



TALES OF A SHAMAN'S APPRENTICE

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AN ETHNOBOTANIST
SEARCHES FOR
NEW MEDICINES
IN THE AMAZON
RAIN FOREST

Tales Of A Shamans Apprentice

Alison M Johnston



Tales Of A Shamans Apprentice:

Tales of a Shaman's Apprentice Mark J. Plotkin, 1994-08-01 The fascinating account of a pioneering ethnobotanist's travels in the Amazon at once a gripping adventure story a passionate argument for conservationism and an investigation into the healing power of plants by the author of *The Amazon What Everyone Needs to Know* For thousands of years healers have used plants to cure illness Aspirin the world's most widely used drug is based on compounds originally extracted from the bark of a willow tree and more than a quarter of medicines found on pharmacy shelves contain plant compounds Now Western medicine faced with health crises such as AIDS Alzheimer's disease and cancer has begun to look to the healing plants used by indigenous peoples to develop powerful new medicines Nowhere is the search more promising than in the Amazon the world's largest tropical forest home to a quarter of all botanical species on this planet as well as hundreds of Indian tribes whose medicinal plants have never been studied by Western scientists In *Tales of a Shaman's Apprentice* ethnobotanist Mark J Plotkin recounts his travels and studies with some of the most powerful Amazonian shamans who taught him the plant lore their tribes have spent thousands of years gleaned from the rain forest For more than a decade Dr Plotkin raced against time to harvest and record new plants before the rain forests fragile ecosystems succumb to overdevelopment and before the Indians abandon their own culture and learning for the seductive appeal of Western material culture *Tales of a Shaman's Apprentice* relates nine of the author's quests taking the reader along on a wild odyssey as he participates in healing rituals discovers the secret of curare the lethal arrow poison that kills in minutes tries the hallucinogenic snuff *epena* that enables the Indians to speak with their spirit world and earns the respect and fellowship of the mysterious shamans as he proves that he shares both their endurance and their reverence for the rain forest

Tales of a Shaman's Apprentice Mark J. Plotkin, 1993 For thousands of years healers have used plants to cure illness Aspirin the world's most widely used drug is based on compounds originally extracted from the bark of a willow tree and more than a quarter of medicines found on pharmacy shelves contain plant compounds Now Western medicine faced with health crises such as AIDS Alzheimer's disease and cancer has begun to look to the healing plants used by indigenous peoples to develop powerful new medicines Nowhere is the search more promising than in the Amazon the world's largest tropical forest home to a quarter of all botanical species on this planet as well as hundreds of Indian tribes whose medicinal plants have never been studied by Western scientists In *Tales of a Shaman's Apprentice* ethnobotanist Mark J Plotkin recounts his travels and studies with some of the most powerful Amazonian shamans who taught him the plant lore their tribes have spent thousands of years gleaned from the rain forest For more than a decade Dr Plotkin has raced against time to harvest and record new plants before the rain forests fragile ecosystems succumb to overdevelopment and before the Indians abandon their own culture and learning for the seductive appeal of Western material culture *Tales of a Shaman's Apprentice* relates nine of the author's quests taking the reader along on a wild odyssey as he participates in healing rituals discovers the secret of curare the lethal

arrow poison that kills in minutes tries the hallucinogenic snuff *epena* that enables the Indians to speak with their spirit world and earns the respect and fellowship of the mysterious shamans as he proves that he shares both their endurance and their reverence for the rain forest Mark Plotkin combines the Darwinian spirit of the great writer explorers of the nineteenth century curious discursive and rigorously scientific with a very modern concern for the erosion of our environment and the vanishing culture of native peoples Publisher description **The Shaman's Apprentice** Mark J. Plotkin, Lynne

Cherry, 1998-04-01 In a Tirio village deep in the heart of the Amazon rain forest the shaman Nahtahlah has a place of honor in his tribe Young Kamanya wants to learn the healing secrets of the forest plants he hopes that he too will become the tribe's shaman so that he can cure his people When the villagers fall sick with an illness that Nahtahlah cannot cure many lose faith in the shaman's wisdom until a foreign woman helps them understand its value while giving Kamanya an opportunity to realize his dream Lynne Cherry returns to the rain forest with ethnobotanist Mark J Plotkin to tell an important story about the healing plants of the earth and why we must protect them **Tales of a Shaman's Apprentice**, 1993 **The**

Ethnobotany of Eden Robert A. Voeks, 2018-06-27 In the mysterious and pristine forests of the tropics a wealth of ethnobotanical panaceas and shamanic knowledge promises cures for everything from cancer and AIDS to the common cold To access such miracles we need only to discover and protect these medicinal treasures before they succumb to the corrosive forces of the modern world A compelling biocultural story certainly and a popular perspective on the lands and peoples of equatorial latitudes but true Only in part In *The Ethnobotany of Eden* geographer Robert A Voeks unravels the long lianas of history and occasional strands of truth that gave rise to this irresistible jungle medicine narrative By exploring the interconnected worlds of anthropology botany and geography Voeks shows that well intentioned scientists and environmentalists originally crafted the jungle narrative with the primary goal of saving the world's tropical rainforests from destruction It was a strategy deployed to address a pressing environmental problem one that appeared at a propitious point in history just as the Western world was taking a more globalized view of environmental issues And yet although supported by science and its practitioners the story was also underpinned by a persuasive mix of myth sentimentality and nostalgia for a long lost tropical Eden Resurrecting the fascinating history of plant prospecting in the tropics from the colonial era to the present day *The Ethnobotany of Eden* rewrites with modern science the degradation narrative we've built up around tropical forests revealing the entangled origins of our fables of forest cures *When Plants Dream* Daniel Pinchbeck, Sophia

Rokhlin, 2019-09-10 Ayahuasca is a powerful tool for transformation that more and more Westerners are flocking to drink in a quest for greater self knowledge healing and reconnection with the natural world This formerly esoteric little known brew is now a growth industry But why Ayahuasca is a psychoactive brew that has a long history of ritual use among indigenous groups of the Upper Amazon Made from the ayahuasca vine and the leaves of a shrub it is associated with healing in collective ceremonies and in more intimate contexts generally under the direction of specialist an ayahuasquero These are

experienced practitioners who guide the ceremony and the drinkers experience Ayahuasca has gained significant popularity these days in cities around the world Why What effect might ayahuasca be having on our culture Does the brew which seems to inspire environmental action simplified lifestyles and more communitarian behaviour act as an antidote to frenzied consumerist culture In *When Plants Dream* Pinchbeck and Rokhlin explore the economic social political cultural and environmental impact that ayahuasca is having on society Part 1 covers the background what ayahuasca is where it is found and its cultural origins Part 2 explores the role and practices of the ayahuasquero in both Amazonian and Western cultures Part 3 examines the medicinal plants of the Amazon looking particularly at the ingredients in ayahuasca and their therapeutic qualities covering the most up to date biomedical research psychedelic science and psychopharmacology It also covers all the legal aspects of ayahuasca use Lastly in Part 4 Pinchbeck and Rokhlin question the future of ayahuasca *When Plants Dream* is the first book of its kind to look at the science and expanding culture of ayahuasca from its historical use to its

appropriation by the West and the impact it is having on cultures beyond the Amazon **CRC World Dictionary of Medicinal and Poisonous Plants** Umberto Quattrocchi, 2012-05-03 Following on the successes of two previous dictionary projects the CRC World Dictionary of Plant Names and the CRC World Dictionary of the Grasses Umberto Quattrocchi has undertaken this dictionary of economically important plants He has done for these plants what was so admirably done in his other works brought the vast and scattered literature on plant names and in this case too their uses into coherent order so that the inquisitive scholar can get a foothold From the Foreword Donald H Pfister Harvard University and Harvard University Herbaria Cambridge Massachusetts The CRC World Dictionary of Medicinal and Poisonous Plants Common Names Scientific Names Eponyms Synonyms and Etymology provides the starting point for better access to data on plants used around the world in medicine food and cultural practices The material found in the five volumes has been painstakingly gathered from papers of general interest reports and records taxonomic revisions field studies herbaria and herbarium collections notes monographs pamphlets botanical literature and literature tout court It includes sources available at various natural history libraries floras and standard flora works local floras and local histories nomenclatural histories and the International Code of Botanical Nomenclature Much more than a dictionary the book provides the names of thousands of genera and species of economically important plants concise summaries of plant properties and appropriate observations about medicinal uses Drawing from a tremendous range of primary and secondary sources it is an indispensable time saving guide for all those involved with botany herbal medicine pharmacognosy toxicology medicinal and natural product chemistry and agriculture **An Encyclopedia of Shamanism Volume 1** Christina Pratt, 2007-08-01 Shamanism can be defined as the practice of initiated shamans who are distinguished by their mastery of a range of altered states of consciousness Shamanism arises from the actions the shaman takes in non ordinary reality and the results of those actions in ordinary reality It is not a religion yet it demands spiritual discipline and personal sacrifice from the mature shaman who seeks the

highest stages of mystical development **The Beauty of the Primitive** Andrei A. Znamenski, 2007-07-16 For the past forty years shamanism has drawn increasing attention among the general public and academics There is an enormous literature on shamanism but no one has tried to understand why and how Western intellectual and popular culture became so fascinated with the topic Behind fictional and non fictional works on shamanism Andrei A Znamenski uncovers an exciting story that mirrors changing Western attitudes toward the primitive The Beauty of the Primitive explores how shamanism an obscure word introduced by the eighteenth century German explorers of Siberia entered Western humanities and social sciences and has now become a powerful idiom used by nature and pagan communities to situate their spiritual quests and anti modernity sentiments The major characters of The Beauty of the Primitive are past and present Western scholars writers explorers and spiritual seekers with a variety of views on shamanism Moving from Enlightenment and Romantic writers and Russian exile ethnographers to the anthropology of Franz Boas to Mircea Eliade and Carlos Castaneda Znamenski details how the shamanism idiom was gradually transplanted from Siberia to the Native American scene and beyond He also looks into the circumstances that prompted scholars and writers at first to marginalize shamanism as a mental disorder and then to recast it as high spiritual wisdom in the 1960s and the 1970s Linking the growing interest in shamanism to the rise of anti modernism in Western culture and intellectual life Znamenski examines the role that anthropology psychology environmentalism and Native Americana have played in the emergence of neo shamanism He discusses the sources that inspire Western neo shamans and seeks to explain why lately many of these spiritual seekers have increasingly moved away from non Western tradition to European folklore A work of intellectual discovery The Beauty of the Primitive shows how scholars writers and spiritual seekers shape their writings and experiences to suit contemporary cultural ideological and spiritual needs With its interdisciplinary approach and engaging style it promises to be the definitive account of this neglected strand of intellectual history Rainforest Medicine Jonathon Miller Weisberger, 2013-09-17 Chronicling the practices legends and wisdom of the vanishing traditions of the upper Amazon this book reveals the area s indigenous peoples approach to living in harmony with the natural world Rainforest Medicine features in depth essays on plant based medicine and indigenous science from four distinct Amazonian societies deep forest and urban lowland rainforest and mountain The book is illustrated with unique botanical and cultural drawings by Secoya elder and traditional healer Agustin Payaguaje and horticulturalist Thomas Y Wang as well as by the author himself Payaguaje shares his sincere imaginal view into the spiritual life of the Secoya plates of petroglyphs from the sacred valley of Cotundo relate to an ancient language and other illustrations show traditional Secoya ayahuasca symbols and indigenous origin myths Two color sections showcase photos of the plants and people of the region and include plates of previously unpublished full color paintings by Pablo Cesar Amaringo 1938 2009 an acclaimed Peruvian artist renowned for his intricate colorful depictions of his visions from drinking the entheogenic plant brew ayahuasca vine of the soul in Quechua languages Today the once dense mysterious rainforest

realms are under assault as the indiscriminate colonial frontier of resource extraction moves across the region as the forest disappears the traditional human legacy of sustainable utilization of this rich ecosystem is also being buried under modern realities With over 20 years experience of ground level environmental and cultural conservation author Jonathon Miller Weisberger s commitment to preserving the fascinating unfathomably precious relics of the indigenous legacy shines through Chief among these treasures is the shimmering golden plant medicine science of ayahuasca or yaj a rainforest vine that was popularized in the 1950s by Western travelers such as William Burroughs and Alan Ginsberg It has been sampled reviled and celebrated by outsiders ever since Currently sought after by many in the industrialized West for its powerful psychotropic and life transforming effects this sacred brew is often imbibed by visitors to the upper Amazon and curious seekers in faraway venues sometimes with little to no working knowledge of its principles and precepts Perceiving that there is an evident need for in depth information on ayahuasca if it is to be used beyond its traditional context for healing and spiritual illumination in the future Miller Weisberger focuses on the fundamental knowledge and practices that guide the use of ayahuasca in indigenous cultures Weaving first person narrative with anthropological and ethnobotanical information Rainforest Medicine aims to preserve both the record and ongoing reality of ayahuasca s unique tradition and of course the priceless forest that gave birth to these sacred vines Featuring words from Amazonian shamans the living torchbearers of these sophisticated spiritual practices the book stands as testimony to this sacred plant medicine s power in shaping and healing individuals communities and nature alike

Is the Sacred for Sale Alison M Johnston, 2014-10-14 Definitely a book that sheds light on perspectives and perceptions about today s global economy A must read for tourists and corporations alike also heads of state the media and environment groups all of whom need to be informed on this key subject Chief Garry John Chair and Spokesperson St at imc Chiefs Council an activist s call to action on behalf of people who have been made invisible in the merciless spread of globalization under corporate control Nina Rao Southern Co Chair of the Tourism Caucus at the UN Commission on Sustainable Development and Professor of Tourism A powerful and much needed tool to fight the seemingly all pervasive ignorance in the corporate and consumer driven world that continues to hail ecotourism and other tourism alternatives as beneficial to local people without looking at the root causes of problems Anita Pleumarom Tourism Investigation and Monitoring Team Bangkok Tourism is the fastest growing industry in the world Ecotourism often considered a more benign form of tourism can in fact cause the most damage as it targets more vulnerable environments and cultures Is the Sacred for Sale looks at our present crossroads in consumer society It analyses the big questions of tourism clarifying how tourism can support biodiversity conservation It also offers a cross cultural window to the divide between corporate thinking and sacred knowledge to help us understand why collisions over resources and land use are escalating Finally we have a full spectrum of information for healthy dialogue and new relationships This book is a profound wake up call to the business world and to decision makers who shape current policy It poses important questions to us all and is a

must read for every tourist and traveller **I Was Carlos Castaneda** Martin Goodman, 2007-12-18 A marvelous book with rich teachings that particularly touch the heart of death and thus life itself Thom Hartmann author of The Last Hours of Ancient Sunlight Carlos Castaneda comes back from the dead in a true life spiritual adventure story set in the French Pyrenees Machu Picchu the Peruvian Amazon and the American Southwest Four months after his death the world renowned writer anthropologist and mystic Carlos Castaneda turns up in the French Pyrenees He meets with writer Martin Goodman His purpose To lead Martin beyond the fear of death and the confusions of mortality and to offer a clearer understanding of the ultimate wisdom the wisdom to live the rest of our days in full and conscious harmony with the living earth Martin Goodman is a gifted storyteller who has infused I Was Carlos Castaneda with literary verve and humor When at their first encounter an incredulous Goodman confronts Castaneda with reports of his recent death Castaneda replies wryly Details mere details And so the story begins Wild Solutions Beattie, Andrew, Ehrlich, Paul, 2013-05-24 In this fascinating and

Conservation and Environmental Management in Madagascar Ivan R. Scales, 2014-03-14 Madagascar is one of the most biologically diverse places on the planet the result of 160 million years of isolation from the African mainland More than 80% of its species are not found anywhere else on Earth However this highly diverse flora and fauna is threatened by habitat loss and fragmentation and the island has been classified as one of the world s highest conservation priorities Drawing on insights from geography anthropology sustainable development political science and ecology this book provides a comprehensive

assessment of the status of conservation and environmental management in Madagascar It describes how conservation organisations have been experimenting with new forms of protected areas community based resource management ecotourism and payments for ecosystem services But the country must also deal with pressing human needs The problems of poverty development environmental justice natural resource use and biodiversity conservation are shown to be interlinked in complex ways Authors address key questions such as who are the winners and losers in attempts to conserve biodiversity And what are the implications of new forms of conservation for rural livelihoods and environmental justice The Amazonian "Other" Aleksandra Wierucka,2024-08-07 This book explores representations of Amazonian Indigenous peoples in contemporary cultural texts It analyzes a variety of mediums from novels and films to games and exhibitions uncovering a distorted image of Indigenous peoples of the Amazon in Euro American common imagination The author suggests that these texts rely on a stereotypical vision that was shaped in the first decades of colonization The chapters consider the formation of the image of Amazonian Indigenous people throughout history and some of the contemporary issues they face touching on daily life and themes such as shamanism and cannibalism Together they highlight the misrepresented image of Indigenous groups in the Amazon who are portrayed as different even strange in relation to Western culture The argument put forward is that both exotic and self exoticization rely on the notion of otherness leading to romanticization patronization and caricature The book will be of particular interest to scholars of Indigenous studies Latin American studies cultural studies anthropology and comparative literature *Plant Talk* ,1995 **Shamans Among Us: Schizophrenia, Shamanism and the Evolutionary Origins of Religion** Joseph Polimeni,2012-12-01 Schizophrenia is one of the most enigmatic human experiences While it can cause terrible distress it doesn't fit the mold of a classic medical disease In *Shamans Among Us* Joseph Polimeni shows that today's schizophrenia patients are no less than the modern manifestation of tribal shamans people vital to the success of early human cultures Spanning human history and including discussions of evolution the definition of disease and the nature of psychosis *Shamans Among Us* is the most detailed and comprehensive evolutionary theory yet assembled to explain a specific psychiatric diagnosis Joseph Polimeni's scholarly book challenges several traditional concepts of both evolutionary biology and medicine I strongly recommend it to all those who dare to think outside the box Martin Brüne MD author of *Textbook of Evolutionary Psychiatry* *American Environmental Leaders: M-Z* Anne Becher,2008 A collection of biographies of the most important figures in American environmentalism from publisher description **Yoga Journal** ,1994-03 For more than 30 years Yoga Journal has been helping readers achieve the balance and well being they seek in their everyday lives With every issue Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds We are dedicated to providing in depth thoughtful editorial on topics such as yoga food nutrition fitness wellness travel and fashion and beauty

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