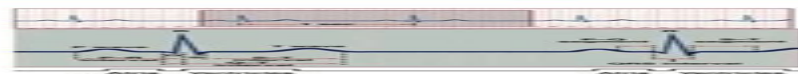


The Ultimate ACLS Study Guide

ADVANCED LIFE SUPPORT IN THE PREHOSPITAL SETTING
 PROVIDING QUALITY CARE TO YOUR PATIENTS AND YOURSELF



EKG Anatomy



P Wave - atrial depolarization activity in the lower right atrium
QRS Complex - ventricular depolarization activity in the lower left ventricle
T Wave - ventricular repolarization activity in the lower left ventricle
ST Segment - the interval between the end of the QRS complex and the beginning of the T wave. It represents the time when the ventricles are fully depolarized and are in the process of repolarizing.

ECG Rhythms

- Ventricular Fibrillation** - Irregular, chaotic, and disorganized electrical activity. No discernible P waves, QRS complexes, or T waves.
- Ventricular Tachycardia** - Rapid, regular, and narrow QRS complex. No discernible P waves. Rate is 100-180 bpm.
- Pathologic Electrical Activity** - Irregular, chaotic, and disorganized electrical activity. No discernible P waves, QRS complexes, or T waves.
- Abrupt** - On EKG, if there are 2 or more consecutive P-R-T complexes.
- Sinus Bradycardia** - Normal P-R-T complex. Rate is 60 bpm or less.
- 1st Degree AV Block** - P-R-T complex. Rate is 60 bpm or less.
- 2nd Degree Block Type I - Wenckebach** - P-R-T complex. Rate is 60 bpm or less.
- 2nd Degree Block Type II - Mobitz** - P-R-T complex. Rate is 60 bpm or less.
- 3rd Degree Block** - P-R-T complex. Rate is 60 bpm or less.
- Sinus Tachycardia** - Normal P-R-T complex. Rate is 100 bpm or more.
- Supraventricular Tachycardia** - Normal P-R-T complex. Rate is 100 bpm or more.
- Recurrent Ventricular Tachycardia** - Normal P-R-T complex. Rate is 100 bpm or more.
- Polysymptomatic Ventricular Tachycardia** - Normal P-R-T complex. Rate is 100 bpm or more.
- Torsades de Pointes** - Normal P-R-T complex. Rate is 100 bpm or more.



Electrical Therapy Basics



- Defibrillation** - Used external defibrillator (AED) to restore normal cardiac rhythm.
- Synchronized Cardioversion** - Used external defibrillator (AED) to restore normal cardiac rhythm.
- Transcutaneous Pacing** - Used external defibrillator (AED) to restore normal cardiac rhythm.

Airway Management



- Adjuvant** - Used external defibrillator (AED) to restore normal cardiac rhythm.
- Endotracheal Intubation** - Used external defibrillator (AED) to restore normal cardiac rhythm.
- Supraglottic Airway** - Used external defibrillator (AED) to restore normal cardiac rhythm.

Post-Resuscitation Care



- Follow the ABCs** - Airway, Breathing, Circulation, Disability, Exposure.
- Respiratory Support** - Use of mechanical ventilation.
- Circulatory Support** - Use of intravenous fluids and medications.
- Disability** - Use of neurological assessment.
- Exposure** - Use of physical examination.

Acute Coronary Syndromes (ACS)

- Unstable Angina** - Chest pain at rest or with minimal exertion.
- ST Segment Elevation MI (STEMI)** - Chest pain with ST segment elevation on EKG.
- Non-ST Segment Elevation MI (NSTEMI)** - Chest pain with ST segment depression on EKG.



Stroke Assessment and Treatment

- Stroke Assessment** - Use of neurological assessment.
- Stroke Treatment** - Use of intravenous fluids and medications.
- Stroke Prevention** - Use of lifestyle modifications.

Code Termination

- Consult with medical control before code termination.**
- Discontinue resuscitation efforts if a stroke is confirmed.**
- Discontinue resuscitation efforts if a patient is deceased.**

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Study Guide For Bls And Acls

Nadia R. Singh



Study Guide For Bls And Acls:

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Aehlert's EMT-basic Study Guide Barbara Aehlert,1998-01-01 The author a well known and respected specialist in the field provides the reader with authoritative coverage of what the EMT needs to know perfectly balanced between the question bank and the more comprehensive traditional text The presentation is clear and concise making the text an excellent addition to the EMT student s resources as well as a perfect tool to use in reviewing for refresher courses **Next Generation NCLEX-RN Exam Prep Study Guide** HTL Publishing,2025-07-14 UNLOCK E LEARNING WEB SECTION WITH 1500 FLASHCARDS AND MULTIPLE CHOICE QUESTIONS A Smarter Faster and More Reliable Way to Prepare Specifically designed for the new NCLEX RN format this comprehensive study guide provides a structured high yield system to help you focus on what truly matters without wasting time on outdated methods or irrelevant content Whether you re a full time student a working professional or returning to your studies after a break this book adapts to your pace It s not about studying more it s about studying better What Makes This NCLEX RN Prep Different Streamlined Learning for Busy Students Every chapter focuses on the essential concepts tested on the exam Complex material is broken down into clear accessible explanations that make even the most challenging topics easier to understand and remember It s built for real world nursing students who need efficiency without sacrificing depth 1 500 NCLEX Style Practice Questions Practice is the cornerstone of

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the ICU ethical conduct of human research in the ICU and nursing care of the ICU patient **Study Guide for Foundations of Maternal-Newborn and Women's Health Nursing - E-Book** Sharon Smith Murray, Emily Slone McKinney, 2022-11-22 NEW Updated content reflects the new edition of the textbook NEW Clinical judgment content and questions for the Next Generation NCLEX prepare students for the exam **A Case Manager's Study Guide** Denise Fattorusso, Campion Quinn, 2004 This is the most comprehensive print and electronic combination study guide case management certification It contains the most up to date information assures a uniform base knowledge for the successful case manager and provides study questions and practice exams to help you assess your skills and needs **UNITED STATES SPECIAL OPERATIONS COMMAND DEPARTMENT OF EMERGENCY MEDICAL SERVICE AND PUBLIC HEALTH Advanced Tactical Practitioner (ATP) Certification Examination Student Study Guide** ,2006-11-19

PREFACE The Commander United States Special Operations Command USSOCOM directed that all Special Operational Forces SOF Medics be trained to a single interoperable standard He directed that the USSOCOM s Advanced Tactical Practitioner s ATP Critical Task List CTL be implemented into all SOF enlisted medical training as a minimum standard Upon completion of SOF medical training all SOF students are required to sit and successfully pass the USSOCOM Advanced Tactical Practitioner s Certification Examination as official recognition and proof of the student s knowledge of the CTL medical requirements This study guide reflects the hybrid nature of the USSOCOM certification examination Where applicable SOF medical requirements and standards have been merged with the DOT based curriculum The DOT Civilian standards of care are always applicable to the military but there may be times when it is difficult to achieve Many questions on the examination will be appropriate in either setting Where so there has been an attempt both on the examination and in this study guide to differentiate the standard of care in the pertinent setting The ATP student will find that like the Department of Transportation s Curriculum and the National Registry s Certification program and any other Medical Certification process most of the material covered within the pages of this study guide will be covered during the student s formal phase of instruction However some of it may not The student must recognize that not all subject material can be taught in a formal setting It is the ATP student s responsibility to use this study guide to complement their formal instruction in preparation to successfully pass the USSOCOM ATP Certification Examination

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Section 10 Operational Medicine

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Study Guide to Accompany Egan's Fundamentals of Respiratory Care Stephen F. Wehrman, Robert L. Wilkins, James K Stoller, 2003 Includes a wide variety of activities such as review questions 3 levels following the NBRC question format vocabulary review chapter objectives chapter highlights case studies and critical thinking questions

Nursing, Second Edition Nadia R. Singh, 2015-07-20 The key to success in nursing school is effective studying Why not have a concise study guide that conveys all the essential tested material for each course Tired of

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