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TRADITIONAL BEEF WELLINGTON

RECIPE BY GORDON RAMSAY

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Serves 6 people

1.5 hrs cooking time

1.5 hrs preparing time

Advanced level

Ingredients

Main

- 500g whole beef fillet
- 10g English mustard
- 150g square piece puff pastry
- 50g egg yolk for brushing
- 20g butter

Mushroom duxelles

- 250g button mushrooms
- 2 cloves garlic
- 10g picked and chopped thyme
- 100ml madeira wine
- 100ml chicken stock
- 1 x 200g chicken breast
- 20ml double cream
- 40g chopped parsley
- Salt/pepper

Crepes

- 21 eggs
- 125g milk
- 50g flour
- Salt to taste
- 20g chopped chives

Cooking instructions

Make the duxelles

- Heat the butter and oil in a 10-inch skillet over low heat. Add the shallots and cook, stirring often, until translucent, 3 to 4 minutes. Add the mushrooms, stir well, and raise the heat to medium.
- Cook, stirring occasionally, until the mushrooms have cooked down to a thick, almost black mixture, about 15 minutes. Season with a pinch of salt and a few grinds of pepper.
- Stir in the parsley; then transfer to a small bowl and cool completely. (The duxelles can be refrigerated for up to 2 days or frozen for up to 2 months.)

Begin the Madeira sauce

- Bring 6 cups of the stock to a boil in a 12-inch skillet over medium-high heat and boil until reduced to 2 cups, 20 to 25 minutes.
- Add the Madeira and continue boiling until the liquid is again reduced by 2 cups, about 5 minutes.
- Season to taste with salt and pepper. (The sauce can be prepared up to 1 day ahead. Finish the sauce just before serving the Wellington.)

Make the crêpes

- In a large bowl, whisk the flour and salt. Make a well in the center, break in the eggs, and mix, gradually incorporating the milk. Gently whisk the eggs and milk, gradually incorporating the butter. (The batter can be covered and set aside for up to an hour at this point.)
- Melt the butter in a 10-inch skillet over medium-low heat. Swirl the pan to coat with the butter; pour the excess butter into the batter. Reserve the rest for greasing the pan between crêpes. Increase the heat to medium-high and pour 1/4 cup of the batter into the skillet. Swirl so the butter thinly and evenly coats the base of the pan.
- Cook until the crêpe is spotted with brown on the underside, about 1 minute. Flip and cook the other side until lightly browned, 30 seconds to 1 minute more.
- Repeat with the remaining batter, greasing the pan off the heat as necessary. Transfer the crêpes to a plate, separating them with sheets of parchment, and cool. You'll need 8 crêpes.

Assemble and bake the Wellington

- Remove the beef from the refrigerator about an hour ahead so it has time to lose its chill. Pat the beef dry and season all over with salt and pepper. Heat the oil in a 12-inch skillet over high heat until very hot. Sear the beef until it is evenly browned over (don't worry about the crust), 2 to 3 minutes per side. Transfer the beef to a baking sheet and cook in a medium bowl, brush the pulp and the duxelles with a fork until they form a soft paste.
- Lay 4 crêpes on a clean work surface, overlapping them just enough to give you a 13x13-inch roughly square surface. Dot the parchment over the crêpes, then use an offset spatula to spread it evenly across the crêpes' surface.
- Place the tenderloin in the center of the crêpes and carefully wrap them around the feet, pressing and molding them into place. Trim off any excess crêpe at the ends.
- If using store-bought puff pastry that's packaged as 2 sheets, fuse the sheets together by lightly overtopping them and lightly rolling over the seam until adhered.

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Top 1recipe Sites

Victor M. Corman

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Top 1recipe Sites:

The book delves into Top 1recipe Sites. Top 1recipe Sites is a crucial topic that needs to be grasped by everyone, from students and scholars to the general public. This book will furnish comprehensive and in-depth insights into Top 1recipe Sites, encompassing both the fundamentals and more intricate discussions.

1. The book is structured into several chapters, namely:

- Chapter 1: Introduction to Top 1recipe Sites
- Chapter 2: Essential Elements of Top 1recipe Sites
- Chapter 3: Top 1recipe Sites in Everyday Life
- Chapter 4: Top 1recipe Sites in Specific Contexts
- Chapter 5: Conclusion

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4. In chapter 3, this book will examine the practical applications of Top 1recipe Sites in daily life. The third chapter will showcase real-world examples of how Top 1recipe Sites can be effectively utilized in everyday scenarios.
5. In chapter 4, this book will scrutinize the relevance of Top 1recipe Sites in specific contexts. This chapter will explore how Top 1recipe Sites is applied in specialized fields, such as education, business, and technology.
6. In chapter 5, this book will draw a conclusion about Top 1recipe Sites. This chapter will summarize the key points that have been discussed throughout the book.

This book is crafted in an easy-to-understand language and is complemented by engaging illustrations. This book is highly recommended for anyone seeking to gain a comprehensive understanding of Top 1recipe Sites.

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