

**First Semester Common to all BE, B.Tech, B.Plan, B.Arch, Bsc,
Degree Examination**

Subject Title : Scientific Foundation of Health

Subject Code : 21SFH19 / 29

Examination: One Hour

Maximum Marks:50

Instructions to the candidates

- i) Answer all the 50 questions, each question carries one mark.
- ii) Marking two answers for the same question makes the answer invalid.

Choose the correct option from those given in each of the sentences below.

1) A mentally sick person has

- ~~(A)~~ Tendency to get upset with change of routine
- (B) Feeling of friendship and trust for all
- (C) Tendency to perform all the daily chores by oneself
- (D) Tendency to solve all the problems without aid of others

2) A person is mentally sick if one is

- (A) Worried
- ~~(B)~~ With moods fluctuating between depression and elation
- (C) Excessively happy
- (D) Extra talkative

Q.3) Community health aims

- (A) Care of the infants old
- (B) Care of infirms
- ~~(C)~~ Improvement of health of all
- (D) Improvement of health of children

Q.4) Overweight in BMI is

- a)>30
- ~~b)>25~~
- c)<25
- d)<30

5) Causes of Obesity and Overweight

- a)Energy imbalance
- b)Energy balance

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