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Spirit Guide Contact *Through* Hypnosis

DR. BRUCE GOLDBERG

Author of

Self-Hypnosis and Past Lives, Future Lives Revealed

Spirit Guide Contact Through Hypnosis

M Woodhall



Spirit Guide Contact Through Hypnosis:

Spirit Guide Contact Through Hypnosis Bruce Goldberg, 2005-01-01 By providing easy to follow techniques of self hypnosis and guided meditation Dr Bruce Goldberg makes the mechanism of contact with one's spirit guides accessible to all who sincerely apply themselves Dr Goldberg has blessed his readers with countless hours of inspiration and guidance This is a book that will bring comfort and joy to millions Brad Steiger author of Guardian Angels and Spirit Guides Contacting spirit guides is as old as civilization itself Shamans dating back to at least 50 000 B C ritualistically contacted nonphysical entities The Mystery Schools of Ancient Egypt Greece Persia Rome and India also dealt with contacting spirit guides Every major religion acknowledges the reality of discarnate entities or spirits whether they are called saints angels the Holy Spirit and so on One of the purposes of this book is to demystify this process The media's depiction of spirit contact has led to the false assumption that anyone who establishes this contact must be in great danger In reality this communication is natural relatively simple and a wonderful growth experience Spirit communication removes the fear of death and bereavement and results in a form of spiritual empowerment Contacting your spirit guides can help us Develop your intuition and other psychic abilities Increase your ability to love yourself and others Become more aware of the workings of the universe Establish better contact with your own Masters and Guides and Higher Self to facilitate your own spiritual evolution Protect you from negative entities and or other forces in the universe Access the wisdom of the ancients Establish and maintain your own physical mental emotional and spiritual health Overcome bad habits and fears Eliminate the fear of death See into the future Master the art of out of body experiences Learn your true karmic purpose Spirit Guide Contact Through Hypnosis includes free audio companion downloads

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