



NATURAL HOMEMADE COLON CLEANSE

juice recipe for Detox



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Valerie Saxions Cleansing Recipe

Terry C. Jones



Valerie Saxions Cleansing Recipe:

How to Feel Great All the Time Valerie Saxon, 2002 SPECIFICALLY VALERIE GUIDES HER READERS INTO AN UNDERSTANDING OF HOW THEIR BODIES WORK HOW TO STOP EATING JUNK FOOD AND THE IMPORTANCE OF BODY OXYGEN EXERCISE AND WATER CANDIDA DETOXIFICATION FASTING AND WEIGHT LOSS ARE ALL COVERED AS WELL AS ESTABLISHING A PERFECT DIET THAT IS FILLED WITH FOODS THAT SUPERCHARGE THE MIND AND BODY NATURE S PRESCRIPTIONS OF VITAMINS MINERALS AND HERBS SUPPLEMENT ALL THAT SHE TEACHES

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