

“SPIRITUAL HEALING”

THERE IS NOT ONE MALADY OR DISEASE THAT CANNOT BE
HEALED ON THIS EARTH.

IT IS ‘OUR’ (and no-body can do it for us) UNADULTERATED,
PURE, UNINTERRUPTED BELIEF IN THIS KNOWLEDGE THAT WILL
DETERMINE OUR HEALING AND OUR HEALTH AND THE SPEED WITH WHICH
WE ACHIEVE IT –
WE CAN DO IT – KNOW IT – AND DO IT!

This information is from the original pure teachings of the Great White Brotherhood, ‘The Bridge to Freedom’ and ‘Saint Germain Press’ material only. Nothing of my own is added and I have changed nothing. (Anthea)

These teachings were given to us via the accredited messengers (a very rare thing) Guy Ballard and Geraldine Innocente in the 1930’s and 1950’s, respectively.

We go as far as our teacher, so if we want to enter the realms of uninterrupted peace, harmony, love, wisdom, perfect health, abundance and every other GOOD and constructive thing, learn the LAWS OF LIFE from those that have mastered them – the Beloved Ascended Hosts -then apply them to our life and WATCH the perfection start to unfold in every aspect of our life! It is Cosmic Law, it has to!

These are the most profound teachings of truth and wisdom I have ever come across. These teachings are the same ancient truths and LAWS OF LIFE found in all sacred texts, introduced in a modern and easy to apply format. This information is no longer hidden in parables or in far off temples, it is here with us now, and we need to USE it to heal ourselves, our planet and all on her. They WILL set us free into the realms of peace, harmony, health, abundance and every GOOD thing, and lead us to our Ascension, which is our reason for being, but as with anything in life, the amount of effort put in determines the rewards! There are no short-cuts! “As you sow, so you reap” in ALL areas of our life!

If you want to HEAL yourself, apply these teachings wholeheartedly. The tools given to us by the Ascended Hosts (the Ascended Masters, Angelic and Elementals realms) work perfectly – God never intended for any miscreations in His/Her Kingdom, and we are all individualized aspects (children) of THE GREAT GOD-HEAD on Earth, endowed with the same powers - so how can we be sick, poor, angry, tired or any other things that are not GOOD? God is ONLY GOOD (GO(O)D) – ANYTHING else is misused energy and needs to be rectified. It is time for humanity to WAKE-UP from our long slumber, and use the POWER within us, for all and everything – NEVER DOUBTING IT!

THE POWER OF THE ATTENTION

From: ‘THE WILL OF GOD’ By Thomas Printz (Beloved El Morya) Pg 21

I cannot stress too much the power of the attention. Saint Germain and other Ascended Ones have repeatedly cautioned the students regarding the governing, controlling, and focusing of the attention in order to maintain mastery and freedom from limitation.

Your attention is the faculty which focuses a beam of electrical energy upon any given point. This beam, or LIGHT RAY, is formed by your own Life Energy which flows along the line of force made by your attention upon the condition which you are ‘witnessing’.

There is a magnetic Law which acts here whereby the substance, energy and quality upon which your attention is fixed begins to flow back into your world and affairs instantly. According to the intensity with which your attention is fixed upon a condition is the return of the quality into your world.

Spiritual Healing Manual

Jack Angelo, Jan Angelo



Spiritual Healing Manual:

The Healing Handbook Tara Ward,2009-12-09 For thousands of years our ancestors relied on spiritual healing in times of illness sorrow or distress Tara Ward taps into this this ancient wisdom presenting a range of techniques that will revitalise your life force These methods will help you Heal physical conditions Create a healing sanctuary Release anger and resentment Increase relaxation Develop chakra awareness Use healing tools including crystals colour and pendulums Open a door in the wonderous world of spiritual healing through simple exercises and align your physical mental and spiritual self

The Healer's Manual Ted Andrews,2002-09 Noted healer Ted Andrews believes it is our unbalanced or blocked emotions attitudes and thoughts that deplete our natural physical energies and make us more susceptible to illness The Healer s Manual shows specific ways involving color sound fragrance herbs and gemstones to restore the natural flow of energy Use the simple techniques in this book to activate healing alleviate aches and pains and become the healthy person you re meant to be New cover New interior design *Give the Gift of Healing* Rosemary Altea,2024-05-21 From The New York Times bestselling author of *The Eagle and the Rose* and *Proud Spirit* comes a book on spiritual healing Rosemary Altea the internationally renowned medium known to millions worldwide as *The Voice of the Spirit World* is also the founder of the Rosemary Altea Association of Healers a charitable organization with patients worldwide In this book package Rosemary offers an introduction to spiritual healing beginning with a personal account of how she embraced her role as a healer sixteen years ago Sharing her belief that sickness and pain can cause the soul to live in a dark place Rosemary presents healing techniques designed to give light the Seven Steps to Self Healing We meet two inspiring patients who have been treated by Rosemary and her team of healers and we learn how we can harness the power of our own thoughts and use color energy visualizations to achieve inner peace Also included is a color chart explaining how each of eight vibrant hues can give us the gift of healing

A Simple Guide to Spiritual Healing Stanley Peele,2001-05 Shows that spiritual healing is a natural ability available to everyone This book provides guidelines that re awaken the power to heal that lies unused within us It also covers the subjects of anger forgiveness meditation and preparation for healing diet fasting sincerity and deathdiet fasting sincerity and death

The Secrets of Spiritual Healing Elsie Wild,2021-05-13 Would you like to learn how spiritual energies influence your life Are you interested in natural healing methods to boost your emotional and physical well being Do you wish you could feel more in tune with the world around you Discover how to embrace natural and vibrational energies with this beginner s guide to spiritual healing Exploring the fascinating history behind holistic healing techniques and providing practical advice for trying them yourself this book will teach you how to achieve true balance in your life Develop an understanding of energies in the universe Explore natural healing methods Cultivate your own spiritual practice

The Yoruba Spiritual Training Manual: The Ultimate Resource Guide to the Yoruba Religion Awo Ifagbemi, Discover Your Ancestral Roots with The Yoruba Spiritual Training Manual Now Available as an eBook Many people in the U S

the Caribbean and Latin America have ancestral ties to the Yoruba tribe whose members were forcibly brought to the Americas during the transatlantic slave trade Despite the disruptions of the 18th and 19th centuries Yoruba culture has endured thriving worldwide through art music dance and religious practices such as Santer a Candombl Umbanda and Haitian Vodou The Yoruba Spiritual Training Manual explores these powerful traditions offering you an in depth understanding of Yoruba spirituality In this book you will Learn how to create a sacred ancestral shrine and build a dedicated space to honor your ancestors Learn how to connect with the Yoruba Orishas and explore over twenty in depth descriptions of the powerful Orishas uncovering their roles symbols and offerings Explore the techniques and learn how to perform both Obi Agbon coconut and Obi Abata kola nut divination Gain a concise understanding of the sixteen major Odu Ifa Delve into the concepts of Ori destiny and Iwa Pele character and learn how they shape your life s journey and much more This book is an invaluable resource for both newcomers and those well versed in Yoruba spiritual practices It provides a comprehensive understanding of contemporary beliefs offering readers a solid foundation to build upon Here are brief descriptions of each chapter Chapter 1 Exploring Yoruba Civilization Journey through Ile Ife the cultural heart of the Yoruba people uncovering the rich traditions and beliefs foundational to Yoruba culture Chapter 2 Unveiling the Yoruba Concept of the Divine Explore the multifaceted Yoruba understanding of God and the vital spiritual power known as Ase Chapter 3 The Orishas Explore over twenty powerful deities known as Orishas with detailed descriptions and unique associations Chapters 4 6 Ancestors and Atunwa Learn to connect with ancestors and explore Atunwa akin to reincarnation and how the Yoruba honor their heritage Chapter 7 The Philosophy of Spiritism Discover the philosophy of spiritism in Yoruba belief including divination with ordinary playing cards Chapters 8 9 Ori and Kojoda Explore Ori the concept of spiritual consciousness and Kojoda revealing how time and destiny intertwine Chapter 10 Dreams and Egbe Communities Delve into dreams and the significance of Egbe communities in Yoruba culture Chapters 11 13 Life Stages in Yoruba Society From birth rituals to initiation ceremonies explore various life stages and definitions of morality Chapters 14 17 Divination Processes Uncover intricate divination processes like Odu Ifa sacrifice ire blessings and Osogbo misfortunes Chapters 18 21 Obi Divination and Yoruba Medicine Learn about Obi divination traditional Yoruba medicine and what to look for in a spiritual community Start your journey to spiritual awakening today connect with the timeless wisdom of the Yoruba ancestors Spiritual Healing Jack Angelo, Jan Angelo, 2002 The authors present 30 exercises based on the human body s natural energy fields The various techniques explained in this book are specifically intended to alleviate physical pain heal many ailments and bring comfort to the terminally ill As preparation for the exercises readers are instructed in both the history and theory of spiritual healing They go on to learn methods intended to awaken their own healing powers energize working and living spaces locate the body s chakras and even sense beneficial energy fields surrounding animals and plants The authors aims are to offer a celebration of all spiritual aspects of the human journey from birth to death Their book presents an accessible approach to a popular

method of personal development that focuses on both the body and the spirit a holistic approach to healing Approximately 180 color illustrations help readers visualize and activate the energy fields that surround us all **What You Need to**

Know About Healing Harold J. Sala,2013-01-01 Combining careful research biblical narratives and personal stories of physical and spiritual healing internationally known Bible teacher and counselor Dr Harold Sala points to how trusting God yields lasting and eternal rewards in What You Need to Know About Healing While no one is promised tomorrow you will receive true encouragement for whatever circumstance may be yours and you will better understand the compassionate nature of our Heavenly Father and how to find healing His way Chapters include Is the Great Physician Still Practicing Jehovah Rapha the God Who Heals in the Old Testament Healings that Defy Rationale and Redemptive Healing Transforming Pain into a Life Purpose This dynamic resource is suitable for those who need physical or spiritual healing as well as for their family members friends caregivers and other health or ministry professionals **Spiritual Healing Guide: How to Heal**

Yourself and Others Using Spiritual Methods Stacy Milescu,2014-01-02 Spiritual healing isn't sold in prescription tablets at the corner drugstore Chakra Reiki and Theta are spiritual healing methods with distinctive and unique characteristics and concepts that must be fully grasped before they can be used to effectively heal Stacy Milescu's Spiritual Healing Guide How to Heal Yourself and Others Using Spiritual Methods explains these three well known and respected spiritual healing methods in one substantive resource breaking down complex theory and practice into easily understood layman's terms With the help of this guide non professional healers can fully understand and practice spiritual healing methods in the most effective manner Throughout this helpful beginner's guide Milescu's clear and refreshingly concise writing style is beautifully complemented by serenely inspiring color photographs Open the door to knowledge and let the healing journey begin Special Features and Details o Written particularly for non professional spiritual healers o Provides a detailed overview of Chakra Reiki and Theta Healing o Illustrated with vivid color photographs including a Chakra photograph illustrating the various Chakra locations on the human body **Spiritual Healing** Eileen Inge Herzberg,1998-01 **Spiritualist Manual** Assembly of

Spiritualists,2006-08 What is a Spiritualist A large number of Spiritualist Churches exist around the world yet very little has been published by them or for them Highly recommended as a complete guidebook for all Spiritualists world wide **A Spiritual Recovery ~ My colon story: A Prayerful Guide: How to use Spiritual practices and conventional medicine to have a blessed outcome from surgery.** Linda Crea,2019-05-13 At forty eight Linda was diagnosed with a precancerous polyp in her colon which had to be surgically removed To her delight she had a pain free surgical experience Linda is a Spiritual energy worker and relies on the power of prayer for seemingly everything How she manifested such a speedy recovery was a marvel That was what she prayed for all along but come on really You may ask How can I prepare for a surgery Linda shares the mindset to miracles way of thinking she adopted years ago This state of conscience allows you to feel into your body's sensory mechanism your body speaks a language of its own Linda also takes you step by step illustrating the benefits she

received from the information the medical center created It was all such a gift The information inside is your guide to having a blessed outcome from surgery however there is so much love and encouragement throughout that it just might spill over and enhance other areas of your life

The Handbook of Spiritual and Energy Healing Martin K Ettington,2020-06-11 I have been studying the spiritual and paranormal my entire life This has also led to me having many paranormal experiences such as prophecy I m also a Reiki healer and have experimented a lot with vital forces and different healing methods Since I m also and engineer I think this gives me a fairly unique perspective on the scientific and the spiritual My view is that spiritual faith and psychic healing can often be entirely separate approaches In looking at all the books available on this topic I saw a lot focusing on the spiritual aspects and some focused on Chakra usage or Reiki healing What I didn t see was an overview and history of the whole topic to help people understand how spiritual and energy healing developed and how it fits into the science and medicine of today There is also a need to see how spiritual and energy healing integrates with other medicines to improve a person s long term health In Part One of this book we cover the sources of vital forces and energies in the human body Part Two is on the history spiritual and vitals forces healings and many examples of spiritual and faith healers Part Three is all about how you can develop these healing abilities yourselves Exercises to learn these healing processes are included Part Four covers how to integrate the spiritual mental and physical parts of your being to provide stable long term health for your life

Your Healing Power Jack Angelo,1994 This is a practical guide for all those who wish to find out about healing to work on themselves or to work professionally as healers

The Healer Tamsyn Freeman,Tamsyn Freeman Nd,2011-04-19 A complete guide for the spiritual healer and student describing in detail the intricacies of healing and dis ease from the perspective of The Self Some topics include the 6 dis ease roots types of patients and healers the practical application of effective healing using different healing tools true listening and seeing understanding etheric and subtle energies during interaction the effects of consciousness on healing soul level communication distance healing teaching and learning challenges for the healer achieving proper healing space and the manifestation of self healing and Self realization Tamsyn describes her own experiences in the field inside and outside her practice as a Naturopathic Doctor and healer The specifics of proper and effective healing described here provide for a unique supportive and essential guide for any healer patient or student engaged in the subtle and powerful art of true healing

The Teleios Technique James C. Cox,2004-02-01 Most of the human race believes in a life beyond the here and now Religious writings have put such beliefs into words often esoteric mysterious words for thousands of years Among such writings are those which form the Christian Bible the sixty six books commonly called the Old and New Testaments Strangely the Bible doesn t say much about what the life which lies beyond is like that is how it is actually lived There are excellent reasons why of course chief among them being that while we are living here we should focus on living this life as God would have us live it The Bible insists however that we are connected to the life beyond in a cause and effect way that is how you live here determines how you live

hereafter Moreover tantalizing allusions to Heaven are scattered throughout the Bible The Last Bridge weaves a tale about a man who actually travels beyond this life and world experiencing the reality of what the Bible hints at It is not however merely an imaginative travelogue Our hero is a stubborn agnostic one who has been deeply wounded by life What his adventures do to him and the events in which he becomes involved form an absorbing narrative full of surprises all the way to the final page

The Complete Idiot's Guide to Spiritual Healing Susan Gregg,2000 Promotes awareness of mind body spirit connection and provides techniques for healthier living

A Practical Guide for Magnetic and Spiritual Healing Jussara Korngold,2017-12-21 The power of healing through one's gaze touch and the laying on of hands is one of the forms by which spiritual action is exerted over the world Some individuals by prayer and magnetic lan attract this influx to themselves this radiance of the divine force which drives off the impure fluids that cause so much suffering The spirit of charity of devotion verging on sacrifice of forgetfulness of self is the condition necessary to acquire and preserve this power one of the most wonderful ones bestowed by God on humans In the words of the Spirit Emmanuel health means the perfect harmony of the soul Some ancient practices advocated the need for cure of the subtle body prior to any permanent physical cure could be achieved This is also present in the Spiritist approach to healing To heal human beings must be considered in their wholeness body plus spirit All the healers of antiquity were initiates and priests In modern medicine there is a great demand for highly specialized training and this leads us to ask Who can heal When considering spiritual healing through passes we can safely say that everyone is able to heal to some degree and we will be looking at this throughout this book

The Healing Handbook Tara Ward,2021-11 Use this Healing Handbook to Revitalise Your Life Force For thousands of years our ancestors relied on spiritual healing in times of illness sorrow or distress Tara Ward taps into this this ancient wisdom presenting a range of techniques to heal yourself and others These methods will help you Heal physical conditions Create a healing sanctuary Release anger and resentment Increase relaxation Develop chakra awareness Use healing tools including crystals color and pendulums Open a door in the wondrous world of spiritual healing through simple exercises and align your physical mental and spiritual self

Energy Healing for Beginners Ruth White,2003-05-26 Do you feel you have a gift for healing but don't know where to start Are you a new healer who needs some basic guidelines Do you need a healing reference book that answers your questions simply and clearly In her new book world renowned healer Ruth White tells you everything you need to know about energy healing With clear instructions and simple exercises her down to earth guide explains for mainstream readers the exciting method of this spiritual healing and precisely what it involves Here is a book that is ideal for both novice and more seasoned healers

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