John R. Shook, 2017 The Oxford Handbook of Secularism offers a wide ranging examination of secularism on a global scale bringing together an international collection of views from prominent experts in a variety of fields This volume reflects the impressive level of academic attention now given to secularism across the humanities social sciences law and public policy and international relations Long reigning theories about the pace of secularization and ideal church state relations are here scrutinized by a new generation of scholars studying secularism with new questions better data and fresh perspectives The Power of Meaning Emily Esfahani Smith, 2017-01-10 In a culture

obsessed with happiness this wise stirring book points the way toward a richer more satisfying life Too many of us believe that the search for meaning is an esoteric pursuit that you have to travel to a distant monastery or page through dusty volumes to discover life s secrets The truth is there are untapped sources of meaning all around us right here right now To explore how we can craft lives of meaning Emily Esfahani Smith synthesizes a kaleidoscopic array of sources from psychologists sociologists philosophers and neuroscientists to figures in literature and history such as George Eliot Viktor Frankl Aristotle and the Buddha Drawing on this research Smith shows us how cultivating connections to others identifying and working toward a purpose telling stories about our place in the world and seeking out mystery can immeasurably deepen our lives To bring what she calls the four pillars of meaning to life Smith visits a tight knit fishing village in the Chesapeake Bay stargazes in West Texas attends a dinner where young people gather to share their experiences of profound loss and more She also introduces us to compelling seekers of meaning from the drug kingpin who finds his purpose in helping people get fit to the artist who draws on her Hindu upbringing to create arresting photographs And she explores how we might begin to build a culture that leaves space for introspection and awe cultivates a sense of community and imbues our lives with meaning Inspiring and story driven *The Power of Meaning* will strike a profound chord in anyone seeking a life that matters

Visual Arts and Human Flourishing Professor Emerita Art History and Executive Director Emerita USC Museums Selma Holo, Selma Holo, 2024 In mid December 2018 a man stood before one of the most beloved paintings in Europe Botticelli s *The Birth of Venus* and had a heart attack Henri Neuendorf ArtNet News December 19 2018 <https://news.artnet.com/art-world/heart-attack-botticelli-uffizi-1425448> Venus is that painting you re thinking of the one with the shapely wheat haired woman standing in a seashell with one hand covering her breasts and the other holding her long golden locks in front of her groin Floating above her right shoulder are two winged figures with their arms wrapped around each other who blow air on her like distant kisses On her left stands a woman the Hora of Spring who holds what looks like a drape and gazes directly at our goddess whose face tilted just so looks toward the viewer with a gentle yet mature glance as if she was born knowing all one needs to know of love and seduction Fortunately the man whose heart failed while looking back at our all knowing Venus survived but he was not the first to collapse while viewing art in Florence and no doubt he will not be the last It has happened often enough that there is a medical term for the phenomenon named after the first notable man to succumb Stendhal Syndrome Apparently the French author of *On Love* a treatise on romantic passion reported that he fell ill in 1817 after viewing too much Florentine art Bamforth 945 Is it any wonder that Botticelli s winged figures hang on to each other so tightly To be awestruck is to be in imminent danger

Culture, Cognition, Narrative Vera Nünning, Ansgar Nünning, 2025-11-14 Although it is well known that narrative impacts our modes of assessing and interpreting the world as well as the creation of cultural identities and cultural communities there is little research on the way in which cognition culture and narratives intersect Cultural narratology usually focuses on the relation between culture and narrative while

cognitive narratology explores the relation between cognition and narrative. However, the three concepts reciprocally influence each other: narratives shape cognition just as cognitive frames and processes shape narratives. Similarly, the culture we belong to informs our cognitive processes and the way we perceive, interpret and react to our environment. Culture and narrative also impact each other in myriad ways. Narratives are therefore at the centre of this volume and each chapter deals with narrative either as a cognitive or performative tool relating it to either cognition or culture or to both. The volume also explores social practices of real world storytelling for instance in discourses on migration and the cognitive dimension of cultures that narratives provide access to. The latter includes shared self concepts, schemata and cultural models. This interdisciplinary volume builds conceptual bridges between cultural studies, cognitive theory and narrative theory.

Positive Psychological Intervention Design and Protocols for Multi-Cultural Contexts Llewellyn Ellardus Van Zyl, Sebastiaan Rothmann Sr., 2019-06-11. This volume presents innovative and contemporary methodologies and intervention protocols for the enhancement of positive psychological attributes in multicultural professional and organizational contexts. Most methods, models and approaches that underpin positive psychological interventions are confined to clinical samples, closed systems or monocultural contexts which restrict their applicability to particular contexts. Extensive practical intervention protocols, designs and methods which usually accompany first draft intervention papers are condensed into brief paragraphs in final manuscripts or removed in their entirety. This in turn reduces their potential for replicability or adoption by consumers, practitioners or industry. This volume develops guidelines for enhancing positive psychological attributes such as positive moods, e.g. positive affect, life satisfaction, strengths, e.g. gratitude, humour, cognitions, e.g. hope, optimism and behaviours, e.g. emotional regulation, positive relationship building within various multicultural contexts. Thereby it shows how positive psychology interventions can be replicated to a wide range of contexts beyond those in which they were developed.

Psyche and Ethos Amanda Anderson, 2018-03-21. We live in a psychological age. Contemporary culture is saturated with psychological concepts and ideas from anxiety to narcissism to trauma. While it might seem that concern over psychological conditions and challenges is intrinsically oriented toward moral questions about what promotes individual and collective well-being, it is striking that from the advent of Freudian psychoanalysis in the late nineteenth century up to recent findings in cognitive science, psychology has posed a continuing challenge to traditional concepts of moral deliberation, judgment and action, all core components of moral philosophy and central to understandings of character and tragedy in literature. *Psyche and Ethos: Moral Life After Psychology* explores the nature of psychology's consequential effects on our understanding of the moral life. Using a range of examples from literature and literary criticism alongside discussions of psychological literature from psychoanalysis to recent cognitive science and social psychology, this study argues for a renewed look at the persistence of moral orientations toward life and the values of integrity, fidelity and repair that they privilege. Writings by Shakespeare, Henry James and George Eliot and the powerful contributions of British object relations theorists in the post-war period help

to draw out the fundamental ways we experience moral time the forms of elusive duration that constitute loss grief regret and the desire for amends Acknowledging the power and necessity of psychological frameworks Psyche and Ethos aims to restore moral understanding and moral experience to a more central place in our understanding of psychic life and the literary tradition Wordsworth and the Green Romantics Lisa Ottum, Seth T. Reno, 2016-05-05 Situated at the intersection of ecocriticism affect studies and Romantic studies this collection breaks new ground on the role of emotions in Western environmentalism Recent scholarship highlights how traffic between Romantic era literature and science helped to catalyze Green Romanticism Closer to our own moment the affective turn reflects similar cross disciplinary collaboration as many scholars now see the physiological phenomenon of affect as a force central to how we develop conscious attitudes and commitments Together these trends offer suggestive insights for the study of Green Romanticism While critics have traditionally positioned Romantic Nature as idealized and illusory Romantic representations of nature are in fact ambivalent scientifically informed and ethically engaged They often reflect writers efforts to capture the fleeting experience of affect raising urgent questions about how nature evokes feelings and what demands these sensations place upon the feeling subject By focusing on the affective dimensions of Green Romanticism Wordsworth and the Green Romantics advances a vision of Romantic ecology that complicates scholarly perceptions of Romantic Nature as well as popular caricatures of the Romantics as naive nature lovers This collection will interest scholars and students of Romanticism eighteenth and nineteenth century British literature ecocriticism affect studies and those who work at the intersection of literature and science

Evidence-Based Approaches in Positive Education Mathew A. White, A. Simon Murray, 2015-05-08 Based on action research and implementation at one of the world's great schools this book provides a much needed exploration of how to implement positive education at a whole school level Evidence Based Approaches in Positive Education summarises the integration of a whole school mental health and well being strategy positive psychology programs and pastoral care models from 3-18 years of age Positive education is the teaching of scientifically validated programs from positive psychology and character education that have an impact on student and staff well being It is an approach that focuses on teaching building and embedding social and emotional learning throughout a student's experience St Peter's College Adelaide is the only institution in the world to integrate Martin Seligman's well being theory throughout all aspects of both its strategic intent and positive education programs The School's vision is to be a world class school where all boys flourish Its mission is to provide an exceptional education that brings out the very best in every boy This is done within an intellectually and spiritually rich environment that nurtures international mindedness intercultural understanding respect and a commitment to social justice This book captures the developments of the St Peter's College journey It focuses on the integration of well being across seven strategic goals Academics Well being Student Life Entrepreneurship Innovation and Partnerships People Culture and Change Sustainability and Environment Community Engagement Advancement and Philanthropy A uniquely

Australian school the impact of a St Peter s College education is to build great men who believe safety service and integrity and fundamental parts of their lives who are active members of communities that are socially and culturally diverse who engage in political ethical and environmental challenges as good citizens Since 1847 St Peter s College alumni have had global and life changing impact in all fields of human endeavour The School s alumni include three Nobel Laureates 42 Rhodes Scholars Olympians and Archbishops artists and scientists educators and journalists actors and politicians philanthropists and physicians CEOs diplomats and soldiers explorers painters and poets This book shares evidence based practices and makes a substantial contribution to the rapidly developing field of positive psychology and its application in schools

Discover tales of courage and bravery in Explore Bravery with is empowering ebook, Stories of Fearlessness: **The Eudaimonic Turn Well Being In Literary Studies** . In a downloadable PDF format (Download in PDF: *), this collection inspires and motivates. Download now to witness the indomitable spirit of those who dared to be brave.

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Table of Contents The Eudaimonic Turn Well Being In Literary Studies

1. Understanding the eBook The Eudaimonic Turn Well Being In Literary Studies
 - The Rise of Digital Reading The Eudaimonic Turn Well Being In Literary Studies
 - Advantages of eBooks Over Traditional Books
2. Identifying The Eudaimonic Turn Well Being In Literary Studies
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an The Eudaimonic Turn Well Being In Literary Studies
 - User-Friendly Interface
4. Exploring eBook Recommendations from The Eudaimonic Turn Well Being In Literary Studies
 - Personalized Recommendations
 - The Eudaimonic Turn Well Being In Literary Studies User Reviews and Ratings
 - The Eudaimonic Turn Well Being In Literary Studies and Bestseller Lists
5. Accessing The Eudaimonic Turn Well Being In Literary Studies Free and Paid eBooks
 - The Eudaimonic Turn Well Being In Literary Studies Public Domain eBooks
 - The Eudaimonic Turn Well Being In Literary Studies eBook Subscription Services
 - The Eudaimonic Turn Well Being In Literary Studies Budget-Friendly Options
6. Navigating The Eudaimonic Turn Well Being In Literary Studies eBook Formats

- ePub, PDF, MOBI, and More
 - The Eudaimonic Turn Well Being In Literary Studies Compatibility with Devices
 - The Eudaimonic Turn Well Being In Literary Studies Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of The Eudaimonic Turn Well Being In Literary Studies
 - Highlighting and Note-Taking The Eudaimonic Turn Well Being In Literary Studies
 - Interactive Elements The Eudaimonic Turn Well Being In Literary Studies
 8. Staying Engaged with The Eudaimonic Turn Well Being In Literary Studies
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers The Eudaimonic Turn Well Being In Literary Studies
 9. Balancing eBooks and Physical Books The Eudaimonic Turn Well Being In Literary Studies
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection The Eudaimonic Turn Well Being In Literary Studies
 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
 11. Cultivating a Reading Routine The Eudaimonic Turn Well Being In Literary Studies
 - Setting Reading Goals The Eudaimonic Turn Well Being In Literary Studies
 - Carving Out Dedicated Reading Time
 12. Sourcing Reliable Information of The Eudaimonic Turn Well Being In Literary Studies
 - Fact-Checking eBook Content of The Eudaimonic Turn Well Being In Literary Studies
 - Distinguishing Credible Sources
 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

The Eudaimonic Turn Well Being In Literary Studies Introduction

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