
YMCA Lifeguard Written Test with Complete Questions and Answers 100% Accurate.

First step in Safe in Six - ANSWER-Prevention

PACA - ANSWER-Problem, Alternatives, Consequence, Action

Why do lifeguards rotate? - ANSWER-Maintain vigilance

How do public pools communicate rules? - ANSWER-Postings or verbally

Safety systems - ANSWER-Buddy system, tag board, roll call

Early warning signs of a distressed swimmer - ANSWER-Waving, glassy eyes, grabbing objects, weak, double heads, can't respond

4 stages of drowning - ANSWER-Initial apnea, dyspnea, terminal apnea, cardiac arrest

7 emergency types - ANSWER-water, chemical, medical, mechanical, missing person, environmental, violence

What does EAP stand for? - ANSWER-Emergency Action Plan

Ways to assist a conscious victim - ANSWER-extension assist, supporting assist, drag, rescue buoy, rescue tube in water

Implications the facility can face if reports are not filled out - ANSWER-Lawsuit or the lifeguard could be sued

T/F: We want to ask a SCI victim to answer verbally - ANSWER-True

Symptoms of a SCI - ANSWER-Bruising, unconscious, paralysis, tingling, convulsions

Physical assessment acronym - ANSWER-DOTS

During a SCI rescue, what rescuer is in the water? - ANSWER-Rescuer 1

When do you give CPR? - ANSWER-No heartbeat or breathing

Ymca Lifeguard Test Answers

Roman Wölfel

A red circular graphic with a gradient, appearing as a semi-circle or a partial circle, located to the right of the author's name.

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