

VITAMIN B12 DEFICIENCY

Symptoms

Jaundiced Skin



Feeling Tired and Weak



Nerve Problems



Changes In Your Mobility



Mouth Ulcers and Glossitis



Feeling Dizzy and Breathless



Having Impaired or Disturbed Vision



Mood Alterations



High body temperature



Vitamin B12 Deficiency

VM Jensen



Vitamin B12 Deficiency:

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