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Getting Hooked Jon Elster, Ole-Jørgen Skog, 1999-03-13 The essays in this volume offer a thorough discussion of the relationship between addiction and rationality This book length treatment of the subject includes contributions from philosophers psychiatrists neurobiologists sociologists and economists Contrary to the widespread view that addicts are subject to overpowering and compulsive urges the authors in this volume demonstrate that addicts are capable of making choices and responding to incentives At the same time they disagree with Gary Becker's argument that addiction is the result of rational choice The volume offers an exposition of the neurophysiology of addiction a critical examination of the Becker theory of rational addiction an argument for a visceral theory of addiction a discussion of compulsive gambling as a form of addiction several discussions of George Ainslie's theory of hyperbolic discounting analyses of social causes and policy implications and an investigation of the problem of relapse **Take Control of Your Drinking Michael S. Levy, 2021-01-12** Accepting that there is no one size fits all approach to controlling drinking the latest edition of this bestselling book will help you assess your drinking and determine whether moderation or abstinence is the best path for you For decades the standard treatment for people struggling with alcohol consumption has focused on convincing them to admit that they are an alcoholic to stop drinking entirely and to enter into a program most commonly Alcoholics Anonymous But in his more than thirty five vear career as an addiction specialist working with people who want to change their drinking habits Michael S Levy has found that the routes to behavioral change actually vary And although abstinence is the successful route for many people others can moderate their drinking on their own or with professional help In this practical effective and compassionate book Levy helps people take control of their alcohol problem by teaching them how to think about and address their drinking habits Beginning with a set of self assessments that reveal whether the reader s use of alcohol is creating problems Levy explains the causes of problem drinking discusses the growing recognition of the various ways an alcohol use disorder can show itself and talks about why it is so difficult to change Offering advice for choosing between moderating your drinking or abstaining altogether he also touches on coping with slipups fighting helplessness and the fear of failure and knowing when moderation is not achievable. The book is unique in that instead of telling people what they need to do it meets people at their stage of change and level of readiness to change and helps them decide for themselves what they need to do Drawing on the latest scientific evidence this new edition includes a chapter on the concept of self medication a useful but at times overused idea a chapter on the concurrent use of drugs particularly cannabis during recovery an exploration of modern strategies for dealing with drinking including technology apps that count drinks for example and medications that curb alcohol consumption reflections on the use of stigma communication strategies for individuals seeking to share their struggle with others an exploration of common triggers additional worksheets and tips to achieve success further material about self help programs and insights about the dark side of addiction treatment Ultimately Take Control of Your Drinking empowers people

to tackle their drinking problem and gives them the freedom to do so in a way that fits with their own lifestyle and values This book is useful for anyone who may find that they are drinking too much for the loved ones of such people and for clinicians who want to broaden their skills when working with people who struggle with alcohol Perspectives in Behavioral Addiction Jung-Seok Choi, Daniel Luke King, Young-Chul Jung, 2019-07-25 Some classes of behaviors including gambling Internet gaming and sexual behaviors may lead to compulsive engagement for a minority of individuals In extreme cases where individuals may feel unable to control these behaviors without external influence these behaviors may be considered non substance or behavioral addictions Many such behaviors may occur predominantly online such as gaming social media shopping and pornography and may be driven by constant accessibility via smartphone and other mobile device technologies This Research Topic presents diverse papers on neurobiological evidence of behavioral addictions encompassing gambling disorder Internet based disorders including Internet gaming disorder and smartphone addiction and compulsive sexual behaviors A New Approach to Addiction and Choice Reinout W. Wiers, 2024-08-08 This engaging book provides a novel examination of the nature of addiction suggesting that by exploring akrasia the tendency to act against one's better judgement we can better understand our addictive behaviors It offers an alternative to the dominant biomedical model of addiction as a chronic brain disease by looking at the nature of how we make decisions and proposing the idea that biased choice is central to addiction The book looks at both classic substance use disorders and newer addictions to smartphones meat and fossil fuels It discusses current perspectives on free will in philosophy psychology and neuroscience and the questions surrounding free will versus determinism including our ability to steer our behaviors guided by the promise of future outcomes Different perspectives on addiction and choice are presented in an eloquent style and illustrated by personal stories Through a lively discussion of the key scientific and philosophical issues surrounding addiction this book is valuable for students in psychology criminology sociology and social work as well as health care professionals Addictions Counseling Cynthia A. Faulkner, Samuel and general readers interested in the nature of our free will Faulkner, 2019-01-04 Written by authors with extensive experience as practitioners and educators this text serves as a straightforward resource for undergraduate and graduate students who have a goal of becoming counselors or therapists in the field of addiction While many books on the subject follow a similar format i e introduction classification of drugs theories of counseling etc Addictions Counseling takes one client and follows her through the entire treatment experience from referral and assessment all the way through relapse prevention and discharge planning In following her through the treatment journey readers are introduced to theories and techniques for approaching each of the topics discussed This book is a must read for anybody interested in pursuing a career as an addiction specialist Weakness of Will and Delay Discounting Nora Heinzelmann, 2023 Both philosophy and the behavioural sciences have studied weakness of will and our propensity to discount the value of delayed outcomes Nora Heinzelmann now brings the disciplines together making the

ideas of each accessible to the other It reveals that delay discounting is neither necessary not sufficient for weakness of will The Drug Problem Martin Levinson, 2002-08-30 Current approaches to the drug problem are not working and almost everyone agrees that more effective solutions are needed This comprehensive volume offers a dynamic new approach to understanding and solving the drug problem This text applies the techniques and formulations of general semantics to investigate and make recommendations about various aspects of drug abuse General semantics a process problem solving approach based on the primacy of the scientific method and importance of language as a shaper of thoughts and perceptions has a proven record of success in problem solving across a wide variety of disciplines and fields Topics examined include American drug history and policy the legalization issue drugs and creativity treatment and prevention A chronological overview of drug taking in human history and a resource guide are provided One chapter offers an in depth description of an effective drug abuse prevention model and a program using the model **Hearings, Reports and Prints of the House** Committee on the Judiciary United States. Congress. House. Committee on the Judiciary, 1966 Wellness-Based Addictions Counseling Philip B. Clarke, Todd F. Lewis, 2023-12-22 This book presents a culture change in addictions treatment that places wellness at the forefront of relapse addiction and recovery The authors introduce a wellness based conceptualization of addiction and recovery including the wellness model that grounds Wellness Based Addictions Counseling WBAC and the techniques of this approach Wellness Based Addictions Counseling advocates for wellness as the primary variable in addiction and recovery outcomes presents a wellness based model of addiction and recovery and highlights techniques for unlocking the motivational and strength based aspects of this approach Specifically the authors provide wellness questions and screening tools to incorporate into the clinical evaluation and structure for creating a wellness plan and family wellness plan for the client's loved ones Readers will learn numerous wellness based techniques related to the mind body spirit emotions and connection that can prevent relapse and facilitate well being All WBAC interventions are grounded in developmental culturally responsive and strength based perspectives Wellness Based Addictions Counseling is essential reading for professionals who provide addictions treatment and counseling as well as scholars who conduct writing and research on addiction Theory and Practice of Addiction Counseling Pamela S. Lassiter, John R. Culbreth, 2017-02-17 This one of a kind text brings together contemporary theories of addiction and helps readers connect those theories to practice using a common multicultural case study Theories covered include motivational interviewing moral theory developmental theory cognitive behavioral theories attachment theory and sociological theory Each chapter focuses on a single theory describing its basic tenets philosophical underpinnings key concepts and strengths and weaknesses Each chapter also shows how practitioners using the theory would respond to a common case study giving readers the opportunity to compare how the different theoretical approaches are applied to client situations A final chapter discusses approaches to relapse prevention **Theory of Addiction** Robert West, 2013-05-15 An understanding of addiction theory is vital to

understanding addiction itself Theory of Addiction takes theory development from a simple rational addiction model adding elements such as compulsion self control and habit to explain the big observations in the field As well as explaining and evaluating the arguments of each of the prevailing schools of thought the book develops a new synthetic theory of addiction that brings together the diverse elements of current models Designed to enable students practitioners and researchers to establish a starting point in the labyrinthine world of addiction theory Theory of Addiction supports abstract thinking with concrete and realistic scenarios underlining the centrality of theoretical understanding to working with addiction Presents a digest of major existing theories in one volume Develops a new synthetic theory of addiction Recognises the diversity of the experience of addiction Discusses factors at the level of both the individual and populations Provides key recommendations for the development of effective interventions **Addictions Counseling Today** Kevin Alderson, 2019-12-03 Focusing on the new DSM V classifications for addiction with an emphasis on CACREP neuroscience and treatment this provocative contemporary text is an essential reference for both students and practitioners wanting to gain a deeper understanding of those with addiction Interact Treatment Manual & Participant Workbook Melinda L. Lake, 2014-06-02 PSYCHOLOGY InterACT Treatment Manual Participant Workbook for Addictive Disorders based on the self help theory of Jim Maclaine Melinda L Lake This treatment manual has been developed for health professionals working with people suffering from addictive disorders to develop a self help recovery process It includes practical session guides and worksheets for participants It follows the therapy methods of author psychologist Melinda L Lake in which participants undertake all 15 sessions in sequence ideally over a five day period The modules are best undertaken in a small group setting of 8 to 12 however are easily adapted for use in private practice People suffering directly from addiction may also find this manual helpful The InterACT Programme is a treatment protocol specifically targeting the addicted brain It links the psycho education of current neuroscience with cognitive therapy and the therapeutic principles of Acceptance Commitment Therapy It is an inter personal group based treatment method which lays the foundation for a solid self help recovery process and it moves participants through Prochaska DiClementes 1982 stages of change from a contemplative state to the maintenance stage It aims to break the pathological attachment to the intoxicated state and the various defensive processes that protect that attachment The approach is based on the Interact Therapy Program devised by Psychologist Jim Maclaine in the 1980s A programme that successfully treated thousands of patients with addictions and emotional disturbances for several decades in Australian accredited private hospitals For more information on this treatment approach or implementing the programme at your facility please contact the author at www re psycle com au The Southern Rock Revival Jason T. Eastman, 2017-03-16 While some people find new opportunities in the postindustrial economy many working class men find their social and economic well being collapse as blue collar jobs are outsourced and offshored to the global labor market Faced with limited options to earn a living wage many of these blue collar workers are instead changing who they are embracing a deviant

rebellious identity expressed by the contemporary southern rock revival musicians studied in this book Although loosely based in the traditional culture and lifestyle of the southeastern United States contemporary southerness has little to do with region but instead is a way to rebel from the very institutions blue collar men traditionally used as the basis of their masculine pride family education employment military service and religion This contemporary form of southerness reflected in their music also involves deviance as many of these men adorn themselves with the highly controversial confederate flag binge drink alcohol brawl with one another and use drugs Combining interviews participant observation and a lyrical analysis this book explores these aspects of rebellious southerness through music as it exists in the ideal sense and as individual men try to live up to these subcultural ideals in their daily lives The southern rock revival is a new social movement carving out a place for an alternative way to live while simultaneously perpetuating stereotypes about poor men reinforcing social disadvantage and marginalization The Praeger International Collection on Addictions Angela Brownemiller Ph.D., 2009-04-30 Only the very rare among us are completely unscathed by the effects of addiction our own that of a family member friend or coworker Even the addictions of strangers from the drunk driver or drug addict to gambling food spending or violence addicted people may subject us to dangers threaten our well being and drain money from our pockets Recent national estimates in just the US show that substance abuse and addiction alone cost taxpayers a total of nearly 500 billion a year In these volumes experts from around the world present the newest issues research and insights into addictions of all kinds Led by Angela Browne Miller Director of the Metaxis Compulsive and Habitual Behaviors Institute in California this team of contributors includes scholars and practitioners from the United States Canada the United Kingdom Sweden Thailand Africa and Russia Topics range from drug addiction among male female teen and aging populations and among White Hispanic Black Asian Native American and other groups using liquor cocaine methamphetamine khat and or other lesser known drugs to behavioral addictions including online gaming excessive buying and eating disorders Chapters also address issues including addiction as a public health problem and the politics of drug treatment policies Treatment methods for addictions from electrotherapy to holistic approaches are addressed as are spiritual psychological and cross cultural issues involved The experts behind these chapters include those from the University of California Berkeley Johns Hopkins School of Medicine and Purdue University to McGill University Nottingham Trent University and the All India Institute of Medical Sciences Congressional Record United States. Congress, 1965 Behavioral addictions: Emerging science Andreas Chatzittofis, Hyoun S. Kim, 2023-02-09 Recovery from Sexual Addiction: a Man'S Guide Paul Becker, 2012-05-14 Recovery from Sexual Addiction A Mans Guide and a companion workbook help men learn how to achieve a high level commitment to change their behavior and thinking Men are introduced to insights on how to move out of compulsive behavior depressed mood and isolation into a more fulfilling life Readers will learn about the Addicts Life Scale a simple yet insightful tool that illustrates how ones mood is directly related to destructive acting out behaviors Once a man becomes

aware of his mood levels he can begin to take proactive steps to reach and sustain a mood level where he feels confident and motivated to remain free of destructive acting out behaviors Book chapters are structured to help men examine their most personal issues including the nature and origin of sexual addiction the roles of anger anxiety isolation and depression in sexual addiction how co dependency fosters sexual addiction how to cultivate self awareness and improved attitude and creating a healthy life style absent sexually acting out Ultimately readers will discover the satisfaction that comes from improved relationships with their spouses children other men and God Paul Beckers unique Recovery From Sexual Addiction series includes a core book client workbook and a clinician quide The three texts use an interactive approach to help therapists and clients thoroughly explore the roots of sexual addiction and effective ways to achieve long term recovery The series is especially helpful to therapists who prefer to base recovery on principles proven by Dr Patrick Carnes Addictions a Banquet in the Grave Edward T. Welch, 2012-01-30 What is the basic point of this book Theology makes a difference The basic theology for addictions is that the root problem goes deeper than our genetic makeup Addictions are ultimately a disorder of worship Will we worship ourselves and our own desires or will we worship the true God Chemical **Dependency Counseling** Robert R. Perkinson, 2016-08-11 The best selling Chemical Dependency Counseling A Practical Guide provides counselors and front line mental health professionals with the information and skills they need to use evidence based treatments including motivational enhancement cognitive behavioral therapy skills training medication and 12 step facilitation Guiding the counselor step by step through treatment author Robert R Perkinson presents state of the art tools forms and tests necessary for client success while meeting the highest standards demanded by accrediting bodies The Fifth Edition of this landmark text has been updated to include coverage of current topics of concern for counselors including full compliance with DSM 5 new coverage of steps 6 12 in 12 step facilitation discussions on synthetic and designer drugs new psychotherapeutic medications new survey data on patterns of use and abuse a list of online recovery support groups for clients and a new section on Recommendations for a Successful First Year in Recovery About the Author Robert R Perkinson is the clinical director of Keystone Treatment Center in Canton South Dakota He is a licensed psychologist licensed marriage internationally certified alcohol and drug counselor and a nationally certified gambling counselor and supervisor In addition to the best selling Chemical Dependency Counseling A Practical Guide Fifth Edition Dr Perkinson is the author of The Alcoholism and Drug Abuse Client Workbook Third Edition and The Gambling Addiction Client Workbook Third Edition

The Concept Of Addiction The Weakness After Getting Addicted Book Review: Unveiling the Power of Words

In a world driven by information and connectivity, the energy of words has become more evident than ever. They have the capacity to inspire, provoke, and ignite change. Such is the essence of the book **The Concept Of Addiction The Weakness After Getting Addicted**, a literary masterpiece that delves deep into the significance of words and their effect on our lives. Compiled by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we shall explore the book is key themes, examine its writing style, and analyze its overall impact on readers.

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