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## **BYU Health Part 1 Final Study Guide questions with correct answers**

What type of risk factor is breathing in secondhand smoke? - Correct Answer-environmental

You are influenced by your peers to not wear a safety belt when driving. What type of risk factor is being described? - Correct Answer-social

Adam fails the test on the digestive system in class. He tells his teacher the reason he failed the test was that his mother had been too demanding that he do the household chores, so he had no time to study. What defense mechanism is he using? - Correct Answer-projection

What is the correct order of needs as described by Maslow? - Correct Answer-physical needs, safety needs, social needs, esteem needs, self-actualization

Which of the following risk factors poses a health threat that would increase over time? - Correct Answer-eating fast foods every day

Which of the following describes the physical and social conditions in which we live? - Correct Answer-environment

Melinda is confused about what she should do because she feels like she has several voices talking to her and telling her to do different things. From which mood disorder does she most likely suffer? - Correct Answer-schizophrenia

Of the following, which would be the LEAST reliable website for health information? - Correct Answer-www.medicine.com

# Study Guide For Health Exam Byu

**Michael Seilmaier**



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