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Office of Research and Analysis

Family Nutrition Programs

*SNAP Food Security
In-Depth Interview Study
Final Report*



United States
Department of
Agriculture

Food and
Nutrition
Service

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Snap Food Security In Depth Interview Study

**Sarah Halpern-Meekin, Kathryn
Edin, Laura Tach, Jennifer Sykes**



Snap Food Security In Depth Interview Study:

Snap Food Security In-depth Interview Study U.S. Department of Agriculture, 2014-10-22 As the largest of the 15 food and nutrition assistance programs administered by the U S Department of Agriculture USDA the Supplemental Nutrition Assistance Program SNAP is a central component of our nation s nutrition assistance safety net SNAP provides nutrition assistance benefits and nutrition education services to low income individuals and families in an effort to reduce hunger and improve the health and well being of low income people nationwide While evaluation research has assessed whether the program is achieving these objectives less is known about the challenges low income families face and their coping strategies to remain food secure defined as having adequate access to food for an active healthy life This report presents findings from the qualitative In Depth Interview component of the SNAP Food Security SNAPFS study The main SNAPFS study was conducted for the Food and Nutrition Service of the USDA from October 2011 through September 2012 and examined the effects of the program on food security for 6 436 SNAP households just entering the program and 3 275 households on SNAP for approximately six to seven months The in depth interview effort discussed in this report was conducted between February 2012 and June 2012 and consisted of detailed qualitative discussions held with a small subset of 90 SNAP households with children in six states about their financial situations their use of SNAP and their overall food security Interviews were held in the homes of the respondents unless they preferred to meet in a public location like a library or coffee shop Interview questions focused on expenditures and income SNAP and food shopping habits eating habits nutrition triggers of food hardship and food related coping strategies The purpose of this formative qualitative study was to provide important insights into the challenges low income families face and their coping strategies to purchase all of the food that they need in the face of a shortfall in resources and to inform the direction of future research on food security including hypothesis generation and instrument design This analysis was descriptive however for each theme we systematically assessed whether there were especially large differences in general financial circumstances food hardships and coping strategies eating and food dynamics and in the role SNAP plays in meeting a family s nutritional needs by food security level and by race ethnicity We observed several of the former but almost no meaningful differences among the latter As qualitative works which involve similar types of analysis have noted a small qualitative study cannot make causal claims therefore the analysis in this study should be read as helpful descriptions to guide the formation of hypotheses about the mechanisms and processes that might underlie variations in food security and the role of the SNAP program

Snap Food Security In-depth Interview Study, 2010 This report presents findings from the qualitative In Depth Interview component of the SNAP Food Security SNAPFS study The main SNAPFS study was conducted for the Food and Nutrition Service of the USDA from October 2011 through September 2012 and examined the effects of the program on food security for 6 436 SNAP households just entering the program and 3 275 households on SNAP for approximately six to seven months The in depth interview effort discussed in this

report was conducted between February 2012 and June 2012 and consisted of detailed qualitative discussions held with a small subset of 90 SNAP households with children in six states about their financial situations their use of SNAP and their overall food security Interviews were held in the homes of the respondents unless they preferred to meet in a public location like a library or coffee shop Interview questions focused on expenditures and income SNAP and food shopping habits eating habits nutrition triggers of food hardship and food related coping strategies The purpose of this formative qualitative study was to provide important insights into the challenges low income families face and their coping strategies to purchase all of the food that they need in the face of a shortfall in resources and to inform the direction of future research on food security including hypothesis generation and instrument design

Research Opportunities Concerning the Causes and Consequences of Child Food Insecurity and Hunger Institute of Medicine, National Research Council, Food and Nutrition Board, Division of Behavioral and Social Sciences and Education, Committee on National Statistics, 2013-12-23 Section 141 of The Healthy Hunger Free Kids Act of 2010¹ provides funding for a research program on the causes and consequences of childhood hunger and food insecurity and the characteristics of households with childhood hunger and food insecurity with a particular focus on efforts to improve the knowledge base regarding contributing factors geographic distribution programmatic effectiveness public health and medical costs and consequences for child development well being and educational attainment The Economic Research Service and Food and Nutrition Service of the US Department of Agriculture conducted two outreach efforts to obtain input from the research community and other stakeholders to help focus on areas and methods with the greatest research potential First Food and Nutrition Service sought written comments to selected questions through publication of a Federal Register Notice The second option was to convene a workshop under the auspices of the Committee on National Statistics of the National Research Council and the Food and Nutrition Board of the Institute of Medicine Research Opportunities Concerning the Causes and Consequences of Child Food Insecurity and Hunger is the summary of that workshop convened in Fall 2012 to examine research gaps and opportunities to advance understanding of the causes and consequences of child hunger in the United States This report reviews the adequacy of current knowledge identifies substantial research gaps and considers data availability of economic health social cultural demographic and other factors that contribute to childhood hunger or food insecurity It also considers the geographic distribution of childhood hunger and food insecurity the extent to which existing federal assistance programs reduce childhood hunger and food insecurity childhood hunger and food insecurity persistence and the extent to which it is due to gaps in program coverage and the inability of potential participants to access programs or the insufficiency of program benefits or services Research Opportunities Concerning the Causes and Consequences of Child Food Insecurity and Hunger will be a resource to inform discussions about the public health and medical costs of childhood hunger and food insecurity through its focus on determinants of child food insecurity and hunger individual community and policy responses to hunger impacts of child food

insecurity and hunger and measurement and surveillance issues

Life-Course Implications of US Public Policy

Janet Wilmoth, Andrew London, 2021-05-24 There is a complex set of public policies and associated programs that constitute the social safety net in the United States In Life Course Implications of U S Public Policies the authors encourage others to systematically consider the influence of policies and programs on lives aging and the life course and how the consequences might vary by gender race ethnicity sexual orientation ability and social class The volume aims to foster an appreciation of how policy influences connect and condition the life course Chapters examine issues relating to health housing food security crime employment and care work amongst other issues and demonstrate how the principles of the life course perspective and cumulative inequality theory can be used to inform contemporary public policy debates Life Course Implications of U S Public Policies will be a great resource for students of gerontology sociology demography social work public health and public policy as well as policy makers researchers in think tanks and advocates who are concerned with age based policy [Introduction](#)

[to the U.S. Food System](#) Roni Neff, 2014-10-20 A public health approach to the US food system Introduction to the US Food System Public Health Environment and Equity is a comprehensive and engaging textbook that offers students an overview of today s US food system with particular focus on the food system s interrelationships with public health the environment equity and society Using a classroom friendly approach the text covers the core content of the food system and provides evidence based perspectives reflecting the tremendous breadth of issues and ideas important to understanding today s US food system The book is rich with illustrative examples case studies activities and discussion questions The textbook is a project of the Johns Hopkins Center for a Livable Future CLF and builds upon the Center s educational mission to examine the complex interrelationships between diet food production environment and human health to advance an ecological perspective in reducing threats to the health of the public and to promote policies that protect health the global environment and the ability to sustain life for future generations Issues covered in Introduction to the US Food System include food insecurity social justice community and worker health concerns food marketing nutrition resource depletion and ecological degradation Presents concepts on the foundations of the US food system crop production food system economics processing and packaging consumption and overconsumption and the environmental impacts of food Examines the political factors that influence food and how it is produced Ideal for students and professionals in many fields including public health nutritional science nursing medicine environment policy business and social science among others Introduction to the US Food System presents a broad view of today s US food system in all its complexity and provides opportunities for students to examine the food system s stickiest problems and think critically about solutions **Nutrition among Vulnerable Populations**

Heather Eicher-Miller, Marie Kainoa Fialkowski Revilla, 2020-11-27 Food insecurity and low resources continue to be a burden influencing the health well being growth and development of millions of U S children and adults Groups and individuals experiencing restrained access to food are our neighbors individuals we may see each day and individuals who we

may not interact with or see because of their isolated situations They include the elderly those experiencing mental illness veterans certain race ethnic groups adolescents young women with children those living in rural areas and those using food pantries among others Many of these groups both hidden and visible have rates of food insecurity above the national average that are resistant to national improvements in food security Yet attention to these subsets of the population is imperative to improve U S health and nutrition and to reduce rates of chronic disease Many groups face specific barriers to maintaining sufficient food for example rural populations may find it difficult to access federal food assistance or other resources such as food pantries and nutrition education because of distance or lack of consistent internet access separating them from these resources Further their remote locations may make it difficult to obtain the types of foods that they prefer Other specific barriers may include limited facilities and equipment for food preparation access to culturally appropriate foods and preparation supplies and foods that complement the foods that they already have Tailored approaches to quantify access to food the nutrition environment dietary intake and other barriers are necessary to build successful interventions and to quantify the needs of these populations

The SAGE Encyclopedia of Food Issues Ken Albala, 2015-03-27 The SAGE Encyclopedia of Food Issues explores the topic of food across multiple disciplines within the social sciences and related areas including business consumerism marketing and environmentalism In contrast to the existing reference works on the topic of food that tend to fall into the categories of cultural perspectives this carefully balanced academic encyclopedia focuses on social and policy aspects of food production safety regulation labeling marketing distribution and consumption A sampling of general topic areas covered includes Agriculture Labor Food Processing Marketing and Advertising Trade and Distribution Retail and Shopping Consumption Food Ideologies Food in Popular Media Food Safety Environment Health Government Policy and Hunger and Poverty This encyclopedia introduces students to the fascinating and at times contentious and ever so vital field involving food issues Key Features Contains approximately 500 signed entries concluding with cross references and suggestions for further readings Organized A to Z with a thematic Reader's Guide in the front matter grouping related entries by general topic area Provides a Resource Guide and a detailed and comprehensive Index along with robust search and browse functionality in the electronic edition This three volume reference work will serve as a general non technical resource for students and researchers who seek to better understand the topic of food and the issues surrounding it

Food and Public Health Allison Karpyn, 2018-08-30 A new introduction to public health's most elemental topic Food is baked in to most things that public health is and does But for a field charged with carrying torches as divergent as anti hunger and anti obesity it's unlikely even impossible to shape a unified approach to complex concepts like food environment food access or even nutrition Food and Public Health offers a contextualized accessible introduction to understanding the foundations and contradictions at the intersection of these two topics It distills the historical political sociological and scientific factors influencing what we eat and where our food comes from then offers actionable insights for future

nutritionists social workers dietitians and researchers in public health **Who Cares** Christopher Howard,2023 The first comprehensive map of the social safety net public and private in the United States Societies are often judged by how they treat their most vulnerable members the poor and near poor In the United States this responsibility belongs not only to governments but also to charities businesses individuals and family members Their combined efforts generate a social safety net In **Who Cares** Christopher Howard offers the first comprehensive map of the US social safety net He chronicles how different parts of American society talk about poverty related needs And he shows what Americans do to provide basic levels of income food housing medical care and daily care Although the US social safety net is extensive major gaps remain particularly impacting Blacks Hispanics and individuals who are not employed full time Drawing heavily upon evidence from the years right before the Covid 19 pandemic Howard demonstrates that these problems persist even when the economy seems healthy **Who Cares** concludes with an initial assessment of how the social safety net performed during the pandemic

Evaluating Obesity Prevention Efforts Institute of Medicine,Food and Nutrition Board,Committee on Evaluating Progress of Obesity Prevention Effort,2014-01-11 Obesity poses one of the greatest public health challenges of the 21st century creating serious health economic and social consequences for individuals and society Despite acceleration in efforts to characterize comprehend and act on this problem including implementation of preventive interventions further understanding is needed on the progress and effectiveness of these interventions **Evaluating Obesity Prevention Efforts** develops a concise and actionable plan for measuring the nation s progress in obesity prevention efforts specifically the success of policy and environmental strategies recommended in the 2012 IOM report *Accelerating Progress in Obesity Prevention Solving the Weight of the Nation* This book offers a framework that will provide guidance for systematic and routine planning implementation and evaluation of the advancement of obesity prevention efforts This framework is for specific use with the goals and strategies from the 2012 report and can be used to assess the progress made in every community and throughout the country with the ultimate goal of reducing the obesity epidemic It offers potentially valuable guidance in improving the quality and effect of the actions being implemented The recommendations of **Evaluating Obesity Prevention Efforts** focus on efforts to increase the likelihood that actions taken to prevent obesity will be evaluated that their progress in accelerating the prevention of obesity will be monitored and that the most promising practices will be widely disseminated *Organizing Eating* Sarah E. Dempsey,2023-09-01 This book develops organizing eating as an organizational communication centered framework for understanding how communication and power combine to actively shape eating and working in the U S food system Drawing together established scholars the book sheds light on how the interconnected aspects of power are communicative in nature shaping and constraining the possibilities for organizing across the food system The chapters provide grounded insight into the role of racism corporate and state power food cooperatives urban farm systems food policy and labor practices drawing attention to the pathways needed to pursue more equitable food

systems Providing readers with a set of useful critical conceptual tools and an understanding of communication frameworks chapters identify common principles for critical organizing within the food movement and addresses the relevance of the COVID 19 pandemic and the national uprising against anti Black violence for understanding the urgent possibilities of food justice This cohesive collection of cutting edge scholarship will be of interest to organizational communication scholars critical cultural communication scholars environmental communication scholars and health communication scholars and the interdisciplinary fields of environmental studies agriculture and food studies and organization and labor studies **The Psychology of Poverty, Wealth, and Economic Inequality** Deborah Belle, Heather E. Bullock, 2023-01-05 This textbook provides a comprehensive examination of poverty wealth and economic inequality from a psychological perspective

Holding It Together Jessica Calarco, 2024-06-04 Other countries have social safety nets The U S has women Holding It Together chronicles the causes and dire consequences America runs on women women who are tasked with holding society together at the seams and fixing it when things fall apart In this tour de force acclaimed Sociologist Jessica Calarco lays bare the devastating consequences of our status quo Holding It Together draws on five years of research in which Calarco surveyed over 4000 parents and conducted more than 400 hours of interviews with women who bear the brunt of our broken system A widowed single mother struggles to patch together meager public benefits while working three jobs an aunt is pushed into caring for her niece and nephew at age fifteen once their family is shattered by the opioid epidemic a daughter becomes the backstop caregiver for her mother her husband and her child because of the perceived flexibility of her job a well to do couple grapples with the moral dilemma of leaning on overworked underpaid childcare providers to achieve their egalitarian ideals Stories of grief and guilt abound Yet they are more than individual tragedies Tracing present day policies back to their roots Calarco reveals a systematic agreement to dismantle our country s social safety net and persuade citizens to accept precarity while women bear the brunt She leads us to see women s labor as the reason we ve gone so long without the support systems that our peer nations take for granted and how women s work maintains the illusion that we don t need a net Weaving eye opening original research with revelatory sociological narrative Holding It Together is a bold call to demand the institutional change that each of us deserves and a warning about the perils of living without it **My**

Sociology Rosalind Gottfried, 2018-12-17 My Sociology reconceptualizes intro sociology for the changing demographics in today s higher education environment Concise and student focused My Sociology captures students attention with engaging stories and a focus on non dominant populations Rather than introducing students to theory and history at the beginning of the text the book integrates the necessary information throughout to keep students engaged **It's Not Like I'm Poor**

Sarah Halpern-Meehan, Kathryn Edin, Laura Tach, Jennifer Sykes, 2015-01-14 This book chronicles the impact of the sweeping transformation of the social safety net that occurred in the mid 1990s With the dramatic expansion of tax credits a combination of the Earned Income Tax Credit and other refunds the economic fortunes of the working poor have been

bolstered as never before It s Not Like I m Poor looks at how working families plan to use their annual windfall to build up savings go back to school and send their kids to college But dreams of economic mobility are often dashed by the reality of making monthly ends meet on meager wages Provided by publisher

Abandoned Families Kristin S. Seefeldt, Kristin Seefeldt, 2016-12-25 Choosing whom to marry involves more than emotion as racial politics cultural mores and local demographics all shape romantic choices In Marriage Vows and Racial Choices sociologist Jessica Vasquez Tokos explores the decisions of Latinos who marry either within or outside of their racial and ethnic groups Drawing from in depth interviews with nearly 50 couples she examines their marital choices and how these unions influence their identities as Americans Vasquez Tokos finds that their experiences in childhood adolescence and young adulthood shape their perceptions of race which in turn influence their romantic expectations Most Latinos marry other Latinos but those who intermarry tend to marry whites She finds that some Latina women who had domineering fathers assumed that most Latino men shared this trait and gravitated toward white men who differed from their fathers Other Latina respondents who married white men fused ideas of race and class and perceived whites as higher status and considered themselves to be marrying up Latinos who married non Latino minorities African Americans Asian Americans and Native Americans often sought out non white partners because they shared similar experiences of racial marginalization Latinos who married Latinos of a different national origin expressed a desire for shared cultural commonalities with their partners but like those who married whites often associated their own national origin groups with oppressive gender roles Vasquez Tokos also investigates how racial and cultural identities are maintained or altered for the respondents children Within Latino white marriages biculturalism in contrast with Latinos adopting a white American identity is likely to emerge For instance white women who married Latino men often embraced aspects of Latino culture and passed it along to their children Yet for these children upholding Latino cultural ties depended on their proximity to other Latinos particularly extended family members Both location and family relationships shape how parents and children from interracial families understand themselves culturally As interracial marriages become more common Marriage Vows and Racial Choices shows how race gender and class influence our marital choices and personal lives

COVID-19 Pandemic, Food Behaviour and Consumption Patterns Hamid El Bilali, Tarek Ben Hassen, Mohammad Sadegh Allahyari, Sinisa Berjan, 2022-11-25

\$2.00 a Day Kathryn Edin, H. Luke Shaefer, 2015 The story of a kind of poverty in America so deep that we as a country don t even think exists from a leading national poverty expert who defies convention New York Times

The SAGE Handbook of Evolutionary Psychology Todd K. Shackelford, 2020-11-25 Evolutionary psychology is an important and rapidly expanding area in the life social and behavioral sciences and this Handbook represents the most comprehensive and up to date reference text in the field today Chapters in this Handbook address real world and practical applications of evolutionary psychology such as applications to medicine psychiatry law and technology The SAGE Handbook of Evolutionary Psychology is an essential resource for researchers

graduate students and advanced undergraduate students in all areas of psychology and in related disciplines across the life social and behavioral sciences Part 1 Applications to Health and Well Being Part 2 Applications to Law and Order Part 3 Applications to Technology Communications and the Future

Does SNAP Decrease Food Insecurity? Mark Nord, 2009

Self selection by more food needy households into the Supplemental Nutrition Assistance Program SNAP formerly called the Food Stamp Program makes it difficult to observe positive effects of the program in survey data This study investigates self selection and ameliorative program effects by examining households food security month by month for several months prior to initial receipt of SNAP benefits and for several months after joining the program Food security is observed to deteriorate in the 6 months prior to beginning to receive SNAP benefits and to improve shortly after The results clearly demonstrate the self selection by households into SNAP at a time when they are more severely food insecure Charts and tables

Unveiling the Energy of Verbal Art: An Mental Sojourn through **Snap Food Security In Depth Interview Study**

In some sort of inundated with screens and the cacophony of instantaneous connection, the profound power and emotional resonance of verbal artistry frequently disappear into obscurity, eclipsed by the constant barrage of sound and distractions. Yet, set within the lyrical pages of **Snap Food Security In Depth Interview Study**, a fascinating perform of fictional beauty that impulses with organic emotions, lies an remarkable trip waiting to be embarked upon. Penned with a virtuoso wordsmith, this exciting opus instructions readers on an emotional odyssey, gently exposing the latent possible and profound impact stuck within the delicate web of language. Within the heart-wrenching expanse of the evocative examination, we shall embark upon an introspective exploration of the book is key subjects, dissect its fascinating writing type, and immerse ourselves in the indelible effect it leaves upon the depths of readers souls.

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