

TOO CLOSE FOR COMFORT

Exploring
the Risks
of
Intimacy



Geraldine K. Piorkowski

Too Close For Comfort Exploring The Risks Of Intimacy



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Too Close For Comfort Exploring The Risks Of Intimacy:

Too Close For Comfort Geraldine K. Piorkowski, 2007-10-10 Countless experts offer us advice on how to create the perfect relationship fostering the unrealistic expectation that forming an intimate bond will be a painless experience Unfortunately few experts are willing to confront the powerful challenges and emotions inherent within close relationships today In contrast to other intimacy books *Too Close for Comfort* vividly describes the surprising dangers damage to self esteem inadequacies and immaturities that characterize the contemporary state of romantic intimacy *Too Close for Comfort* compassionately explores the risks and misunderstandings that occur within many intimate relationships Romantic partners tend to hurt each other not only by insensitivity and neglect but also by criticism abuse and betrayal most of which spring from insecurity Dr Piorkowski a noted consulting psychologist and educator focuses on the vulnerability both partners experience in intimacy due to the emergence of strong unrealistic needs that are almost impossible to satisfy The author contends that people avoid the perils of intimacy by donning one or more defensive masks ranging from acting superior to mysterious comical to withdrawn self sufficient to dependent in an effort to protect themselves from emotional exposure Presenting a fascinating range of clinical examples she sensitively depicts the fears of intimacy that limit contact namely psychological concerns about loss of control or autonomy feelings of disappointment and abandonment or of being attacked and made to feel guilty Depicting women's reliance on verbal expression to achieve an emotional connection versus men's dependence on physical contact Dr Piorkowski brilliantly elucidates the complex barriers to intimacy especially the chasms of misunderstanding created by vast sexual differences and attitudes While this book is unique in its exposition of the dangers in intimacy its message is not pessimistic

Adult Children of Divorce Geraldine K. Piorkowski, 2008-10-30 Romantic love is often an elusive fragile and tenuous state difficult to maintain across time The rates of divorce re divorce relationship violence and abuse today attest to the fact we are failing at romantic love And for teen aged and adult children of divorce romantic love can be especially elusive Because they have no roadmap for a satisfying stable romantic relationship derived from their own parents they are confused by what love is and tend to make poor partner choices Borrowing heavily from popular culture for unrealistic standards regarding love they become disillusioned when their all too ordinary lovers don't measure up Especially vulnerable to the problems their parents had they tend to overreact in a similar negative fashion and are all too ready to consider divorce when unhappiness strikes In attempting to halt intergenerational transmission of divorce Psychologist Piorkowski points to how we can recognize that American popular culture presents an overly sexualized explosive and superficial version of love that can't last With this book adult children of divorce can begin to see how they have been affected by familial experiences and develop a new realistic map to find more fulfilling and enduring romantic relationships Piorkowski in an extensive review of literature also looks at cultural factors and how they impact romantic love and marriage In contrast to American popular culture's shallow rendition of romantic love many cultures elsewhere in the

world emphasize compatibility religion and family allegiance As a result says the author such marriages appear more stable than American unions built upon the shifting sands of emotion **Readings** ,1992 The Encyclopedia of Stress and Stress-Related Diseases, Second Edition Ada P. Kahn,2006 Presents information on stresses in the environment their causes effects and possible ways to minimize or eliminate them *Too Close For Comfort* Geraldine K. Piorkowski,2007-10-10

Countless experts offer us advice on how to create the perfect relationship fostering the unrealistic expectation that forming an intimate bond will be a painless experience Unfortunately few experts are willing to confront the powerful challenges and emotions inherent within close relationships today In contrast to other intimacy books *Too Close for Comfort* vividly describes the surprising dangers damage to self esteem inadequacies and immaturities that characterize the contemporary state of romantic intimacy *Too Close for Comfort* compassionately explores the risks and misunderstandings that occur within many intimate relationships Romantic partners tend to hurt each other not only by insensitivity and neglect but also by criticism abuse and betrayal most of which spring from insecurity Dr Piorkowski a noted consulting psychologist and educator focuses on the vulnerability both partners experience in intimacy due to the emergence of strong unrealistic needs that are almost impossible to satisfy The author contends that people avoid the perils of intimacy by donning one or more defensive masks ranging from acting superior to mysterious comical to withdrawn self sufficient to dependent in an effort to protect themselves from emotional exposure Presenting a fascinating range of clinical examples she sensitively depicts the fears of intimacy that limit contact namely psychological concerns about loss of control or autonomy feelings of disappointment and abandonment or of being attacked and made to feel guilty Depicting women s reliance on verbal expression to achieve an emotional connection versus men s dependence on physical contact Dr Piorkowski brilliantly elucidates the complex barriers to intimacy especially the chasms of misunderstanding created by vast sexual differences and attitudes While this book is unique in its exposition of the dangers in intimacy its message is not pessimistic *Family Therapy* ,1993 *The Complete Idiot's Guide to Enhancing Your Social IQ* Gregory P. Korgeski Ph.D.,2008-12-02 Simple steps to connecting with others Now readers can raise their social intelligence quotient with a little self knowledge and practice Beginning with a series of short quizzes that generate a personal social profile this guide explains how readers can enhance their ability to create and sustain mutually enriching relationships make friends and build a rich social network Social intelligence is the new buzz word in the psychology of relationships Includes social personality quizzes Hot new self help topic Author Gregory Korgeski PhD has more than 30 years of experience as a licensed psychologist **Families in Society** ,1994 **BEYOND PIPE DREAMS AND PLATITUDES** Geraldine K. Piorkowski, Ph.D.,2020-10-29 In this eye opening collection of essays Dr Geraldine K Piorkowski shares what she learned working with people from different socioeconomic levels races sexual orientations and walks of life Besides reaffirming that all people are fundamentally the same she discovered many psychological realities that run counter to popular culture Among her insights is the observation

that positive thinking does more harm than good at times especially when it bypasses the normal processing of negative events and emotions Another cultural misdirection is the overemphasis on romantic love as the be all and end all of existence where unrealistic expectations lead to love's downfall She also notes that unhealthy narcissism which runs rampant in American culture is quite different from the healthy variety that is the bedrock of self love These illuminating and provocative essays titled 1 Positive Thinking Isn't All It's Cracked Up to Be 2 When Is Madness Better than Sadness 3 Romantic Love Is Mostly an Illusion 4 Vulnerable People Are More Likable than Super Confident Ones 5 You Can't Make Anybody Do Anything 6 Luck or Chance Has Been Badly Underrated 7 A Smidgen of Narcissism Adds Joy and Spice to Life and 8 Empathy and Healthy Religion Go Hand in Hand all provide a new understanding of psychological health and well being *How to Love Your Wife* John R. Buri, 2006-11 But because the majority of marriages in this country consist of unions in which wives are more heavily invested in marital success than are their husbands much of this sensible effort by reasonable people needs to be consistently initiated and maintained by men In fact men often hold the keys to bringing about the type of loving marriage they had hoped for when they first said I do In *How To Love Your Wife* Dr Buri makes these keys clear understandable and accessible **Handbook on the Tourist Experience** Agapito, Dora, Ribeiro, Manuel A., Woosnam, Kyle Woosnam M., 2022-07-19 Offering an overview of current issues around design marketing and management of experiences from the tourist perspective this comprehensive Handbook critically reviews the key debates and developments within the field Empirical chapters by international contributors explore a range of perspectives challenges opportunities for future research and best managerial practices Demystifying Theories in Tourism Research Kelly Bricker, Holly Donohoe, 2015-12-04 It often seems that there is more confusion than consensus regarding tourism theory Does tourism have theories it can truly own or does it just borrow from other academic disciplines It can be difficult to understand the theories and conceptual frameworks available and how to apply these ideas to a research endeavour This book reviews theoretical perspectives on tourism from planning and management through marketing and host communities to the tourism consumers themselves Covering issues such as tour guiding rural tourism development and destination image it provides a complete guide to the industry Including pedagogical features throughout this book is an accessible approach to a controversial subject *Aslib Book Guide*, 1994 **The Publishers Weekly**, 1994 **Insider's Guide to Book Editors, Publishers and Literary Agents, 1995-1996** Jeff Herman, 1994-10-10 No other book gives aspiring authors the inside scoop on the names and interest areas of acquisition editors This vital information makes all the difference when submitting a book proposal Fully revised to keep on top of the rapidly changing publishing world this guide includes information on the book acquisition process literary agents submission ghost writing and more Divorce and Children Roman Espejo, 2015-04-27 This book explores issues pertaining to divorce and children including children's rights in divorce custody and visitation decisions the duties of the parents during divorce and blended families Essays debate each issue allowing readers to think critically while

learning new information **Tourism and Gender** Annette Pritchard, 2007-01-01 While contemporary popular discourses dismiss gender and feminism as passé patriarchy and sexism continue to limit human possibilities around the globe The tourism industry can be a force for empowerment but it can also shore up exploitative gendered practices At the same time tourism enquiry itself continues to be dominated by western masculinist approaches This collection of studies seeks to advance feminist and gender tourism studies with its focus on embodiment Broad themes include the construction of narratives how discourses of desire sensuality and sexuality pervade the tourism experience the use of the body to represent femininity masculinity and sensuality and finally how travel and tourism allow for empowerment resistance and carnivalesque opportunities Marriage Mediator Karl Schmidt, 1999-06 *Mademoiselle*, 1998 **Sexual Abuse** Gloudina Maria Spies, Christiaan Bezuidenhout, 2006 Sexual abuse is a highly complex phenomenon that encompasses the dynamics of sexual abuse the wide ranging effects it has on child victims and their families the legal rights of all the parties involved and the role played by professional practitioners working in this field

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