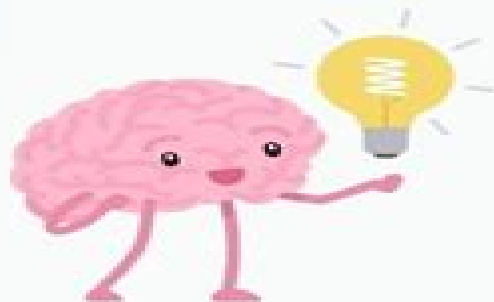


Key Emotion Areas Of The Brain



Amygdala: triggers fear and anger



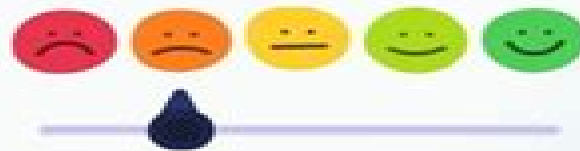
Hippocampus: links emotions to memories



Hypothalamus: controls physical stress response



Prefrontal cortex: regulates and reappraises emotions



Insula: senses internal body states and emotional awareness



Anterior cingulate cortex: processes emotional pain and empathy

The Emotional Brain

G Psacharopoulos



The Emotional Brain:

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 $\frac{1}{2} \int \cos u \, du$