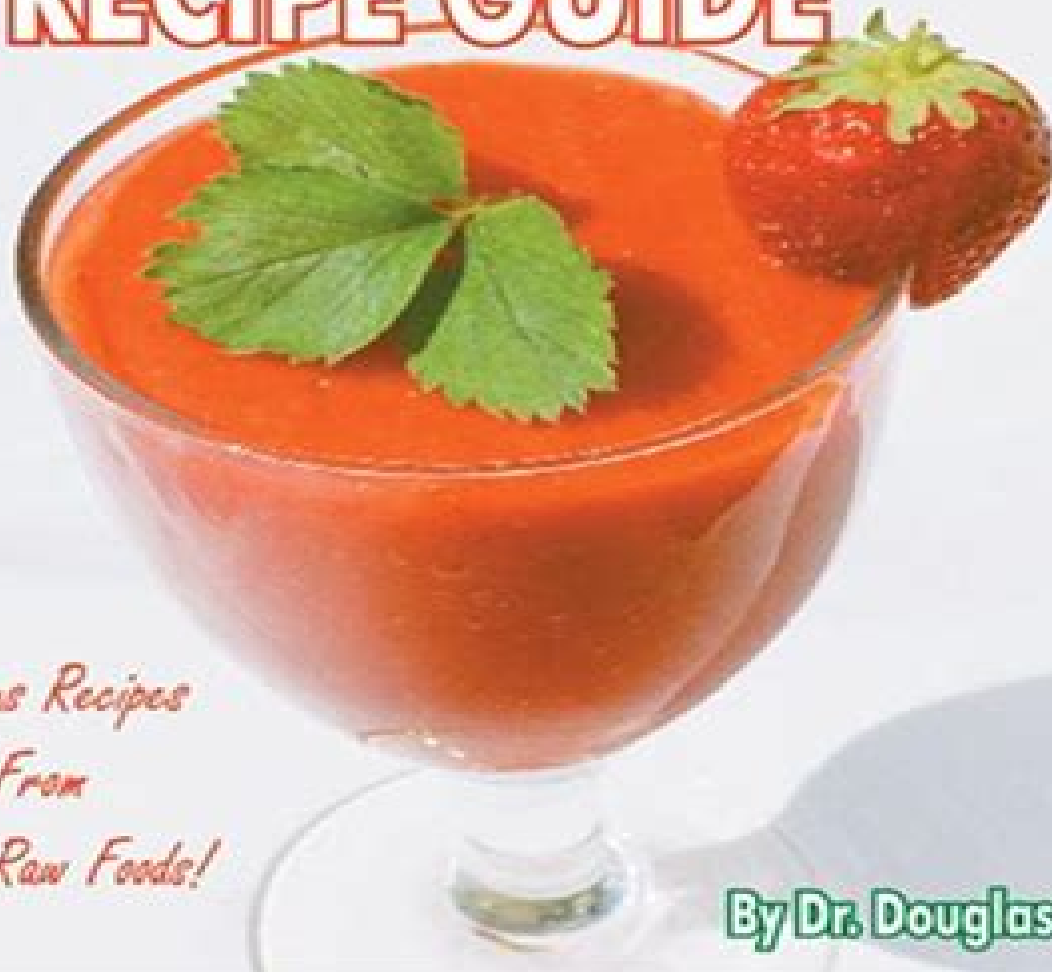


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The High Energy Diet Recipe Guide

JR Anderson



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