

SURRENDER TO LOVE

*Discovering the Heart
of Christian Spirituality*

DAVID G. BENNER

Surrender To Love Discovering The Heart Of Christian Spirituality

David G. Benner



Surrender To Love Discovering The Heart Of Christian Spirituality:

Surrender to Love David G. Benner, 2015-09-24 In this expanded edition of a spiritual formation classic David G Benner explores the twin themes of love and surrender as the heart of Christian spirituality God doesn't want his people to respond to him out of fear or obligation but invites us to enter into an authentic relationship of intimacy and devotion by surrendering to love

Healing Ourselves Shamini Jain, Ph.D., 2021-09-14 A leading mind body researcher provides an invaluable resource of solid scientific evidence for consciousness based healing along with practices anyone can use Spontaneous remission the placebo effect and energy healing these phenomena have baffled the medical community for decades What do all these marvels tell us Our current models of medicine fall short of understanding the depths of our human healing potential says Dr Shamini Jain We are on the cusp of finally becoming awake to our human healing potential A growing number of scientists are exploring a new path a true expansion of science joined with understandings from ancient concepts of spirituality With *Healing Ourselves* Dr Jain presents a new vision of health and healing Here she rejects the either/or thinking that has placed conventional medicine at odds with so called alternative methods offering an integrated path based on sound scientific evidence and personal empowerment Join her to explore Biofield science peer reviewed research on the inseparable relationship between consciousness and healing The placebo and beyond what placebo research tells us about the power of consciousness to heal ourselves whether we choose drugs surgery or holistic medicine Evidence what strong published research actually says about the healing power of holistic practices such as yoga tai chi meditation and energy healing The *Healing Keys* in depth instruction with evidence based recommendations and ancient spiritual practices that you can integrate into your life for healing yourself Today more than ever we realize that we must change the way we think about health care and our ability to heal ourselves The good news is there is a way forward teaches Dr Jain The flame that lights the path burns brighter than the darkness of ignorance and suffering we have found ourselves in With *Healing Ourselves* this inspiring teacher shares a holistic model of health that we have known in our hearts all along to be true

Henri Nouwen
Wil Hernandez, 2006 **Embracing Contemplation** John H. Coe, Kyle C. Strobel, 2019-02-26 What does a Christian life lived by the Spirit look like Bringing together Protestant scholars and practitioners of spiritual formation this volume offers a distinctly evangelical consideration of the benefits of contemplation Drawing on historical examples from the church including John Calvin Richard Baxter Jonathan Edwards and John Wesley this book considers how contemplative prayer can shape Christian living today

Affirmation and Healing Within Spiritual Direction Cynthia Herman, 2020-05-26
ABSTRACT Key to the process of spiritual growth is the knowledge that human beings long for love They desire to know their worth and value This seeking leads to a desire for a relationship with God In order to grow in faith to a deeper relationship with God it is important to first have a strong sense of one's own worth as a basis for growth This involves an accurate self perception and a loving self acceptance Affirmation can help to develop a loving self acceptance where one can experience

feel and see one's worth Affirmation is a gift of love from one person to another where one receives oneself as one experiences one's own goodness and dignity from the other and one learns one is lovable Another key to spiritual growth is self knowledge Self acceptance and self knowledge are the beginning of the spiritual life Developing emotional awareness leads to greater self knowledge Emotions need to be listened to and interpreted as part of the development of self knowledge and self acceptance This emotional awareness is the beginning of understanding the negative patterns of behavior that comes out of one's woundedness With the healing presence of Christ through prayer one can experience God's love for them in one's woundedness and know that God dwells within and desires to transform and heal wounds with his love This affirms one in one's worthiness enabling one to be able to open to receive love and then return love In spiritual direction one seeks a relationship with God It is a sacred time of growth conversion and transformation It is a time when one looks at a relationship with self others and God One is empowered by the grace of God to enter this process and continue the development of these relationships The ministry of spiritual direction is called to be the sacred place where humanity in their fullness meets their God and accepts his mercy When one surrenders to this grace one is surrendering to love mercy and affirmation One's self image and relationship with others and God are touched and experienced in a new light *Wisdom From the Margins* William G. Britton, 2018-05-16 Henri Nouwen wisely said The great illusion of leadership is to think that man can be led out of the desert by someone who has never been there Jesus has been there and knows how to lead us out but first he just may lead us in He meets us in the desert and does his best work in us there We look for an easier way in vain I myself reluctantly entered the desert and eventually received unimagined gifts there gifts I didn't ask for deserve or want gifts hidden in such painful loss that I despaired and yet looking back now these desert gifts were the best thing that ever happened to me I entered the desert and years later found my way out It's not a new way it was just new to me Jewish and Christian sages had been living it for thousands of years Somehow in recent generations we managed to forget it In this collection I mean to begin to make those riches available to you I'm hoping that like me you'll discover something that you didn't know you wanted or needed and something now you wouldn't give up at any price **Christ-Shaped Character** Helen Cepero, 2014-04-07 What are the pathways that lead us to God In this book Helen Cepero leads you through the journey beginning with three ways of love then three ways of continuing in faith and then lastly three ways of living in hope These nine pathways will lead you into deeper life with Christ **Full Service** Siang-Yang Tan, 2006-03-01 Although servanthood is often discussed as an important part of leadership it is also the basic calling of every follower of Jesus Christ Siang Yang Tan takes a fresh approach to servanthood exploring it as loving obedience to God in and of itself regardless of personal greatness fulfillment or success He lays out the biblical case and practical guidance to help all Christians live out their foundational call of being a servant of God in all areas of life Tan's focus on servanthood alone in contrast to the many books on servant leadership will appeal to pastors church leaders and all Christians interested in a biblical perspective on

servanthood **Journey With Me** Herbert F. Lamp Jr.,2021-07-27 Have you ever wondered Is this all there is to life and ministry with the Lord Why am I so tired all the time How can I grow in my intimacy with God in practical ways Am I so busy doing that I have forgotten how to be with God As ministry workers we too often face these questions because we too often expect a thriving personal relationship with God to be an outcome of our ministry Journey With Me illustrates that ministry is the result of the overflow of our relationship with God rather than vice versa Exploring over fifteen ancient spiritual graces such as Lectio Divina rule of life silence and solitude and prayer of Examen Herbert F Lamp Jr invites us to prioritize soul care rather than treating ministry as a replacement for intimacy In the process of knowing and being known God fills us up with his love joy peace and wisdom Only then can we minister to others balancing a heart for God with hands for service After almost four decades of missionary service Lamp has experienced the joys and potential pitfalls of serving Christ cross culturally Sharing his experiences and offering practical time tested methods to grow spiritually Lamp invites you to journey with Our Father intimately as you cross your cultural linguistic ethnic and geographic borders serving him wholeheartedly and passionately Christian Discourses Søren Kierkegaard,2007 The International Kierkegaard Commentary For the first time in English the world community of scholars systematically assembled and presented the results of recent research in the vast literature of S ren Kierkegaard Based on the definitive English edition of Kierkegaard s works by Princeton University Press this series of commentaries addresses all the published texts of the influential Danish philosopher and theologian This is volume 17 in a series of commentaries based upon the definitive translations of Kierkegaard s writings published by Princeton University Press 1980ff **Faith-Based ACT for Christian Clients** Joshua J. Knabb,2022-07-12 Faith Based ACT for Christian Clients balances empirical evidence with theology to give mental health professionals a deep understanding of both the why and how of acceptance and commitment therapy ACT for Christians The new edition includes updated discussions in each chapter more than 20 new and updated exercises and new chapters on couples and trauma The book includes a detailed exploration of the overlap between ACT and the Christian faith case studies and techniques that are explicitly designed to be accessible to both non Christian and Christian including evangelical Christian counselors and therapists Chapters also present the established research on Buddhist influenced mindfulness meditation and newer research on Christian derived meditative and contemplative practices and lay a firm theological foundation through the use of engaging biblical stories and metaphors *The Gift of Being Yourself* David G. Benner,2015-09-24 In the expanded edition of this profound exploration of Christian identity David G Benner illuminates the spirituality of self discovery He exposes the false selves that you may hide behind and calls you to discover the true self that emerges from your uniqueness in Christ Deepen your experience of God through discovering the gift of being yourself **Opening to God** David G. Benner,2021-04-13 Prayer is not merely something we do prayer is what God does in us Using the four movements of lectio divina spiritual director David Benner invites us to discover openness to God as the essence of prayer spirituality and the

Christian life This expanded edition explores prayer as attending pondering responding and being opening us to a world of possibilities for communion with God

The Healing Spirit Leo O. Stossich, 2019-02-26 This book traces the journeys of seven victims of childhood sexual abuse who have experienced recovery through the activity of the Holy Spirit within the context of the local church These recovered victims have been enabled to move beyond the devastation of abuse by others whom they trusted to a place of emotional and psychological stability appropriate sexual intimacy with their spouses and a growing level of spiritual maturity While the Christian community has been slow to grasp the severity and extent of the problem or to provide the healing resources of the gospel some victims have found recovery in local churches The author has undertaken in depth interviews to elicit and explore the narratives of their journeys from woundedness to well being These narratives are an important source of information on the activity of the Holy Spirit in healing While the Spirit is an entity hidden to us the author has explored the experiences of seven recovered victims to disclose meaning for the work of the Spirit in all areas of Christian ministry

Calm and Quiet My Soul Alyssa Lynn Bell, 2023-10-19 Self care and soul care are trending topics in Christian leadership circles because ministry leaders know they cannot care for their people unless they care for themselves Pastors who are mothers know this too and yet it can feel like just one more task to manage among the many they carry on their schedules and in their hearts The biblical truth is that spiritual rest is a gift from God not an achievement a refreshing reminder for women who hold the dual roles of mom and minister This book invites women leading in these spaces to remember that the God of the Old and New Testaments the one who pours out replenishment for weary hearts is a God who is Mother as well as Father and mothers them with tenderness and strength Starting here in the arms of a mothering God who whispers beloved changes the tone of spiritual care for her from a chore to an oasis of replenishment that grounds her in her identity in Christ as a daughter of Creator God

What God's Up To on Planet Earth? Mark J. Keown, 2011-05-07 Have you ever wondered Why am I here What's gone wrong with the world What is the answer How will it all end What do I have to do to know God What's God up to on Planet Earth offers a no strings attached presentation of the Christian message written for those who are seeking answers to questions like these Mark Keown gives a compelling vision of a loving God whose desire is the restoration of the whole world The book focuses on the individual person and how he or she fits into this inspiring vision It is a must read for those seeking to understand the Christian faith more

Aging with Wisdom and Grace Au, Wilkie, Au, Noreen Cannon, 2019 *Aging with Wisdom and Grace* explores the contributions faith can make to optimal aging providing a Christian perspective on such topics as loss and diminishment loneliness and suffering death and dying regrets and unhealed wounds gratitude and generativity

Holy Vulnerability Kellye Fabian, 2021-07-06 Life can seemingly be fine on the surface But for any of us who scratch that surface we recognize anxiety shame disappointment and regret And yet in the depths of these feelings in the things we hate about ourselves others and this world we can invite God's presence This is the essence of holy vulnerability To enter into holy vulnerability is to intentionally

expose our raw wounds so that God can heal and mend and transform us What happens when we refuse this depth of healing Something that author Kellye Fabian calls unholy leakage that thing that happens when we are afraid ashamed or anxious and instead of facing the reality of what we re experiencing we just spill it on everyone around us Where is anxiety occupying our hearts and minds Where is fear hindering our relationships and limiting our faith and joy Where is shame causing us to question our self worth Is there another way Yes Holy Vulnerability unpacks six atypical unexpected spiritual practices intended to open us to God s healing and transformation Through practices like laughter community and tangible engagement with creation Kellye guides us to notice where brokenness is breaking into our lives And as we intentionally seek God in the midst of these practices as we step out in holy vulnerability God will meet us there *Desiring God's Will* David G. Benner, 2015-09-23 How do we become both willing and able to do what God asks of us In this expanded edition of a spiritual formation classic psychologist and spiritual director David G Benner explores the transformation of the will in Christian spirituality examining why our desires are disordered and how we can align our hearts with God s **Psychology in the Spirit** Todd W. Hall, Coe John, 2011-01-26 Can real change happen in the human soul Is it possible to have truly healthy relationships Is psychology something that can help us see reality as God sees it John H Coe and Todd W Hall tackle these and other provocative questions in this next volume of the Christian Worldview Integration Series which offers an introduction to a new approach

Surrender To Love Discovering The Heart Of Christian Spirituality Book Review: Unveiling the Magic of Language

In an electronic digital era where connections and knowledge reign supreme, the enchanting power of language has are more apparent than ever. Its power to stir emotions, provoke thought, and instigate transformation is truly remarkable. This extraordinary book, aptly titled "**Surrender To Love Discovering The Heart Of Christian Spirituality**," written by a highly acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound impact on our existence. Throughout this critique, we will delve to the book is central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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