# PROPER TATTOO AFTERCARE

(Make your tattoo look good forever!)

He who takes aftercare seriously will have a goodlooking tattoo for years. Those who dont, won't.



### WEEK #1

#### Days 1-2 THE MOST CRUCIAL STAGE

The first 48 hours are crucial. Here's what you need to do:

- Remove the film/bandage from the tattooist's
- But make sure you wash your hands first!
- Use unscented, antibacterial soap + warm water to wash
   Air dry or pat dry (don't rub) with kitchen roll
- Apply a very thin layer of healing ointment, e.g. Aquaphor

Clean your 'weeping' tattoo a few times a day. Don't let it fester!



Days 3 -4

#### STILL SORE, BUT ON THE MEND NOW

Weeping will have slowed down a bit now. In some cases, it may even be gone.

Continue applying healing ointment or cream.

#### Days 5 - 7 IT'S SCABBING TIME!

Don't panic! Scabbing is a normal part of the healing process.

 Apply a thin layer of moisturising lotion (we love <u>Unedited!</u>) to moisturise skin and promote healing

Avoid wearing anything that can snag on the scabs!

Don't pick and pull off the scabs!

### WFFK #2

#### ITCHING LIKE NOBODY'S BUSINESS!

#### DO's:

- Moisturise regularly
- Apply a cold compress
   Tap or pat the itchy spot
- Start a mantra!
- Distract yourself
- Use hydrocortisone or antihistamine (check with your GP first though)

- DONT's:
- DO NOT SCRATCH!
- DO NOT PICK OR PULL
- AT THE SCABS!

## **WEEKS #3-4**

#### THE HOME STRETCH!

The skin surface should heal within this week.

But underneath, full recovery may take a couple more months.

Yes, the itch will still be there.

Just follow the do's and don'ts from last week.

### MOISTURISE REGULARLY!

# **Tattoo Aftercare The Full Guide For The Freshly Inked**

**LM Reder** 

Tattoo Aftercare The Full Guide For The Freshly Inked:

Discover tales of courage and bravery in Crafted by is empowering ebook, **Tattoo Aftercare The Full Guide For The Freshly Inked** . In a downloadable PDF format ( Download in PDF: \*), this collection inspires and motivates. Download now to witness the indomitable spirit of those who dared to be brave.

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