

# The Muscular System

6 page study note

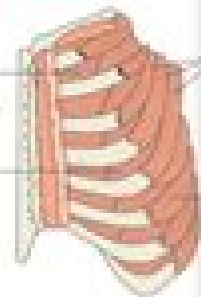
## Axial Muscles

### MUSCLES OF THE THORAX

**Internal intercostals**  
 - lie deep, posterior to external intercostals  
 - flexes ribs posteriorly & inferiorly  
 - expiration

### External intercostals

- most superficial intercostal muscle  
 - flexes ribs anteriorly & inferiorly  
 - inhaling



### MUSCLES OF THE ABDOMEN

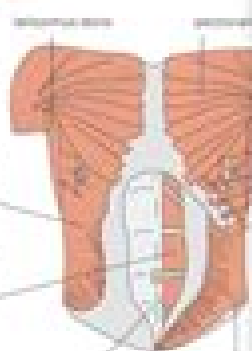
**External oblique**  
 - most superficial of anterolateral abdominal wall  
 - flexes hip anteriorly & inferiorly

**Internal oblique**  
 flexes vertebral column & compresses abdominal wall used in forced expiration

**Transverse abdominis**  
 - deepest muscle & rotation around vertebral column

**Rectus abdominis**  
 - lies on either side of linea alba  
 - separated by tendinous intersections

- functions to flex trunk & aids in forced expiration



## Axial Muscles

**Levator palmarum**  
 - elevates hand  
 - flexes wrist

**Levator palmarum**  
 - elevates hand  
 - flexes wrist

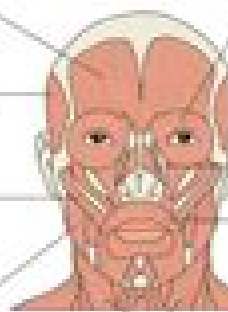
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### FACIAL & NECK MUSCLES



**Levator palmarum**  
 - elevates hand  
 - flexes wrist

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 - elevates hand  
 - flexes wrist

### NECK & BACK MUSCLES



**Levator palmarum**  
 - elevates hand  
 - flexes wrist

**Levator palmarum**  
 - elevates hand  
 - flexes wrist

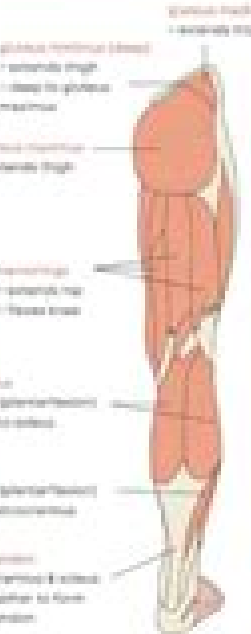
**Levator palmarum**  
 - elevates hand  
 - flexes wrist

## Lower Limb Muscles

### Quick notes:

In correct anatomical terms, "leg" only refers to the region of the lower limb below the knee, while "thigh" refers to the region from the knee to the hip.

### POSTERIOR THIGH & LEG MUSCLES



**Biceps femoris**  
 - extends thigh  
 - deep to gluteus maximus

**Semitendinosus**  
 - extends thigh

**Gastrocnemius**  
 - extends thigh

**Semitendinosus**  
 - extends thigh

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 - extends thigh

# Study Guide Muscular System

**Cybellium**



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loose soil dense soil easy to flow difficult to flow high permeability low permeability

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web the coefficient of permeability of the soil is k ms and the porosity of the soil sample is 0.50 fans ans ans the total head elevation head and pressure head in metres of water at the point r shown in the figure are a 0.8 0.4 0.4 b 1.2 0.4 0.8 0.4 0.4 a 1.6 0.4 1.2 hydraulic gradient i 1 elevation head at r 0 total head 1.2 0.8

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