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# VISIONARY AYAHUASCA



A MANUAL  
FOR THERAPEUTIC  
AND SPIRITUAL JOURNEYS

FOREWORD BY ALEJANDRO JODOROWSKY

# Visionary Ayahuasca A Manual For Therapeutic And Spiritual Journeys

**Itzhak Beery**



## **Visionary Ayahuasca A Manual For Therapeutic And Spiritual Journeys:**

*Visionary Ayahuasca* Jan Kounen, 2014-12-15 A what to expect guide for first time ayahuasca users paired with accounts from the author's extensive shamanic experiences in the Amazon Describes how to prepare for the first ceremony what to do in the days afterward and how to maintain a shamanic healing diet Details some of the author's own ayahuasca experiences including an intensive trip in 2009 when he underwent 17 ceremonies Explores the many other plants that are part of the ayahuasca healer's medicine cabinet as well as the icaros healing songs of the ayahuasca shaman Since 1999 Jan Kounen has regularly traveled to the Peruvian Amazon to participate in ayahuasca ceremonies At first only a curious filmmaker over multiple trips he transformed from explorer to apprentice to ayahuasquero and often found himself surrounded by other foreigners coming to the jungle for their first taste of ayahuasca medicine Knowing how little guidance is available on how to prepare or what to expect he naturally offered them advice Part visionary ayahuasca memoir and part practical guide this book contains the same step by step advice that Kounen provides first time ayahuasca users in the jungle He describes how to prepare for the first ceremony and what to do in the days afterward He explores how to deal with the nausea and details the special preparatory diets an ayahuasca shaman will put you on often lasting for months but necessary for life transforming results and teachings from the plant spirits He also explains how it is far easier to maintain these restrictions in the jungle than in the city Detailing his own ayahuasca experiences over hundreds of sessions including a trip in 2009 when he underwent 17 ceremonies in 25 days Kounen describes how ayahuasca transformed him He tells of his meetings with Shipibo healers including Kestenbetsa who opened the doors of this world for him and Panshin Beka the shaman to whom Kounen became an apprentice He details the many other plants and foods that are part of the ayahuasca healer's medicine cabinet such as to and tobacco as well as their icaros or healing songs A veritable what to expect guide this book should be your first step prior to committing to ayahuasca

**Manual of Psychomagic** Alejandro Jodorowsky, 2015-01-30 A workbook for using symbolic acts to heal the unconscious mind Provides several hundred successful psychomagic solutions for a wide range of specific psychological sexual emotional and physical problems from stuttering eczema and fears to repressed rage and hereditary illnesses Details how practitioners can develop unique psychomagic solutions for their patients Explains how psychomagic bypasses the rational mind to work directly with the unconscious for quicker and more enduring change Traditional psychotherapy seeks to unburden the unconscious mind purely through talk and discussion Psychomagic recognizes that it is difficult to reach the unconscious with rational thought We should instead speak directly to the unconscious in its own language that of dreams poetry and symbolic acts By interacting on this deeper level we can initiate quicker and more enduring change to resolve repressed childhood trauma express buried emotions and overcome deep seated intimacy issues Through the lens of psychomagic illness can be seen as the physical dream of the unconscious revealing unresolved issues some passed from generation to generation In this workbook of psychomagic spells legendary

filmmaker and creator of psychomagic Alejandro Jodorowsky provides several hundred successful psychomagic solutions for a wide range of psychological sexual emotional and physical problems from stuttering eczema and fear of failure to repressed rage hereditary illnesses and domineering parents Each solution takes the same elements associated with a negative emotional charge and recasts them into a series of theatrical symbolic actions that enable one to pay the psychological debts hindering their lives Explaining the shamanic techniques at the foundation of psychomagic the author offers methods for aspiring practitioners to develop solutions for their own unique patients Jodorowsky explains how the surreal acts of psychomagic are intended to break apart the dysfunctional persona with whom the patient identifies in order to connect with a deeper more authentic self As he says in the book Health only finds itself in the authentic There is no beauty without authenticity

**Teachings of the Peyote Shamans** James Endredy, 2015-11-17 A rare in depth look at the inner workings of Huichol shamanism Describes the five sacred sites of the Huichol and their peyote ceremonies Explains how the Huichol teachings of awareness centered on the five points of attention connect you to your true essence Reveals the deep relationship between Huichol cosmology Gnosticism and Christianity especially Jesus Christ and the Virgin Mary Taking place in the heart of the Huichol homeland in western Mexico this book offers a rare in depth look at the inner workings of Huichol shamanism which is permeated with the use of the sacred peyote cactus Outsiders are almost never allowed access to Huichol sacred sites and ceremonies however James Endredy after years of friendship with Huichol families earned the privilege nearly by accident Swayed by persistent pleading he agreed to take another gringo into the mountains to one of the Huichols ceremonial centers and they were both caught After trial and punishment Endredy was invited to stay within the sacred lands for the festivities he had illegally intruded upon and found his initiation into the Huichol shamanic tradition had begun Sharing his intimate conversations and journeys with the shaman he calls Peyote Jesus the author explains how Huichol belief revolves around the five sacred directions the five sacred sites and the five points of attention As Peyote Jesus explains the five points of attention refer to dividing your awareness yet staying focused on your inner self This is not a normal state of consciousness for most people yet when we maintain these points of attention we discover our true essence and move closer to God Endredy undergoes dozens of spiritual journeys with peyote as he makes the pilgrimages to the five sacred Huichol sites with Peyote Jesus He is shocked by his vision of the Virgin Mary while under peyote s guidance and learns of the deep relationship strictly on Huichol terms between their cosmology Gnosticism and Christianity especially Jesus Christ Providing an inside look at the major ceremonies and peyote rituals of the Huichol this unexpectedly powerful book reveals the key tenants of the Huichol worldview their beliefs in the afterlife and their spiritual work on behalf of all of humanity

**Setkání s metafyzickými medicínami Jižní Ameriky** Jiří Krutina, 2021-01-01 Uprostřed v ech mo n ch restrikcí a omezení cestovní v tomto roce se n m s man elkou p esto naskytla možnost strvit v zkmn as v Peru kam jsme se vydali za elem osobního zkoumání soben tradičních posvtných medicín v rámci kultivace v domě N sledujc noetické cestopis tak

zachycuje na e poznatky s posv tn mi medic nami kter tvo n rodn bohatstv t to zem a jejich tradi n m pou it m Setkali jsme se jak se zn mou Ayahuascou tak posv tn m kaktusem San Pedro a dal mi ryze p rodn mi medic nami zde se p irozen vyskytuj c mi maj c vliv na zintenzivn n na eho v dom Na e osobn zku enosti a vyvstal pochopen jsme zachytili v tomto metafyzick m cestopisu

*Psychedelic Humanities* Erika Dyck, Tehseen Noorani, Nicolas Langlitz, Alex Dymock, Anne Katrin Schlag , Oliver Davis, 2024-06-19 Psychedelics are part of a resurgence of interest in consciousness studies especially as altered states of consciousness are being re examined in the context of psychedelic assisted therapies To date discussions about psychedelics in modern medicine have been dominated by studies in biomedicine However given that cultural factors play a significant role in the subjective effects of psychedelics psychedelics can be considered a uniquely powerful point of convergence between the cultural and biomedical Writers and artists alongside psychiatrists and pharmacologists have participated in shaping the psychedelic experience by drawing on a rich set of approaches that blend narrative arts and humanities concepts to explain and interpret psychedelic experiences and explore consciousness for creative purposes Psychedelic studies past and present emphasize the importance of set and setting or the context of psychedelic consumption and its paramount importance in shaping psychedelic experiences These non pharmacological factors rely on a different set of methods and interpretations that necessarily rely on studies conducted outside of the biomedical sciences

**Psychedelics and Art Therapy** Charmaine Husum, 2025-05-21 This book serves as a vital resource for clinicians therapists and individuals aiming to integrate their psychedelic experiences through the transformative practice of Art Therapy Rooted in a Trauma informed approach Psychedelics and Art Therapy A Trauma Informed Manual for Somatic Self Discovery offers guidance on navigating the profound psychological and emotional shifts that often accompany such journeys This book combines creative exercises with meditation and neuroscientific insights to show how Art Therapy can effectively reroute neural pathways fostering sustained emotional well being and personal growth In an era where the underground market of psychedelic therapy is often unsafe and commercially driven this book advocates for a sustainable approach to healing that prevents habitual reliance on these substances Authored by an Art Therapist with over a decade of specialized experience in psychedelic preparation and integration this book transcends the underground stigmas associated with drug culture offering a trusted path to healing grounded in therapeutic practices that honor transpersonal and Indigenous wisdom As the conversation around Psychedelics in therapy evolves this essential guide provides a structured and compassionate approach to integration and healing ensuring long term personal empowerment and inner well being

**Magic Medicine** Cody Johnson, 2018-06-05 Cody Johnson beautifully balances historical knowledge with cutting edge science to produce a thoroughly enjoyable and enlightening read which paints a holistic picture of the risks and benefits of psychedelic use in modern day medicine and culture Rick Doblin PhD Founder and Executive Director of the Multidisciplinary Association for Psychedelic Studies MAPS Magic Medicine explores the fascinating history of psychedelic substances and provides a contemporary update about their growing inclusion

in modern medicine science and culture Each chapter dives into the rich history of a single plant or compound and explores its therapeutic and spiritual uses in cultures near and far Firsthand quotes allow glimmers of psychedelic light throughout Learn all about Classical psychedelics including 2C B ayahuasca LSD and peyote The empathogenic psychedelics MDA and MDMA Dissociative psychedelics including DXM ketamine and salvia Unique psychedelics including cannabis DiPT and even fish and sea sponges The history of psychedelic plants and substances is full of colorful facts and stories and intriguing questions Did US Army Intelligence really use LSD as an enhanced military interrogation technique How is DiPT able to make a familiar tune sound utterly foreign Can MDMA Ecstasy help people overcome traumatic experiences Many psychedelic plants and substances have a long history of being incorporated into various healing traditions such as cannabis and opium in Traditional Chinese Medicine Science is beginning to research what traditional cultures have told us for years psychedelics have transformative healing properties Anyone who has ever wondered about psychedelics from complete neophytes to veteran trippers seekers and sages to skeptics and scientists therapists and patients to green thumbs and armchair anthropologists will find something in this engrossing and beautifully designed book *The Gift of Shamanism* Itzhak Beery, 2015-03-13 Discover the shamanic powers within each of us Explores ayahuasca rituals in the Amazon messages from power animals and plant spirits intuitive dreams soul retrieval and holograms of past lives and spirits Explains the shamanic way of seeing to diagnose spiritual emotional and physical ailments via candle readings remote viewing and shamanic journeys Details how the author has helped individuals communicate with loved ones who have passed on and release themselves from negative spirits Each and every one of us has shamanic powers Glimpses of them can arise at any age in the form of intuitive dreams d j vu spontaneous visions and out of body experiences Most people dismiss these experiences However by embracing these gifts we can unlock our shamanic potential to change ourselves and the world around us Revealing his transformation from skeptic to respected shamanic healer Itzhak Beery explains how after countless prescient dreams and visions throughout his life that he brushed off a series of synchronistic events led to his first shamanism workshop with Michael Harner renowned shamanism scholar and teacher This in turn led to a trip to South America with John Perkins to work with indigenous shamanic healers Beery shares his experiences with ayahuasca rituals in the Amazon messages from power animals and plant spirits dreams that foretold future events and holographic sightings of past lives and spiritual entities both evil and benign He details his shamanic way of seeing to diagnose spiritual emotional and physical ailments via candle readings and remote viewing Explaining how we are always surrounded by spirits he recounts helping people communicate with loved ones who have passed on and shares powerful stories of soul retrieval during shamanic journeys to other worlds Through his true stories of visions that manifested in reality Beery reveals that we are all shamans By igniting our natural intuition and developing trust for our inner powers we can each connect to the oneness of nature where all knowledge is found *Ayahuasca Visions* Pablo Amaringo, Luis Luna, 1999-04-28 A storied

journey into the psychedelic realm unravel the sacred mysteries of Ayahuasca with a renowned Amazonian shaman and anthropologist duo Unveiling nearly 50 vivid painting masterpieces revealing Ayahuasca s mind expanding impact on human consciousness Explore the mesmerizing world of Ayahuasca in this classic volume Featuring the visionary art of Pablo Amaringo and the anthropological expertise of Luis Eduardo Luna Ayahuasca Visions presents nearly 50 vibrant full color pieces of artwork Each vision illustrates a deep understanding of how Ayahuasca affects human consciousness The artworks integrate plant teachers and shamanic powers like the Three Types of Sorcerers along with the spirit world including forest spirits chthonic spirits and ouranian spirits Additionally they explore concepts related to illness and healing In an era where Ayahuasca is gaining global popularity for its benefits to spiritual growth self exploration and mental well being Ayahuasca Visions is an indispensable guide It not only documents the rich tapestry of visions induced by this potent brew it reinforces the profound connection between humans and the natural world Whether you re embarking on a personal spiritual journey or seeking a deeper understanding of Ayahuasca this book is your gateway to the mysteries of this remarkable plant teacher Esteemed scholars such as Professor Richard Schultes Terence McKenna and ke Hultkrantz applaud Ayahuasca Visions for its unique blend of vivid psychedelic art with ethnographic insight The book serves as an enlightening journey into the Ayahuasca experience demystifies its profound impact on the psyche and provides a broad understanding of the plant s spiritual and therapeutic dimensions within Amazonian shamanism Heart Medicine Nina Izel,2020-10-18 In this book Nina guides you through a magical journey of death and rebirth with the Mother Ayahuasca towards your own power and your own light Through this journey you learn that healing is a participatory process you will understand that healing is the integration of aspects of yourself back to your natural state of wholeness but most important of all you will see that the healer is you Nina leads you on a transformational journey towards your own heart through self love and acceptance Her book is a practical guide for those who wish to work with this powerful medicine Ayahuasca or support others on this journey of healing and remembering She offers a framework of preparation initiation and integration that can be used as a much needed context in the west to work with this powerful visionary plant This therapeutic container supports greatly the integration of spiritual insights into everyday behavior and allows deeper change in one s life Nina is a visionary artist in the field of healing arts she is an advocate for natural healing and legalisation of natural plants for research and healing purposes She is a guardian of the Mother Earth and walks the path of the One Heart **Ayahuasca** Joan Parisi Wilcox,2003-10-10 A comprehensive autobiographical account of the transforming experiences possible with ayahuasca Reveals the protocols of a traditional ayahuasca retreat and the importance of its ritual diet isolation and sacred songs Relates an extensive personal account of the traditional indigenous use of ayahuasca for healing and revelation Ayahuasca The Visionary and Healing Powers of the Vine of the Soul is an autobiographical account of the author s work with ayahuasca a potent and sacred plant brew of the Amazon region that is known for its extraordinary visionary and healing powers As she

learned from her experience with the help of ayahuasca we are able to grasp our paradoxical nature the first step to acceptance of ourselves in both our glorious and dark aspects Ayahuasca teaches us how to release the illusions we hold about ourselves and makes it possible to integrate our many diverse aspects to acquire our true power This book reveals the ritual protocols that must be followed prior to partaking of ayahuasca including the traditional preparatory diet which requires enduring austere conditions isolation and only small amounts of bland food before receiving the powers of the plant spirit from an ayahuasquero a healing master and the sacred songs icaros that are sung when imbibing the substance Although the use of ayahuasca is growing among underground spiritual seekers and through the burgeoning ayahuasca tourism trade in South America few of its seekers understand how it is used traditionally and the importance of the rituals the indigenous people follow With this book the author hopes to restore the importance of these indigenous practices so that we may truly understand all the gifts of ayahuasca

**Cultivating Ayahuasca** James Rondepierre, 2024-12-10 Cultivating Ayahuasca A Comprehensive Guide takes you on an in depth journey into the sacred practice of growing and preparing Ayahuasca plants Whether you are a novice gardener or an experienced cultivator this guide offers everything you need to know about the cultivation preparation and cultural significance of Ayahuasca This book provides detailed step by step instructions on cultivating Banisteriopsis caapi and Psychotria viridis the key plants used in traditional Ayahuasca brews Learn about soil preparation planting techniques pest management pruning and sustainable harvesting practices that honor the delicate ecosystems these plants call home With its practical advice and detailed cultivation templates this guide ensures that you can grow Ayahuasca responsibly and ethically The book also explores alternative plants like Mimosa hostilis Diplopterys cabrerana and several Acacia species offering insights into their unique properties and how they are used in different cultural contexts Discover the rich history of these plants and the global traditions that have incorporated their use into spiritual and therapeutic practices In addition to cultivation techniques Cultivating Ayahuasca delves into the spiritual and cultural dimensions of Ayahuasca It honors the wisdom of indigenous Amazonian communities and emphasizes the importance of sustainable practices that respect the sacred heritage of Ayahuasca Learn about the ceremonial uses of the brew the role of shamans and the integration of Ayahuasca experiences into daily life Whether you are drawn to Ayahuasca for personal growth spiritual healing or contributing to its preservation this book offers a balanced and comprehensive approach to engaging with this powerful plant medicine With practical knowledge and cultural respect Cultivating Ayahuasca serves as both a guide and a tribute to the profound connection between humans and the natural world This guide is perfect for individuals seeking to explore the mysteries of Ayahuasca while maintaining respect for its origins and the environment It is more than a book it is a companion for those on a journey of self discovery spiritual awakening and ecological mindfulness With beautifully detailed instructions ethical considerations and real world advice Cultivating Ayahuasca is an investment in your personal growth and a commitment to sustainability Unlock the secrets of cultivating Ayahuasca plants and preparing

brews that align with traditional wisdom Whether you re a hands on gardener or an intellectual explorer this guide offers insights that enrich your practice and understanding Gain the confidence to create meaningful connections with this sacred medicine deepen your spiritual journey contribute to the preservation of its cultural ecological legacy Don t miss the chance to own this invaluable resource Whether you are preparing for your first experience with Ayahuasca or seeking to expand your knowledge and skills Cultivating Ayahuasca is the ultimate guide Order your copy today and take the first step in cultivating a deeper connection with yourself the Earth the rich traditions of this powerful plant medicine About the Author James Rondepierre is a passionate advocate for sustainable living and the respectful use of plant medicines With a deep appreciation for the wisdom of indigenous cultures James has dedicated his work to exploring the intersection of spirituality ecology and personal growth Through his books he aims to inspire readers to deepen their connection with nature honor sacred traditions and embrace practices that promote healing self discovery Other Titles by James Rondepierre Exploring the Fabric of Reality Unveiling the Foundations of Existence Manifesting Miracles Aligning with the Universe to Fulfill Your Dreams *Facets of Ayahuasca* Dario Nardi, Charles Johnston, Winter Garand, Jason Gentile, 2018-07-10 Every day more people around the world are hearing about ayahuasca and awakening to transform their lives What about you Are you drinking ayahuasca or thinking of drinking Your first ceremony may be confusing exciting nauseating surprising scary boring or joyous Whatever it is every time will differ as part of a larger ongoing process The plants or La Medicina are therapeutic and can stimulate an intense psychological and life shifting spiritual journey for most people In this practical guide you will find must know key details about ayahuasca The arc of responsible use covers preparation ceremony and integration You ll find best practices and insights on archetypes relationships energy work sexuality related healing approaches the community what it takes to serve medicine There is also a glossary list of books and films to explore and handy before after checklists when drinking ayahuasca This guide is by and for non indigenous persons and modern challenges It is the perfect companion for those who have taken one journey or twenty with ayahuasca and wish to make the most of their experiences **Sacred Vine of Spirits: Ayahuasca** Ralph Metzner, Ph.D., 2005-11-22 A compilation of writings on the chemical biological psychological and experiential dimensions of Ayahuasca Includes 24 firsthand accounts of Ayahuasca experiences and resulting life changes including contributions from J C Callaway Charles S Grob and Dennis J McKenna Discusses the medical and psychological applications of Ayahuasca Ayahuasca is a hallucinogenic Amazonian plant mixture that has been used for hundreds perhaps thousands of years by native Indian and mestizo shamans in Peru Colombia and Ecuador for healing and divination Many Western trained physicians and psychologists have acknowledged that this substance can allow access to spiritual dimensions of consciousness even mystical experiences indistinguishable from classic religious mysticism In **Sacred Vine of Spirits Ayahuasca** Ralph Metzner a pioneer in the study of consciousness has assembled a group of authoritative contributors who provide an exploration of the chemical biological psychological and experiential dimensions of ayahuasca

He begins with more than 20 firsthand accounts from Westerners who have used ayahuasca and then presents the history psychology and chemistry of ayahuasca from leading scholars in the field of psychoactive research He concludes with his own findings on ayahuasca including its applications in medicine and psychology and compares the worldview revealed by ayahuasca visions to that of Western cultures

**The Ayahuasca Experience** Ralph Metzner, 2014-03-02 An exploration of the chemical biological psychological and experiential dimensions of ayahuasca Details the scientific discovery of ayahuasca's sophisticated psychoactive delivery system in the brain and body and its potential applications in medicine and psychology Includes contributions from Dennis J McKenna Ph D J C Callaway Ph D and Charles S Grob M D on the ethnopharmacology psychology phytochemistry and neuropharmacology of ayahuasca Provides 24 firsthand accounts of ayahuasca experiences and resulting life changes Widely recognized by anthropologists as the most powerful and widespread shamanic hallucinogen ayahuasca has been used by native Indian and mestizo shamans in Peru Colombia and Ecuador for healing and divination for thousands of years Made from the Amazonian vine Banisteriopsis caapi and the DMT laden leaf of Psychotria viridis ayahuasca is regarded as the embodiment of intelligent plant beings who can offer spiritual teachings and healing knowledge to those who respectfully engage with them Many Western trained physicians and psychologists now acknowledge that ayahuasca allows access to spiritual dimensions of consciousness otherworldly realms and beings and visionary experiences indistinguishable from classic religious mysticism With contributions from leading psychoactive scholars Dennis J McKenna Ph D Charles S Grob M D and J C Callaway Ph D on the ethnopharmacology psychology phytochemistry and neuropharmacology of ayahuasca Ralph Metzner provides a comprehensive exploration of the chemical biological psychological and experiential dimensions of this Amazonian hallucinogen He includes more than 20 firsthand accounts from people who have participated in ayahuasca rituals and experienced major life changes as a result He details the scientific discovery of ayahuasca's sophisticated psychoactive delivery system in the brain and body as well as the deep psychological impact of this potent entheogen He concludes with his own findings on ayahuasca including its applications in medicine and psychology and compares the worldview revealed by ayahuasca visions to that of modern cultures

**Black Smoke** Margaret De Wys, 2014-05-14 A diagnosis of cancer leads to healing and transformation in the Amazon jungle Explains in vivid detail De Wys's experience of being healed from cancer through visionary ayahuasca rituals in Ecuador Describes her apprenticeship and relationship with the shaman who cured her Explores the ways this spiritual medicine can heal the emotional origins of disease now plaguing our modern technological culture Chosen as one of the Top 10 Books of the New Edge by Jonathan Talat Phillips on The Huffington Post When composer and Bard College music professor Margaret De Wys learned she had breast cancer the diagnosis shattered her comfortable life Seized by fear crushed by existential loneliness she couldn't respond when her loved ones reached out to her To everyone's concern the illness propelled her away from her family and deep into the Amazon to work with Carlos a charismatic Shuar shaman and master of medicina milenaria an

ancient mystical tradition with a highly sophisticated and precise technology of healing In *Black Smoke* De Wys writes of her amazing encounter with Carlos as he guided her into a world of potent visionary plants harrowing initiations ritual purification and miraculous healings including the complete disappearance of her cancer It was as Carlos called it the path of the warrior Sharing a journey not only through cancer but also through self transformation De Wys provides an intimate inside look at the shamanic ceremonies of ayahuasca and the ways this spiritual medicine can heal the emotional origins of disease now plaguing our modern technological culture Capturing her physical emotional and holy voyage through a world that differs vastly from our own in its perception of healing and wholeness she offers a revealing chronicle of spiritual insight and a trenchant exploration of the limits of idealism She not only provides a probing look at how our society can learn and benefit from indigenous wisdom but also weaves a cautionary tale about how potentially dangerous it is on both sides to try to cross those frontiers

**Global Ayahuasca** Alex K. Gearin, 2024-08-06 Surveying contemporary networks and practices in Peru Australia and China anthropologist Alex K Gearin explores the visionary marvels wonders and diversity of ayahuasca drinking today Ceremonies of drinking the psychoactive brew ayahuasca have flourished across the planet in recent decades Emerging from Indigenous roots in the Amazon rainforest the brew is now envisaged by many as the spiritual gateway to archaic and primordial worlds with reports of healing spiritual insight and awe inspiring visions placing ayahuasca among the burgeoning field of psychedelic medicines Astonished and allured by descriptions of ayahuasca experiences researchers in psychology anthropology and philosophy have attempted to define the shared properties of the visions In this book Alex Gearin challenges this simplified obsession with universal truth and explores the embodied practices of contemporary ayahuasca drinkers to reveal how the brew has conjured contradictory experiences across the globe These range from urban disenchantment and capitalist mastery to competitive sorcery and ecological harmony wherein the plant induced visions embody different attitudes towards capitalist modernity Based upon ethnographic research among Shipibo healers in remote Peru alternative medicine groups in urban Australia and entrepreneurs and corporate managers in mainland China *Global Ayahuasca* examines how the wondrous visions of ayahuasca are entangled within the social and economic realities that they illuminate revealing different tensions fears and hopes of everyday modern life

*Ayahuasca* Javier Reguerio, 2014-07-31 More and more people from all walks of life and spiritual and religious backgrounds feel drawn to ayahuasca in often surprising ways In *Ayahuasca Soul Medicine of the Amazon Jungle* author Javier Regueiro offers a guide for those new to the use of this powerful medicine that originates in the Amazon rainforest Javier Regueiro not only provides general information about ayahuasca but he bridges the cultural gap between the native and the current use of ayahuasca by Westerners This guide offers background about the plant medicine its history and how to engage with and learn through its use It includes stories of Javier's personal experience of transformation as well as stories from those he's guided in ceremonies Addressed to the ever increasing number of people who approach this medicine for their own personal healing and development this

guidebook provides clear and practical advice on how to use this therapeutic modality in a fashion that is meaningful to modern people for a maximum of benefit Back cover

**Fishers of Men** Adam Elenbaas, 2010-07-22 In the tradition of memoirs like Daniel Pinchbeck's 2012 and Jim Carroll's *The Basketball Diaries* Adam Elenbaas's *Fishers of Men* chronicles his journey from intense self destruction and crippling depression to self acceptance inner awareness and spiritual understanding through participation in mindexpanding and healing ayahuasca ceremonies in South America and beyond From his troubled and rebellious youth as a Methodist minister's son in Minnesota to his sex and substance abuse fueled downward spiral in Chicago and New York culminating in a depressive breakdown Elenbaas is plagued by a feeling of emptiness and a desperate search for meaning for most of his young life After hitting rock bottom at his grandfather's house in rural Michigan a chance experience with psychedelic mushrooms convinces him that he must change his ways to achieve the sense of peace that he has always desired Several subsequent psychedelic experiences inspire him to embark on a quest to South America and take part in a shamanic ceremony where he consumes ayahuasca a jungle vine revered for its spiritual properties Over the course of nearly forty ayahuasca ceremonies during four years Elenbaas discovers the truth about his own life and past and begins to mend himself from the inside out *Fishers of Men* is the gripping heartbreaking and yet ultimately uplifting story of the power to transcend one's past

*The Accidental Shaman* Howard G. Charing, 2017-02-16 A story of awakening to remarkable shamanic powers teachings and techniques Describes the author's work with plant spirits entheogens such as ayahuasca and indigenous shamans during his 20 years of fieldwork in the Peruvian Amazon Explores the practice of soul retrieval and shamanic work with feathers stones and sound Includes techniques for exploring non ordinary reality exercises for expanding sensory perception and practices to open your creative artistic visionary potential After surviving a serious elevator crash in London Howard G Charing found he had developed healing touch as well as the ability to hear voices and experience visions just as a healer in Italy had predicted only a week before the accident He began using his abilities to heal but felt he needed more guidance and training He first connected with a national spiritual healing organization only to be told he was doing everything wrong Then through a friend he discovered shamanism Sharing profound teachings and extraordinary experiences from his more than 30 years of shamanic healing work Charing explains how he accidentally became a shaman and completely changed the course of his life He describes his work with plant spirits entheogens such as ayahuasca and indigenous shamans during his 20 years of fieldwork in the Peruvian Amazon including his studies with the late visionary artist Pablo Amaringo Investigating altered states of perception he provides visionary techniques for exploring non ordinary reality exercises for expanding sensory perception and practices to open your creative artistic visionary potential Detailing the practice of soul retrieval the author discusses why it is one of the most effective and profound spiritual healing practices and shares emotionally charged stories of successful shamanic healings he has attended He also includes shamanic wisdom on working with feathers stones and sound and compares current research in physics with

the vast body of experiential knowledge from indigenous spiritual traditions From the accident that started his journey to the many remarkable spiritwork encounters that have happened since Charing s story will empower readers to begin exploring the realms of consciousness and energy that surround us and welcome the dissolution of the boundary between the physical and the spiritual

## Embracing the Song of Phrase: An Emotional Symphony within **Visionary Ayahuasca A Manual For Therapeutic And Spiritual Journeys**

In some sort of taken by screens and the ceaseless chatter of fast conversation, the melodic elegance and mental symphony created by the published word frequently disappear into the background, eclipsed by the persistent noise and disruptions that permeate our lives. But, set within the pages of **Visionary Ayahuasca A Manual For Therapeutic And Spiritual Journeys** a marvelous literary prize filled with natural thoughts, lies an immersive symphony waiting to be embraced. Crafted by a masterful musician of language, that captivating masterpiece conducts visitors on an emotional trip, skillfully unraveling the hidden songs and profound impact resonating within each carefully constructed phrase. Within the depths with this touching review, we can investigate the book is central harmonies, analyze their enthralling publishing design, and surrender ourselves to the profound resonance that echoes in the depths of readers souls.

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