



UN CHEF DANS MA CUISINE

III

ERIC FRECHON

SOUPE

Les recettes des soupes de la cuisine de Eric Frechon

SOLARIS

Soupes Eric Freacutetchon

Éric Frechon



Soupes Eric Freacutechon:

Soupes - Eric Fréchon Éric Frechon, 2013-08-29 Dans la nouvelle collection Un chef dans ma cuisine Eric Frechon grand chef triple toïl vous propose 30 recettes de soupes raffin es mais simples r aliser et accessibles un petit prix Mettant son savoir faire la port e de tous Eric Frechon vous livre ici ses secrets travers 30 recettes gourmandes de soupes chaudes ou froides sal es et sucr es servir en entr e plat ou dessert velout d asperges blanches pur e de petits pois la menthe soupe glac e de concombre au lait de coco montgolfi re de moules champignons de Paris soupe de pain br l aux ravioles de foie gras consomm de ch taignes torr fi es topinambour et cume de truffe soupe de p che la verveine et amandes craquantes soupe d ananas la coriandre et gingembre Pour chaque recette 1 photo du plat r alis et 1 photo des ingr dients Pour chaque recette le conseil du chef pour vous faciliter la vie en cuisine Les soupes d Eric Frechon est un concentr de bonnes id es et de recettes adapt es la vie quotidienne faciles et simples r aliser Alors n h sitez plus ressortez votre toque et tous aux fourneaux

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