Chapter 7 Workbook [Hartmann Nursing Assistant Care The Basics] Basic Nursing Skills

Promoting independence is - ANS a part of a nursing assistant's care of residents

Styling one's hair is part of - ANS grooming oneself

Having care explained before - ANS it is performed is a resident's legal right

NAs should knock and wait for permission - ANS to enter a resident's room

When skin is this color, it should not be massaged - ANS red

One type of material that prevents air from circulating, causing the skin to sweat - ANS plastic

A problem that can result from pulling a resident across the sheet when transferring him - ANS shearing

Keeps top sheets from resting on the legs and feet - ANS bed cradle

something that can be placed under the back and buttocks to absorb moisture or perspiration that may build up - ANS sheepskin

the bottom sheet on a resident's bed must be kept tight and free from_____ - ANS wrinkles

the minimum number of hours at which immobile residents should be repositioned - ANS two

skin should be kept clean and _____ - ANS dry

Lateral position includes - ANS the person lying on their side with one arm crossed over a pillow and the other laying flat, with one leg up with a pillow under their knee and a sheet under their feet

Lateral position points are - ANS side of the head, ear, shoulder, hip greater trochanter, knees and ankles

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