Signs and Symptoms of Opioid Withdrawal

Start

Last dose

72 hours

Physical symptoms at peak

Chills, fever, body aches, diarrhea, insomnia, muscle pain, nausea, dilated pupils



1 week

Physical symptoms start to lessen

Tiredness, sweating, body aches, anxiety, imitability, nausea



2 weeks

Psychological and emotional symptoms

Depression, arxiety, irritability, restlessness, trouble sleeping



1 month

Phychological symptoms linger

Cravings and depression can last for weeks or months





Tomas Recipe Opiate Withdrawal

A. J. Knight

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