



2.50

130

2.50



INCLINE



SPEED



2.50



2.50

QUICK START

1. Power On
2. Adjust Weight (if any)
3. Press Start

POWER

ENTER

START/STOP

PROGRAM

COOL DOWN

PROGRAM WORKOUT

1. Press Power
2. Adjust Weight (if any)
3. Press Start
4. Select Program (using Program Key)
5. Press Start

P1 - Manual + P2 - Speed Interval Walk + P3 - Speed Interval Jog + P4 - Speed Interval Run
P5 - Fat Burn + P6 - Fat Burn + P7 - Fat Burn
PROGRAMS 1 - 7

P8 - Manual + P9 - Heart Rate - Weight Loss + P10 - Heart Rate - Fat Burn + P11 - Interval Program 1
P12 - Interval Program 2 + P13 - Interval Program 3 + P14 - Interval Program 4
PROGRAMS 8 - 14

Trimline Treadmill T355hr Manual

KJ Lindholm-Leary



Trimline Treadmill T355hr Manual:

Unveiling the Magic of Words: A Report on "**Trimline Treadmill T355hr Manual**"

In a global defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their capability to kindle emotions, provoke contemplation, and ignite transformative change is really awe-inspiring. Enter the realm of "**Trimline Treadmill T355hr Manual**," a mesmerizing literary masterpiece penned with a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve into the book's central themes, examine its distinctive writing style, and assess its profound affect on the souls of its readers.

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