

RENAULT

Workshop Repair Manual

Manual gearboxes

Vehicle	Type						
	JB0	JB1	JB2	JB3	JB4	JB5	JC5
Renault 5	X	X		X	X	X	
Extra	X	X			X		
Renault 9	X	X		X	X	X	
Renault 11	X	X		X	X	X	
Renault 19	X	X		X	X	X	
Renault 21			X	X			
Clio	X	X		X	X	X	X
Twingo		X					
Laguna				X			X
Mégane		X		X			X

This document cancels and replaces JB Gearbox manual part number
77 11 093 922 and JC5 Gearbox manual part number
77 11 092 186
and technical notes
n° 1978, 2127, 2229A, 2284A, 2383A, 2457A.

77 11 192 267

FEBRUARY 1987

Edition Anglaise

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web bevorzugte lebensmittel für personen mit histaminintoleranz sind zum beispiel frischkäse frisches fleisch und frischer fisch frisches obst und gemüse getreide teigwaren sowie hefefreies gebäck bei obst und gemüse werden vor allem Äpfel heidelbeeren melonen kirschen kürbis zwiebeln grüner salat und erdäpfeln

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web hier zum rezept mehr erfahren histaminarm kochen um erfolgreich histaminarm zu kochen ist es notwendig dass sie sich genau mit ihrem speiseplan auseinandersetzen ungünstig sind etwa lang gereifter käse geräuchertes oder getrocknetes fleisch sehr reifes obst oder bestimmte gemüsesorten wie tomaten und spinat

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