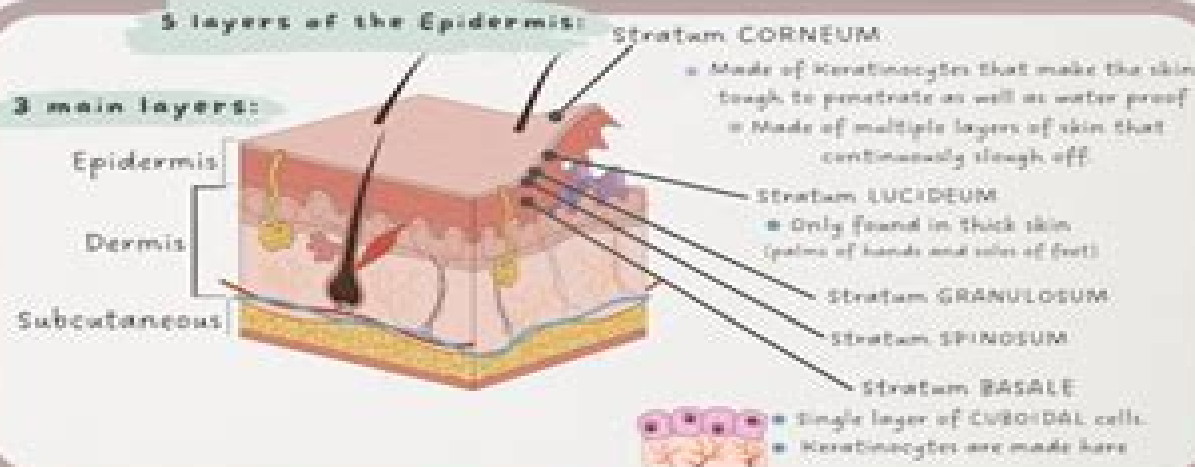


The Integumentary System

▶ The main functions of the Integumentary system includes, protecting the body from infection, protecting against dehydration, regulating body temperature, storing fat needed for energy, providing sensory input and synthesising vitamin D.



3 layers of the Skin

The Skin is made up of 3 main layers, the Epidermis, the Dermis (Corneum) and the Subcutaneous fascia (Hypodermis)

The Epidermis

- ▶ The Epidermis is the layer of skin exposed to the environment, the skin we can see.
- ▶ Contains NO blood vessels (AVASCULAR).
- ▶ The EPIDERMIS has 5 sublayers, referred to as "STRATA":

The Stratum CORNEUM (the most outer layer)

Stratum LUCIDUM

Stratum GRANULOSUM

Stratum SPINOSUM

Stratum BASALE (most inner layer, closest to the Dermal layer)

The cells on the Stratum Corneum are FLAT, SCALY, KERATINIZED (Hard) STRATIFIED SQUAMOUS EPITHELIAL type CELLS.

Skin cells on this top layer are constantly being shed.

Here is a mnemonic to remember the layers of the skin:

Come
Let's
Get
Sun
burned



Skin And Integumentary System Study Guide

Yi-Tong Ma



Skin And Integumentary System Study Guide:

The book delves into Skin And Integumentary System Study Guide. Skin And Integumentary System Study Guide is a vital topic that needs to be grasped by everyone, ranging from students and scholars to the general public. This book will furnish comprehensive and in-depth insights into Skin And Integumentary System Study Guide, encompassing both the fundamentals and more intricate discussions.

1. This book is structured into several chapters, namely:
 - Chapter 1: Introduction to Skin And Integumentary System Study Guide
 - Chapter 2: Essential Elements of Skin And Integumentary System Study Guide
 - Chapter 3: Skin And Integumentary System Study Guide in Everyday Life
 - Chapter 4: Skin And Integumentary System Study Guide in Specific Contexts
 - Chapter 5: Conclusion
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 3. In chapter 2, the author will delve into the foundational concepts of Skin And Integumentary System Study Guide. This chapter will elucidate the essential principles that need to be understood to grasp Skin And Integumentary System Study Guide in its entirety.
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 5. In chapter 4, this book will scrutinize the relevance of Skin And Integumentary System Study Guide in specific contexts. This chapter will explore how Skin And Integumentary System Study Guide is applied in specialized fields, such as education, business, and technology.
 6. In chapter 5, the author will draw a conclusion about Skin And Integumentary System Study Guide. This chapter will summarize the key points that have been discussed throughout the book.
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