



Smoothie Orange Coconut Milk Recipe

Victor M. Corman



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or regional cuisine sometimes exotic sometimes familiar From the highlands and grasslands of Africa to the lush forests of Eastern Europe from the sun drenched hills of Provence to the mountains of South America the inventive cooks have drawn inspiration for these delicious adaptations of traditional recipes Including a section on cross cultural menu planning as well as an extensive guide to ingredients techniques and equipment Sundays at Moosewood Restaurant offers a taste for every palate Moosewood Restaurant is run by a group of eighteen people who rotate through the jobs necessary to make a restaurant work They plan menus set long term goals and wash pots Moosewood Restaurant contributes 1% of its profits from the sale of this book to the Eritrean Relief Fund which provides food and humanitarian assistance to the Eritrean people Moosewood Restaurant supports 1% For Peace an organization working to persuade the government to redirect 1% of the Defense Department budget towards programs that create and maintain peace in positive ways

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