

Donation Value Guide and Calculator

Use this sheet to value your non-cash charitable contributions

We recommend keeping a digital photo of your donations to prove condition

Donated goods must be in good or better condition

Values taken from 2014 Salvation Army Donation Value Guide

Donated to: _____

Donated by: _____

Donation date: _____

Appliance Donations	Low	High	Quantity	Value	Details	Total
Air Conditioner	\$20.00	\$90.00				
Dryer	\$45.00	\$90.00				
Electric Stove	\$75.00	\$150.00				
Gas Stove	\$50.00	\$125.00				
Heater	\$7.50	\$22.00				
Microwave	\$10.00	\$50.00				
Refrigerator (working)	\$75.00	\$250.00				
T.V. (color, working)	\$75.00	\$225.00				
Washing Machine	\$40.00	\$150.00				

Children's Clothing Donations	Low	High	Quantity	Value		Total
Blouse	\$2.00	\$8.00				
Boots	\$3.00	\$20.00				
Coat	\$4.50	\$20.00				
Dress	\$3.50	\$12.00				

Tax Donation Valuation Guide

Leonard D. DuBoff, Sarah J. Tugman



Tax Donation Valuation Guide:

Every Nonprofit's Tax Guide Stephen Fishman, 2023-09-26 The essential tax reference book for every nonprofit Nonprofits enjoy privileges not available to other organizations But these privileges come with obligations Nonprofits must comply with special IRS rules and regulations to maintain their tax exempt status Practical comprehensive and easy to understand Every Nonprofit's Tax Guide explains ongoing and annual IRS compliance requirements for nonprofits including a detailed explanation of Form 990 requirements for filing Form 990 EZ electronically how to file Form 1099 NEC conflicts of interest and compensation rules charitable giving rules unrelated taxable business income rules lobbying and political activity restrictions and nonprofit bookkeeping Whether you are just starting your nonprofit or are well established you'll find all the information you need to avoid the most common issues nonprofits run into with the IRS **Determining the Value of Donated Property** United States. Internal Revenue Service, 1980 **Determining the Value of Donated Property**, 1996 **PricewaterhouseCoopers Guide to Tax and Financial Planning, 2007** PriceWaterhouseCoopers LLP, 2006-11-03 How to make sense of today's tax rules To understand how the 2006 tax law changes will affect you what you need are clear explanations not complicated tax jargon Using plain easy to understand language the tax professionals at PricewaterhouseCoopers explain how the tax rules affect your personal finances and how you may benefit from available opportunities They outline ways to handle your investments plan for your retirement pay for your children's education realize tax savings and much more Filled with in depth insights and practical advice this comprehensive guide will Give you tips techniques and methods to keep you from paying more tax than you're legally obligated to pay Help you plan for new rules that don't take effect until 2007 or later Arm you with unique insights suggestions and examples for dealing with this year's tax provisions And much more Business is personal We treat it that way PricewaterhouseCoopers Private Company Services practice is an integrated team of audit tax and advisory professionals who focus on the unique needs of private companies and their owners Within the practice our professionals concentrate on the needs of manufacturing retail wholesale and distribution construction and food and beverage companies as well as on the needs of law firms and other professional service organizations They are committed to delivering cost effective practical solutions and proactive services with the quality clients expect from PricewaterhouseCoopers For more information about PricewaterhouseCoopers Private Company Services practice visit www.pwc.com/pcs **J.K. Lasser's 1001 Deductions and Tax Breaks 2020** Barbara Weltman, 2019-11-19 A complete list of individual tax relief opportunities J K Lasser's 1001 Deductions and Tax Breaks 2020 is the complete and thorough guide to reducing your tax burden By listing every possible deduction and credit available to individual taxpayers this book can help you achieve substantial savings on your 2020 tax return Updated and expanded to cover new and changing tax law this edition also includes an e supplement covering the latest developments from Congress and the IRS to keep you fully up to date Stop overpaying and gain peace of mind as you find the answers you need for your

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J.K. Lasser's 1001 Deductions and Tax Breaks 2011 Barbara Weltman,2010-10-12 A straightforward guide to taking tax breaks and deductions Completely revised to reflect important changes in this year s tax laws J K Lasser s 1001 Deductions Tax Breaks 2011 will help you take advantage of every tax break and deduction you may be entitled to This comprehensive guide is clearly organized by subject matter so you can easily find situations that may apply to you Each tax benefit is also clearly explained along with the eligibility requirements for claiming the benefit while planning tips and common pitfalls associated with the benefit in question are discussed in detail New tax law alerts are also included throughout the book so you can make the most informed decisions possible Discusses deductions and tax breaks with regard to your family home car job investments education charitable giving health coverage and much more Packed with hundreds of updated examples practical advice and real world examples Online supplement to update developments Other titles by Weltman J K Lasser s Small Business Taxes 2011 and J K Lasser s New Tax Laws Simplified 2011 J K Lasser s 1001 Deductions Tax Breaks 2011 is a book every taxpayer should own *J.K. Lasser's 1001 Deductions and Tax Breaks 2008* Barbara Weltman,2007-10-16 Completely revised to reflect important changes in this year s tax laws J K Lasser s 1001 Deductions Tax Breaks 2008 will help you take advantage of every tax break and deduction you may be entitled to This comprehensive guide is clearly organized by subject matter so you can easily find situations that may apply to you Each tax benefit is also clearly explained along with the eligibility requirements for claiming the benefit while planning tips and common pitfalls associated with the benefit in question are discussed in detail New tax law alerts are also included throughout the book so you can make the most informed decisions possible With this book as your guide you ll find deductions and tax breaks with regard to You and your family Your home and car Your job or business Your investments and retirement savings Medical and dental expenses Health savings accounts Education costs Your charitable giving Casualty and theft losses Packed with hundreds of updated deductions and credits practical advice and real

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Jean-Marie Halleux, Andreas Hendricks, Berit Nordahl, Vida Maliene, 2022-11-18 Land Value Capture Value Increase Capital Gain Land Use Planning Taxation Development Investment Public value capture is an essential phenomenon to improve the refinancing of public infrastructure and secure the necessary budget for other important duties like education health and social care For this reason smart tools are needed for a successful implementation This book provides an overview and discussion of instruments and practices in 29 European countries Deduct It! Deduct It! Carol Johnson, Bert

Whitehead, Bert Whitehead, M.B.A., J.D., 2006-08

PricewaterhouseCoopers 2008 Guide to Tax and Financial

Planning PriceWaterhouseCoopers LLP, 2007-11-09 A detailed guide that covers some of today's most important tax and financial planning issues To understand new tax rules and plan for their financial future readers need clear explanations not complicated tax jargon that only an accountant could understand In straightforward and accessible language PricewaterhouseCoopers 2008 Guide to Tax and Financial Planning explains the most recent tax law changes answers common questions about tricky tax issues and outlines the best ways to invest money organize a small business and plan for retirement under these new tax rules Filled with valuable advice from a proven authority in the field this guide will help readers feel confident and comfortable with important year end tax planning PricewaterhouseCoopers www.pwc.com provides industry focused assurance tax and advisory services for public and private clients More than 120 000 people in 139 countries connect their thinking experience and solutions to build public trust and enhance value for clients and their stakeholders **J.K. Lasser's 1001 Deductions and Tax Breaks 2017** Barbara Weltman, 2016-10-03 The complete guide to all deductions and credits for individual taxpayers J K Lasser's 1001 Deductions and Tax Breaks shows you just how much money you can save on your taxes legally simply by taking advantage of what's out there Millions of Americans overpay their taxes by billions of dollars every year because constantly evolving laws and regulations make keeping track of deductions and breaks next to impossible for the everyday taxpayer This book helps you put a stop to overpayment so you can keep more of your hard earned money J K Lasser has compiled a complete list of every possible deduction and credit available to American taxpayers and provides clear easy to follow instructions for claiming what is rightfully yours Fully updated to reflect the latest rulings and laws including an e supplement with the latest tax developments from the IRS and Congress this book answers all of your Can I claim questions with guidance from the nation's most trusted tax advisors Many taxpayers are so afraid of an audit that they fail to take advantage of perfectly legal write offs You are entitled to this money Tax breaks and deductions are written into tax law to help everyday Americans like yourself keep more of what you've earned This book is your ticket to a streamlined filing and potentially substantial savings Identify all deductions that apply to your situation Find the most up to date requirements for your 2016 filing Mine your expenses business and job for deduction opportunities Learn how to claim deductions and breaks correctly Forget complex tax strategies and don't bother trying to game the system The opportunities to save are all laid out in black and white and J K Lasser has parsed the fine print so you don't have to J K

Lasser's 1001 Deductions and Tax Breaks is the definitive guide to filing your 2016 taxes with a smile **Zondervan Church and Nonprofit Tax and Financial Guide** Daniel D. Busby, 2006-12 This annual reference guide continues to be one of the few resources offering tax and financial advice to churches and nonprofit organizations Issues of financial accountability receiving and maintaining tax exempt status accounting for charitable gifts and other crucial topics receive careful and full discussion The 2007 edition also contains a thorough description of tax laws affecting churches and other nonprofit organizations including changes made in 2006 ensuring compliance with all regulations This guide is indispensable to church treasurers and anyone else responsible for the financial operation of a nonprofit organization This 2007 edition includes Expert advice on handling charitable gifts Sample policies and procedures Easy techniques for simplifying financial policies and procedures Understanding medical expense reimbursements Key steps in sound compensation planning Examples of required IRS filings **The Law (in Plain English) for Collectors** Leonard D. DuBoff, Sarah J. Tugman, 2018-11-20 Savvy art collectors who want to protect themselves and their investments would be wise to read The Law in Plain English for Collectors The book provides valuable guidance that collectors of all levels can rely on Dale Chihuly In The Law in Plain English for Collectors Leonard DuBoff and Sarah Tugman provide helpful advice on all things legal when it comes to art antiques and other collectibles Whether readers are into coins or Queen Anne furniture paintings or vintage books this guide contains useful and practical information readers need to know to protect and enjoy their collections Among other important concerns readers will learn how to Navigate purchases and customs Select insurance plans Properly file taxes Loan out pieces to galleries museums and shows Bestow work to future generations For private collectors gallerists artists and others interested in art dealings The Law in Plain English for Collectors is an indispensable reference

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 percent protein and 20 percent fat a 160 pound male athlete will start at about 225 grams of

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 to 2 2 grams of protein per kilogram of weight should be consumed throughout the day with 0 4 to 0 55 grams per kilogram
 of weight per meal depending on your desired weight you would need to consume 3 to 6 meals per day

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 glass of milk 11 a m grilled chicken breast or thigh broccoli a cup or more of brown rice with olive oil and nuts 3 p m

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 time and limit foods such as fried food processed foods sugary packaged pastries alcohol etc examples of low calorie foods to
 limit include the following thin bread tortillas wraps

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per kilogram of body weight per day for an athlete weighing 90 kg 200 pounds that is a total of 126 180 grams of protein a day

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