

FOOD NUTRITION Multiple Choice Questions and Answers :-

PDF

1. A substance needed by the body for growth, energy, repair and maintenance is called a _____.

- A: nutrient
- B: carbohydrate
- C: vitamin
- D: fatty acid

Ans: A

2. All of the following are nutrients found in food except _____.

- A: glucose
- B: proteins
- C: carbohydrates
- D: vitamins

Ans: A

3. A diet high in saturated fats can be linked to which of the following?

- A: kidney failure
- B: leukemia
- C: osteoarthritis
- D: cardiovascular disease

Ans: D

Understanding Nutrition Study Guide Answers

Jeanette Barbara Joyce



Understanding Nutrition Study Guide Answers:

Study Guide to Accompany Whitney, Hamilton Understanding Nutrition, Third Edition Lorraine E.

Bailey,Eleanor Noss Whitney,1984 Special or highlighted themes are included under most of the topic areas e g sugar addiction under the topic of overweight and underweight world hunger under the topic of fat soluble vitamins This study guide is aimed at improving the student s understanding of nutritional concepts and their impacts on health *Nutrition Education Materials and Audiovisuals for Grades 7-12* Shirley King Evans,1993 CWOCN Exam Practice Questions and Study Guide 2025-2026 Jeanette Barbara Joyce, CWOCN Exam Practice Questions and Study Guide 2025 2026 is your trusted and focused resource for preparing to pass the Wound Ostomy and Continence Nursing Certification Exam This guide includes 850 practice questions with clear explanations designed to help nurses master essential knowledge and clinical reasoning skills This book breaks down complex content into straightforward topics covering wound care ostomy management continence care and professional decision making Each section includes case based questions and rationales that reflect real world patient scenarios helping you think like a certified WOC nurse Ideal for WOCN students registered nurses and advanced practice nurses preparing for certification this study guide supports independent learning review groups and academic programs Created by nurse educator Jeanette Barbara Joyce the content is written in plain practical language that promotes retention and test day readiness Inside this book 850 CWOCN style practice questions Detailed rationales for every answer Clinical scenarios that reflect real patient care Study tips quick reference charts and a glossary Test taking strategies tailored for certification success Use this book to strengthen your understanding track your progress and gain the confidence needed to succeed on the CWOCN exam Understanding Nutrition Eleanor Noss Whitney,Sharon Rady Rolfes,2003-05-19 Used by more than one million students this text s clear writing dynamic visuals and integrated study aids engage and teach students the basic concepts and applications of nutrition This comprehensive text includes up to date coverage of the newest research and emerging issues in nutrition The pedagogical features of the text as well as the authors approachable style help to make complex topics easily understandable for students **Special Reference Briefs** ,1983

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