

Name:

Date:

Course/Yr/Section:

**LABORATORY ACTIVITY
MUSCULAR SYSTEM**

Scope of Laboratory Activity

This laboratory activity consists of four (4) parts:

1. Comparison of 3 types of muscles
2. Skeletal Muscle Fibers & Structure of Sarcomere
3. Major Muscles of the Human Body
4. Muscle Movements

Objectives:

After completing this laboratory activity, the student will be able to:

1. Describe the different characteristics of skeletal, cardiac and smooth muscles
2. Identify skeletal muscle fibers and structure of sarcomere
3. Identify the major muscles in the human body.
4. Demonstrate the different muscle movements.

PART 1:

Identify the 3 types of muscles, location, appearance and regulation of contraction. (12 points)

Type of Muscle	Location	Appearance	Contraction
1.			
2.			
3.			

The Muscular System A Lab Activity Haspi Answers

Stephen N. Sarikas



The Muscular System A Lab Activity Haspi Answers:

Laboratory Investigations in Anatomy and Physiology Stephen N. Sarikas, 2007 This concise lab manual is designed for instructors who wish to avoid cookbook style lab instruction for Anatomy Physiology Through the use of an engaging connective learning methodology author Stephen Sarikas builds each lab exercise step on the previous one helping readers to understand complex ideas and make connections between concepts KEY TOPICS Introduction to Anatomy Physiology Body Organization and Terminology Care and Use of the Compound Light Microscope The Cell Cell Structure and Cell Division Membrane Transport Tissues Epithelial and Connective Tissues The Integumentary System The Skeletal System The Axial Skeleton The Appendicular Skeleton Articulations The Muscular System Histology of Muscle Tissue Gross Anatomy of the Muscular System Physiology of the Muscular System The Nervous System Histology of Nervous Tissue The Brain and Cranial Nerves The Spinal Cord and Spinal Nerves Human Reflex Physiology Special Senses The Endocrine System The Cardiovascular System Blood Cells Gross Anatomy of the Heart Anatomy of Blood Vessels Cardiovascular Physiology The Lymphatic System The Respiratory System Anatomy of the Respiratory System Respiratory Physiology The Digestive System Anatomy of the Digestive System Actions of a Digestive Enzyme The Urinary System Urinary Physiology The Reproductive Systems Introduction to the Cat and Removal of the Skin Dissection of the Cat Muscular System Dissection of the Cat Nervous System Dissection of the Cat Ventral Body Cavities and Endocrine System Dissection of the Cat Cardiovascular System Dissection of the Cat Lymphatic System Dissection of the Cat Respiratory System Dissection of the Cat Digestive System Dissection of the Cat Urinary System Dissection of the Cat Reproductive System KEY MARKET For all readers interested in anatomy physiology labs

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