# USSF "D" License- Session Plan Help

- HOW?-Techniques that are important to this topic.
  - Obviously, these will be covered mostly in the technical warm-up.
  - Be sure to consider the specific techniques that occur on certain regions of the field.
    - For instance, in Improve your team's ability to defend against wide attacking play you should discuss not only the 1v1 defending abilities of the #2 and #3 players, but also discuss the ability of the GK #1 to cut out crosses and organize the defense.

# **Ussf D License Manual**

**Glenn Alpert** 

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Coaching U11-U12 Youth Soccer: 9v9 Training Curriculum Glenn Alpert,2024-08-01 This U11 U12 Curriculum is the third in a series of publications covering a step by step systematic process for developing youth soccer players from six years old U7 age group up through the end of high school U19 which marks the conclusion of a player s youth soccer career Coaching U9-U10 Youth Soccer: 7v7 Training Curriculum Glenn Alpert,2024-08-01 This U9 U10 Curriculum is the second in a series of publications covering a step by step systematic process for developing youth soccer players from six years old U7 age group up through the end of high school U19 which marks the conclusion of a player s youth soccer career

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