

Teochew Steam Fish Recipe

Camilla Rothe

Teochew Steam Fish Recipe:

From Corporate Suit to Kitchen Apron Josephine Miin Loy-Bell, 2010-11-17 This cookbook is written for busy executives and stay at home parents who want to cook healthy and wholesome meals for their loved ones It has an assortment of delicious and easy to cook recipes From Corporate Suit to Kitchen Apron is a cookbook for beginners and accomplished chefs To inspire you it offers color pictures with every recipe and has a wide selection of recipes from soups salads to main course pastas desserts and jams **Food of Asia** Kong Foong Ling, 2012-10-23 Featuring authentic recipes from master chefs in Burma China India Indonesia Japan Korea Malaysia The Philippines Singapore Sri Lanka Thailand and Vietnam The Food of Asia offers fascinating insights into the historical geographic and cultural context of these recipes enhancing your appreciation of these ancient cuisines Anyone from the experienced cook to the novice can quickly prepare delicious meals by following the comprehensive illustrated guide to ingredients and helpful hints sections This cookbook contains hundreds of recipes from 12 Asian countries and over 200 photos The Food of Asia features recipes for appetizers soups salads main courses snacks drinks desserts and more Recipes include Daikon salad Shark fin soup Samosas Tuna sambal Beef sukiyaki Bulgogi Nasi Ayam Rendang Daging Chicken pork adobo Crab curry Steamed seafood cakes Beef pho And many more favorites from all over Asia Also featured are measurement and unit conversion tables Each chapter contains the history and culture of each featured country You will learn about the food and customs of Asia while also learning how to set up an organized multi course dinner menu for every special occasion 2008, □□□□ **The Food of Asia** Kong Foong Ling, 1998 More than 300 recipes from China India Indonesia Malaysia Singapore Japan Thailand and Vietnam cover the gamut of Asian cuisine from spicy satays to fragrant spring rolls 250 color photos Oxford Symposium on Food and Cookery 1991 Harlan Walker, 1992 The Singapore Visitor ,1982 Uncle Lau's Teochew Recipes Tan Lee Leng, Lau Chiap Khai, 2012 Winner Best Chinese Cuisine Book Singapore Gourmand World Cookbook Awards 2012 Enjoy the rich culinary heritage of the Teochews with this compact cookbook which features over 80 authentic family recipes Besides the usual Teochew fare of steamed fish and ngoh hiang this book features many little known traditional Teochew dishes some even exclusive to the author's family such as Ho Pung and Sio Bee These time tested recipes are painstakingly compiled by Mr Lau Chiap Khai s daughter Tan Lee Leng A woman of many talents Lee Leng is a food consultant food writer chef food stylist and a formally trained potter Lee Leng was trained in the art of Teochew cuisine by her father and holds a diploma from Le Cordon Bleu in London Her father affectionately known by friends and family as Uncle Lau handed down their family s recipes to Lee Leng in the hopes that she preserve their heritage By compiling her father's recipes Lee Leng has shared this Teochew culinary heirloom so that current and future generations will be able to enjoy these wonderful recipes Uncle Lau s Teochew Recipes is part of Epigram Books award winning Heritage Cookbook series which showcases the best of Singapore s major cuisines through authentic family recipes **Steam Cooking** Fiona Fung, 2008-03 While stir fries chop

sueys and dim sums may be the more well known Chinese foods in North America steam cooking has long been a main stream method in traditional Chinese cooking for the health conscious minds With bamboo steamers and other utensils for steam cooking becoming more popular in the supermarkets nowadays recipes for steam cooking has also turned into a more sought after subject This 84 page book covers the basics of Chinese steam cooking from how to flavour a dish water level and general rules to determine cooking time for various ingredients It talks about some finishing techniques that can enhance the flavour of a dish There are illustrative examples of utensils common sauces herbs seasoning and pantry items that can be used with steam cooking There are 27 recipes for meat fish vegetables and dim sum dishes They are easy to follow and illustrated with full colour photoghrahy

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