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GCSE FOOD PREPARATION AND NUTRITION

Paper 1 Food Preparation and Nutrition

Tuesday 20 June 2023

Morning

Time allowed: 1 hour 45 minutes

Materials

For this paper you must have:

- a black pen
- a pencil.

Instructions

- Use black ink or black ball-point pen.
- Fill in the boxes at the top of this page.
- Answer **all** questions.
- You must answer the questions in the spaces provided. Do not write outside the box around each page or on blank pages.
- If you need extra space for your answer(s), use the lined pages at the end of this book. Write the question number against your answer(s).
- Do all rough work in this book. Cross through any work you do not want to be marked.

Information

- The marks for questions are shown in brackets.
- The total number of marks available for this paper is 100.
- You are reminded of the need for good English and clear presentation in your answers.

For Examiner's Use	
Question	Mark
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2	
3	
4	
5	
6	
TOTAL	

Sports Nutrition Exam Paper

J Elliott



Sports Nutrition Exam Paper:

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Gleeson,2024-06-05 This book provides the scientific underpinnings of sport nutrition guidelines and advice at a level that is appropriate for students and it is also a valuable resource for qualified sport nutrition practitioners and coaches 36

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