

The Ultimate Guide to Anal Sex for Woman

by Tristan Taormino, Cleis Press, San Francisco, 1998

Sue O'Sullivan

OVER ten years ago an editor I knew asked if I would be interested in writing a book on anal health for women. Her interest was personal. She had suffered from a dismal anal fissure and could find no information in any of the many women's health books she searched through. My friend had spoken openly about her fissure and discovered that she was unusual in her outspokenness. She told very good friends as well as acquaintances about her fissure and that seemed to allow these other women, hitherto silent, to reveal their own stories of anal distress. It was apparent that an active taboo was in play. She hoped I'd be interested in taking on this taboo. After some hesitation I accepted the challenge.

The book I envisioned started out with a focus on health, but anal eroticism and an exploration of the taboos which surround it quickly moved to share equal space with health matters. The more I read and talked to women the more I realised that, not surprisingly, women's experiences of anal sex and questions of anal health were interwoven. I interviewed a variety of women, old and young, heterosexual and lesbian. I talked to doctors who told me tales of the things people stick up their bums and women who told me horror stories of haemorrhoids and fissures. Women recalled childhood experiences of family attitudes to 'shit, sin and dirt' as well as secret, half-remembered anal pleasures. Women also revealed suffering child sexual abuse, including anal penetration and the pain of unwanted anal sex as adults. Women spoke too about their desires for anal sex and whether or not they had been able to explore those desires. I thought about anal sex in relation to birth control and HIV/AIDS.

My 'bum book' project, as I referred to it, aroused considerable interest at a major international book fair. Then my friend's press went bust. After a long journey, the rights were

part of a takeover deal. Then, out of the blue, the powers that be at the new publishers decided that a book on anal health and sexuality for women was out of the question and axed it. The editor maintained that there would be no market for it. You could practically hear the disgust drip off her tongue! I gave up and decided it was something I would come back to later, but I never did.

I therefore came to *The Ultimate Guide to Anal Sex for Women* with strong ideas of my own and big hopes. Tristan Taormino has produced what is first and foremost a sex guide – the title announces it and that is what she sets out to do. It is couched in sexy, raunchy language – shit is shit, fuck is fuck and that's the way it is. This is a guide about approaching and practicing anal sex and about the possible pleasures of anal sex for women. Tristan Taormino is a keen anal sex aficionado. Her introduction conveys the passion and pleasure which anal sex can induce, and she targets women who are at ease with sexy language and possibilities, no matter how inexperienced they are.

It is important that I point out who this book is for, in the context of my experience at the World AIDS Conference in Geneva in July 1998, where I facilitated a group exploring sexuality in a pre-conference satellite session on women and HIV/AIDS. Women from around the world, some communicating through translators, talked about sex. Women from the Indian subcontinent were especially vocal about the need to break through taboos around sex in order to address the reality of women's sexual lives. They, among many others, demanded that the taboos around anal sex be breached.

In that session, women from diverse cultures reported that women are having anal sex with their husbands, partners and sex clients. Many are being forced to have anal sex. Some are being abused or raped. Yet the official discourse around women and AIDS rarely talks as if this is a reality.

Ultimate Guide To Anal Sex Djvu

James Anders, Rachel Anders



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addiction and its science such as the National Institute on Alcohol Abuse and Alcoholism and the National Institute on Drug Abuse The book will appeal to a wide and interdisciplinary range of professionals especially those with interest or duties relating to addiction related disorders and in particular physicians seeking certification status via either the American Board of Addiction Medicine or the American Board of Psychiatry and Neurology A companion Website will offer the fully searchable text Nutrition Perspectives ,2006 Embedded Systems Design with 8051 Microcontrollers Zdravko Karakehayov,2018-10-08 A presentation of developments in microcontroller technology providing lucid instructions on its many and varied applications It focuses on the popular eight bit microcontroller the 8051 and the 83C552 The text outlines a systematic methodology for small scale control dominated embedded systems and is accompanied by a disk of all the example problems included in the book **Acting For Real** Renée Emunah,2019-09-18 This second edition takes the reader further into the heart of using drama for healing Dr Emunah offers an expanded understanding of her Integrative Five Phase model a foundational approach that embraces the wide spectrum of possibilities within the playing field of drama therapy Grounded by compassionate clinical examples including ones that reach over time into deep seated issues the book offers tools for action oriented treatment embodied therapeutic interventions and creatively engaging a wide variety of clients This comprehensive text also contains over 120 techniques categorized by phases in the session and treatment series and subcategorized by therapeutic objective Process oriented drama therapy with group and individuals as well as performance oriented forms are described in vivid detail New to the second edition is an exploration of drama therapy outside of the clinical arena including dramatic methods in family life and parenting and drama therapy geared toward social change PC Magazine ,1996-06 Factsheet Five , **Computer Gaming World** , *Microtimes* ,1988 **Bend Over!** Stephan Niederwieser,2013

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