Competency Assessment Tasks

The RBT competency assessment evaluates **20 items** across four domains, measurement, assessment, skill acquisition & behavior reduction, and professionalism & requirements.

Measurement: Tasks 1-3

Task 1. Continuous measurement

Record data using continuous measurement.

Continuous measurement: Measuring every occurrence of a particular behavior. Includes duration (how long the behavior lasted), count (how many times the behavior occurred), rate (how many times the behavior occurred across a specified period of time), response latency (the amount of time from the SD to the behavior), and interresponse time (the time from the end of one response to the start of the next). You will need to demonstrate an understanding of **what** continuous measurement is and **how** to measure behaviors using continuous measurements.

Examples:

Count-Screaming occurred 3 times

Duration-Screaming and crying lasted for 2 minutes

Rate-Screaming occurred 4x per hour

Response latency-You tell your client to wash their hands. They don't immediately begin washing their hands. Instead, they finish what they're playing with. Three minutes later, they wash their hands. The response latency is 3 minutes.

Interresponse time-Your client engages in self-injurious behavior (SIB). They hit their head at 8:35 AM, then again at 8:40 and 8:45. The interresponse time between occurrences of this behavior is 5 minutes.

Task 2. Discontinuous measurement

Record data using discontinuous measurement.

Discontinuous measurement: Measuring specified occurrences of behavior, but not all occurrences.

- Partial interval recording: recording intervals that the individual engaged in the target behavior, regardless of how many times or how long the behavior occurred.
- Whole interval recording: recording intervals that the individual engaged in the target behavior for the full interval.
- Momentary time sampling (recording if the target behavior is occurring at the end of an interval

You will need to demonstrate an understanding of what discontinuous measurement is and how to measure behaviors using discontinuous measures.

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KJ Lindholm-Leary

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Table of Contents Wire Technician Assessment Study Guide

- 1. Understanding the eBook Wire Technician Assessment Study Guide
 - The Rise of Digital Reading Wire Technician Assessment Study Guide
 - Advantages of eBooks Over Traditional Books
- 2. Identifying Wire Technician Assessment Study Guide
 - Exploring Different Genres
 - o Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
- 3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Wire Technician Assessment Study Guide
 - User-Friendly Interface
- 4. Exploring eBook Recommendations from Wire Technician Assessment Study Guide
 - Personalized Recommendations
 - Wire Technician Assessment Study Guide User Reviews and Ratings
 - Wire Technician Assessment Study Guide and Bestseller Lists

- 5. Accessing Wire Technician Assessment Study Guide Free and Paid eBooks
 - Wire Technician Assessment Study Guide Public Domain eBooks
 - Wire Technician Assessment Study Guide eBook Subscription Services
 - Wire Technician Assessment Study Guide Budget-Friendly Options
- 6. Navigating Wire Technician Assessment Study Guide eBook Formats
 - ∘ ePub, PDF, MOBI, and More
 - Wire Technician Assessment Study Guide Compatibility with Devices
 - Wire Technician Assessment Study Guide Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Wire Technician Assessment Study Guide
 - Highlighting and Note-Taking Wire Technician Assessment Study Guide
 - Interactive Elements Wire Technician Assessment Study Guide
- 8. Staying Engaged with Wire Technician Assessment Study Guide
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Wire Technician Assessment Study Guide
- 9. Balancing eBooks and Physical Books Wire Technician Assessment Study Guide
 - Benefits of a Digital Library
 - o Creating a Diverse Reading Collection Wire Technician Assessment Study Guide
- 10. Overcoming Reading Challenges
 - o Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Wire Technician Assessment Study Guide
 - Setting Reading Goals Wire Technician Assessment Study Guide
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Wire Technician Assessment Study Guide
 - Fact-Checking eBook Content of Wire Technician Assessment Study Guide
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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