
NAADAC Module Two Study Guide Updated

Version questions with correct answers

Adlerian Psychology (Therapy)

What is the basis? - Answer It is holistic in nature and we are all striving towards superiority and perfection, must learn how to deal with feelings of inferiority.

Adlerian Psychology (Therapy)

What is the method of counseling? - Answer A method of counseling, which is also called individual Psychology, where all behavior is believed to be purposive and goal directed

Adlerian Psychology (Therapy)

What is Fictional Finalism? - Answer A component of Adlerian therapy is an imagined central goal that gives a client purpose and guides his or her behavior.

Adlerian Psychology (Therapy)

Phenomenology. - Answer To use Adlerian therapy effectively, an addiction counselor or other helping professional must attempt to view the world from the perspective of the client through a process called ***phenomenology.***

In other words, the client can only be understood in terms of his or her family, social and cultural contexts, perceptions and private logic.

Adlerian Psychology (Therapy)

Private Logic - Answer ***Private logic*** is reality as we perceive it; it is subjective, and the behavior that results from it can change if the client's perceptions change.

Washington Naadac Exam Study Outline

L Cohen



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