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A Practical Guide to Linux Commands, Editors, and Shell Programming,
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Practical Guide to Ubuntu Linux (Versions 8.10 and 8.04) Mark G. Sobell, 2008-12-30 The Most Complete Easy to Follow Guide to Ubuntu Linux Mark Sobell's A Practical Guide to Ubuntu Linux Second Edition isn't just the most thorough and up to date reference to installing configuring and working with Ubuntu It also provides comprehensive server coverage you won't find in any other Ubuntu book The fully updated JumpStart sections help you get complex servers running quickly Whatever your questions may be the completely revamped index gives you even faster access to the answers you're searching for And a brand new chapter on Perl programming teaches you the basics of this powerful system administration language Sobell walks you through every feature and technique you'll need from installing Ubuntu to working with GNOME Samba exim4 Apache DNS NIS LDAP ufw firestarter and iptables His exceptionally clear explanations demystify everything from system security to Windows file printer sharing You'll find full chapters on running Ubuntu from the command line and GUI administering systems and security setting up networks and Internet servers and much more Along the way you'll learn both the hows and the whys of Ubuntu Sobell knows every Linux nook and cranny He's taught hundreds of thousands of readers and never forgets what it's like to be new to Linux Whether you're a user administrator or programmer this book gives you all you need and more The world's most practical Ubuntu Linux book is now even more useful This book delivers Hundreds of easy to follow easy to use examples Updated JumpStarts for setting up Samba Apache Mail FTP NIS OpenSSH DNS and other complex servers Deeper coverage of the command line GNOME GUI and desktop customization Coverage of crucial Ubuntu topics such as sudo and the Upstart init daemon More detailed usable coverage of Internet server configuration including Apache exim4 and DNS BIND More state of the art security techniques including firewall setup using ufw firestarter and iptables plus a full chapter on OpenSSH Deeper coverage of essential system and network administration tasks from managing users to CUPS printing configuring LANs to building a kernel Complete instructions on keeping Ubuntu systems up to date using aptitude Synaptic and the Software Sources window And much more including a 500 term glossary and five detailed appendixes Includes DVD Get the full version of the Ubuntu 8.10 Intrepid Ibex release Ethel Rosenberg

Ilene J. Philipson, 1993 Ilene Philipson's biography of Ethel Rosenberg only the second woman in U.S. history to be executed for treason is now available in paperback for the first time Contributes to women's history and biography and to radical history particularly to our understanding of family gender relations and feminine identity of women radicals Ilene Philipson has produced a fascinating book Nancy Chodorow Tells the story of Ethel from a woman's point of view Philipson whose literary style has the clean exactitude of a tracer bullet has produced a heart rending masterpiece If you read only one book a year make it this one Florence King Newsday Ethel Rosenberg's stoicism on the witness stand her unflinching response to the guilty verdict and death sentence and her seeming indifference to the ordeal of her two children shocked the nation Concerned with rehabilitating not only Ethel Rosenberg's name but also her image the author creates a moving portrait of a

human and ordinary woman John Patrick Diggins New York Times Book Review *Group Therapy for Substance Use Disorders* Linda Carter Sobell, Mark B. Sobell, 2011-06-22 This authoritative book presents a groundbreaking evidence based approach to conducting therapy groups for persons with substance use disorders The approach integrates cognitive behavioral motivational interviewing and relapse prevention techniques while capitalizing on the power of group processes Clinicians are provided with a detailed intervention framework and clear cut strategies for helping clients to set and meet their own treatment goals More than two dozen ready to use reproducible assessment tools handouts homework exercises and session outlines are supplied in a convenient large size format **Coming Clean** Robert Granfield, William Cloud, 1999-11-01 Explodes the myth of the disease model of addiction Certain to ruffle the feathers of the multi billion dollar treatment industry Peter Adler University of Denver Despite the widely accepted view that formal treatment and twelve step groups are essential for overcoming dependencies on alcohol and drugs each year large numbers of former addicts quietly recover on their own without any formal treatment or participation in self help groups at all *Coming Clean* explores the untold stories of untreated addicts who have recovered from a lifestyle of excessive and compulsive substance use without professional assistance Based on 46 in depth interviews with formerly addicted individuals this controversial volume examines their reasons for avoiding treatment the strategies they employed to break away from their dependencies the circumstances that facilitated untreated recovery and the implications of recovery without treatment for treatment professionals as well as for prevention and drug policy Because of the pervasive belief that addiction is a disease requiring formal intervention few training programs for physicians social workers psychologists and other health professionals explore the phenomenon of natural recovery from addiction *Coming Clean* offers insights for treatment professionals of how recovery without treatment can work and how candidates for this approach can be identified A detailed appendix outlines specific strategies which will be of interest to addicted individuals themselves who wish to attempt the process of recovery without treatment Relying on the actual words and experiences of recovering drug addicts Granfield and Cloud convincingly challenge conventional wisdom concerning how people can recover from their addictions A must read for even the most confident advocate of professional treatment Sanford Schwartz Virginia Commonwealth University **A Practical Guide to Ubuntu Linux** Mark G. Sobell, 2015 Mark Sobell presents a comprehensive start to finish reference for installing configuring and working with Ubuntu Linux desktop and servers Promoting Self-Change from Problem Substance Use Harald Klingemann, Linda C. Sobell, J. Barker, J. Blomqvist, W. Cloud, T. Ellinstad, D. Finfgeld, R. Granfield, D. Hodgings, G. Hunt, C. Junker, F. Moggi, S. Peele, R. Smart, M. Sobell, J. Tucker, 2012-12-06 For many years what has been known about recovery from addictive behaviors has come solely from treatment studies Only recently has the study of recoveries in the absence of formal treatment or self help groups provided an alternative source of information This book on the process of self change from addictive behaviors is the first of its kind as it presents more than research findings Rather it presents the process of self

change from several different perspectives environmental cross cultural prevention and interventions at both societal and individual level It provides strategies for how health care practitioners and government policy makers alike can aid and foster self change Directions for future research priorities are also presented

Handbook of Psychological Assessment, Case Conceptualization, and Treatment, Volume 1 Michel Hersen, Johan Rosqvist, 2007-11-02 Edited by recognized experts Michel Hersen and Johan Rosqvist Handbook of Psychological Assessment Case Conceptualization and Treatment Volume 1 Adults is a thorough and practical reference for those working with adults Bringing together the most current theories and evidence based applications chapters address issues of importance including ethics medical issues panic and agoraphobia obsessive compulsive disorder and posttraumatic stress disorder Each chapter follows a structured format opening with an overview of assessment followed by case conceptualization and finally recommended treatment

A Practical Guide to Linux Commands, Editors, and Shell Programming Mark G. Sobell, Matthew Helmke, 2017-11-20 The Most Useful Tutorial and Reference with Hundreds of High Quality Examples for Every Popular Linux Distribution First Sobell taught people how to use Linux now he teaches you the power of Linux A must have book for anyone who wants to take Linux to the next level Jon maddog Hall Executive Director Linux International Discover the Power of Linux Covers macOS too Learn from hundreds of realistic high quality examples and become a true command line guru Covers MariaDB DNF and Python 3 300 page reference section covers 102 utilities including macOS commands For use with all popular versions of Linux including Ubuntu TM Fedora TM openSUSE TM Red Hat Debian Mageia Mint Arch CentOS and macOS Linux is today s dominant Internet server platform System administrators and Web developers need deep Linux fluency including expert knowledge of shells and the command line This is the only guide with everything you need to achieve that level of Linux mastery Renowned Linux expert Mark Sobell has brought together comprehensive insightful guidance on the tools sysadmins developers and power users need most and has created an outstanding day to day reference updated with assistance from new coauthor Matthew Helmke This title is 100 percent distribution and release agnostic Packed with hundreds of high quality realistic examples it presents Linux from the ground up the clearest explanations and most useful information about everything from filesystems to shells editors to utilities and programming tools to regular expressions Use a Mac You ll find coverage of the macOS command line including macOS only tools and utilities that other Linux UNIX titles ignore A Practical Guide to Linux Commands Editors and Shell Programming Fourth Edition is the only guide to deliver A MariaDB chapter to get you started with this ubiquitous relational database management system RDBMS A masterful introduction to Python for system administrators and power users In depth coverage of the bash and tcsh shells including a complete discussion of environment inheritance and process locality plus coverage of basic and advanced shell programming Practical explanations of core utilities from aspell to xargs including printf and sshfs curlftpfs PLUS macOS specific utilities from ditto to SetFile Expert guidance on automating remote backups using rsync Dozens of system security tips including step by step

walkthroughs of implementing secure communications using ssh and scp Tips and tricks for customizing the shell including step values sequence expressions the eval builtin and implicit command line continuation High productivity editing techniques using vim and emacs A comprehensive 300 plus page command reference section covering 102 utilities including find grep sort and tar Instructions for updating systems using apt get and dnf And much more including coverage of BitTorrent gawk sed find sort bzip2 and regular expressions

A Practical Guide to Red Hat Linux 8 Mark G. Sobell,2003 Based on his successful A Practical Guide to Linux Sobell is known for his clear concise and highly organized writing style This new book combines the strengths of a tutorial and those of a reference to give readers the knowledge and skills to master Red Hat Linux

Review of Behavior Therapy ,1987

A Practical Guide to Fedora and Red Hat Enterprise Linux Mark G. Sobell,2014 A Practical Guide to Fedora and Red Hat Enterprise Linux takes the reader from beginner to advanced Mark Sobell teaches both the hows and the whys of Fedora and Red Hat Enterprise Linux to help readers reach the solution faster than ever Now fully updated for both Fedora Core 19 and Red Hat Enterprise Linux 7 this new edition walks readers through every essential feature and technique they ll need now and for years to come

Women and Drinking: Preventing Alcohol-Exposed Pregnancies Mary Marden Velasquez,Karen S. Ingersoll,Mark B. Sobell,Linda Carter Sobell,2016-12-19 An essential resource for anyone providing help or services to women at risk for alcohol exposed pregnancies Drinking during pregnancy can cause a range of disabilities that have lifelong effects yet are 100% preventable A variety of brief motivational behavioral interventions developed for nonpregnant women of childbearing age can effectively prevent alcohol exposed pregnancies AEP This book outlines clinical definitions and the history of Fetal Alcohol Spectrum Disorders FASD epidemiology and effects across the lifespan evidence based prevention practices such as CHOICES and CHOICES like interventions and opportunities for dissemination Based on decades of scientific research and clinical refinement this volume is packed with helpful illustrative case vignettes therapist patient dialogues sample forms and handouts The information and resources presented will help a wide variety of practitioners in diverse settings ranging from high risk settings such as mental health and substance abuse treatment centers to primary care clinics and universities deliver interventions targeting behavior change

Congressional Record United States. Congress,1967 The Congressional Record is the official record of the proceedings and debates of the United States Congress It is published daily when Congress is in session The Congressional Record began publication in 1873 Debates for sessions prior to 1873 are recorded in The Debates and Proceedings in the Congress of the United States 1789 1824 the Register of Debates in Congress 1824 1837 and the Congressional Globe 1833 1873

Creating Learning Environments Therese M. Herman,1977

From Sin to Disease Jonathan K. Okinaga,2022-09-23 Since Benjamin Rush first introduced the disease of wills as the cause of alcoholism a steady and slow infiltration of the disease model has infected how the church treats those who struggle with addictions The first organization that truly sought to remove the soul care of addicts from the church was Alcoholics

Anonymous AA through their bestselling *The Big Book of AA* and the introduction of the 12 Steps AA's influence on how the church confronts addiction still reverberates today with many of the ministries that address addiction firmly rooted in what can be found in AA literature. Addictions were once viewed as an issue caused by sin and best addressed through faith and prayer. Currently addiction is seen through the lens of disease. The ramifications are consequential as more church members are struggling with addictions than ever before. Tracing the progression of addiction from sin to disease will reveal that the SBC and its churches have been negligent in understanding the underlying foundations of AA and the influence that the medicalization of substance abuse has had on how churches approach what should be classified as a sin issue. Complete Guide to CISM Certification Thomas R. Peltier, Justin Peltier, 2016-04-19 The Certified Information Security Manager CISM certification program was developed by the Information Systems Audit and Controls Association ISACA. It has been designed specifically for experienced information security managers and those who have information security management responsibilities. **The Complete After the Cold War** Robert Owen Keohane, Joseph S. Nye (Jr.), Stanley Hoffmann, 1993 FROST Copy 2 From the John Holmes Library Collection A Practical Guide to UNIX for Mac OS X Users Mark G. Sobell, Peter Seebach, 2005-12-21 The Most Useful UNIX Guide for Mac OS X Users Ever with Hundreds of High Quality Examples Beneath Mac OS X's stunning graphical user interface GUI is the most powerful operating system ever created. UNIX With unmatched clarity and insight this book explains UNIX for the Mac OS X user giving you total control over your system so you can get more done faster. Building on Mark Sobell's highly praised *A Practical Guide to the UNIX System* it delivers comprehensive guidance on the UNIX command line tools every user, administrator and developer needs to master together with the world's best day to day UNIX reference. This book is packed with hundreds of high quality examples. From networking and system utilities to shells and programming this is UNIX from the ground up both the whys and the hows for every Mac user. You'll understand the relationships between GUI tools and their command line counterparts. Need instant answers? Don't bother with confusing online manual pages, rely on this book's example rich quick access 236 page command reference. Don't settle for just any UNIX guidebook. Get one focused on your specific needs as a Mac user. *A Practical Guide to UNIX for Mac OS X Users* is the most useful comprehensive UNIX tutorial and reference for Mac OS X and is the only book that delivers better more realistic examples covering tasks you'll actually need to perform. Deeper insight based on the author's immense knowledge of every UNIX and OS X nook and cranny. Practical guidance for experienced UNIX users moving to Mac OS X. Exclusive discussions of Mac only utilities including `plutil`, `ditto`, `nidump`, `otool`, `launchctl`, `diskutil`, `GetFileInfo` and `SetFile`. Techniques for implementing secure communications with `ssh` and `scp` plus dozens of tips for making your OS X system more secure. Expert guidance on basic and advanced shell programming with `bash` and `tcsh`. Tips and tricks for using the shell interactively from the command line. Thorough guides to `vi` and `emacs` designed to help you get productive fast and maximize your editing efficiency. In depth coverage of the Mac OS X filesystem and access permissions including

extended attributes and Access Control Lists ACLs A comprehensive UNIX glossary Dozens of exercises to help you practice and gain confidence And much more including a superior introduction to UNIX programming tools such as awk sed otool make gcc gdb and CVS

Enhancing Motivation for Change in Substance Abuse Treatment William R. Miller, 1999

This report is based on a rethinking of the concept of motivation which is redefined here as purposeful intentional positive directed toward the person's best interests This report shows how substance abuse treatment staff can influence change by developing a therapeutic relationship that respects builds on the client's autonomy makes the treatment clinician a partner in the change process Describes motivational interventions that can be used at all stages of the change process from pre-contemplation preparation to action maintenance informs readers of the research results tools assessment instruments related to enhancing motivation

The Red Atlantis J. Hoberman, 1998

For most of the twentieth century American and European intellectual life was defined by its fascination with a particular utopian vision Both the artistic and political vanguards were spellbound by the Communist promise of a new human era so much so that its political terrors were rationalized as a form of applied evolution and its collapse hailed as the end of history The Red Atlantis argues that Communism produced a complex culture with a dialectical relation to both modernism and itself Offering examples ranging from the Stalinist show trial to Franz Kafka's posthumous career as a dissident writer And The work of filmmakers painters and writers which can be understood only as criticism of existing socialism made from within The Red Atlantis suggests that Communism was an aesthetic project perhaps the aesthetic project of the twentieth century Author note J Hoberman staff writer for the Village Voice writes on film and culture for the Voice the Voice Literary Supplement Artforum and other publications His books include Bridge of Light Yiddish Film Between Two Worlds Temple 1995 and Vulgar Modernism Writing on Movies and Other Media Temple 1991 which was nominated For The National Book Critics Circle award in criticism He is an Adjunct Professor of Cinema at the Cooper Union

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