

2017 JAN

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Monday 2 Jan

find what
feels good



8:30 - 10:30 work
Yoga Revolution - day 2

Tuesday 3 Jan

8:30 - 12:30 Work - INSET

Yoga
Revolution
- day 3



Wednesday 4 Jan

8:30 - 10:30 work

Yoga
Revolution
- day 4



Thursday 5 Jan

8:30 - 10:30 work

Yoga
Revolution
- day 5



Friday 6 Jan

8:30 - 12:30 work

Yoga
Revolution
- day 6



Saturday 7 Jan

Ellys w/ Bob

Yoga Revolution - day 7



Sunday 8 Jan

14 - 6 Samsara

Yoga Revolution - day 8



Yoga Workout Journal

Fitness Journal Fitness Journal



Yoga Workout Journal:

Uncover the mysteries within Explore with is enigmatic creation, Embark on a Mystery with **Yoga Workout Journal** . This downloadable ebook, shrouded in suspense, is available in a PDF format (PDF Size: *). Dive into a world of uncertainty and anticipation. Download now to unravel the secrets hidden within the pages.

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