

MAINTENANCE SCHEDULE

Forester, Impreza, Legacy, Outback, Tribeca, WRX and WRX STI models 2012 and up.



SUBARU

Confidence in Motion

ALL SUBARU BOXER ENGINES

VEHICLE KILOMETRES	SERVICE NEEDED
10,000 or 6 months	A
20,000 or 12 months	B
30,000 or 18 months	A
40,000 or 24 months	B
50,000 or 30 months	A
60,000 or 36 months	C
70,000 or 42 months	A
80,000 or 48 months	B
90,000 or 54 months	A
100,000 or 60 months	D
110,000 or 66 months	A
120,000 or 72 months	C
130,000 or 78 months	A
140,000 or 84 months	B
150,000 or 90 months	A
160,000 or 96 months	B*
170,000 or 102 months	A
180,000 or 108 months	C
190,000 or 114 months	A
200,000 or 120 months	D
210,000 or 126 months	A
220,000 or 132 months	C

From \$119.95

A

- Replace engine oil and filter
- Inspect tire condition and adjust all tire pressures including spare
- Inspect and adjust all fluid levels including both differentials
- Inspect operation of all lights, wipers and washers
- Inspect and adjust drive belt tension if necessary
- Service battery

- Inspect side boot condition
- Lubricate all latches, hinges and locks
- Inspect all steering and suspension components
- Check under body for damage
- Road test

From \$459.95

B

- Replace engine oil and filter
- Rotate tires and inspect for wear
- Inspect tire condition and adjust all tire pressures including spare
- Remove, inspect and service front and rear brakes
- Inspect and adjust all fluid levels including both differentials
- Inspect operation of all lights, wipers and washers
- Inspect and adjust drive belt tension if necessary
- Service battery

- Inspect side boot condition
- Lubricate all latches, hinges and locks
- Inspect all steering and suspension components
- Check under body for damage
- Test coolant, inspect hoses and clamps
- Inspect engine and cabin air filters - replace if necessary
- Wheel alignment (recommended)*
- Road test

From \$719.95

C

- Replace engine oil and filter
- Rotate tires and inspect for wear
- Inspect tire condition and adjust all tire pressures including spare
- Remove, inspect and service front and rear brakes including parking brake
- Inspect and adjust all fluid levels including both differentials
- Inspect operation of all lights, wipers and washers
- Inspect and adjust drive belt tension if necessary
- Full battery service and test
- Inspect side boot condition

- Lubricate all latches, hinges and locks
- Inspect all steering and suspension components
- Check under body for damage
- Test coolant, inspect hoses and clamps
- Inspect engine and cabin air filters - replace if necessary
- Replace brake fluid
- Service fuel injectors
- Inspect all emission-related hoses
- Inspect PCV valve - replace if necessary
- Wheel alignment (recommended)*
- Road test

From \$1,099.95

D

- Replace engine oil and filter
- Rotate tires and inspect for wear
- Inspect tire condition and adjust all tire pressures including spare
- Remove, inspect and service front and rear brakes
- Inspect and adjust all fluid levels
- Inspect operation of all lights, wipers and washers
- Inspect and adjust drive belt tension if necessary
- Service battery
- Inspect side boot condition

- Lubricate all latches, hinges and locks
- Inspect all steering and suspension components
- Check under body for damage
- Test coolant, inspect hoses and clamps
- Inspect engine and cabin air filters - replace if necessary
- Replace spark plugs
- Replace transmission and differential fluids
- Wheel alignment (recommended)*
- Road test

*Every 160,000 km/10 years (whichever occurs first).
• Replacement of camshaft drive belts (all turbocharged engines and 184 naturally aspirated Legacy and Outback).

*At 220,000 km/11 years (whichever occurs first).
• Perform coolant flush and replace with Subaru long life coolant.

We recommend you check your engine oil level every second fuel fill-up.

Following the periodic inspection and maintenance services described in your Subaru Maintenance Guide is the best way to ensure your Subaru runs smoothly for years to come. Visit your local Subaru dealer to have Subaru Certified Technicians take care of the inspections and maintenance services outlined. The information contained on this page is for general information only and is subject to change without prior notice.

Subaru Scheduled Maintenance Guide

LM Reder



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gcse 9 1 physical education short course - Jul 01 2022

web physical education bbc bitesize physical education physical education includes taking care of your body and staying healthy particularly through sports part of learn

physical education and sport pearson qualifications - Feb 25 2022

web mar 11 2016 a consultation on changes to our rules and guidance for new gcse in physical education to accommodate the new short course gcse this consultation

gcse physical education short course wjec - Jun 12 2023

web the department of physical education is a non degree granting department offering courses to all undergraduate students who wish to keep fit learn a new sport or

gcse physical education short course gov uk - Jul 13 2023

web our gcse physical education short course specification will enable learners to engage in a practical course designed to encourage learners to be inspired motivated and

physical education short course wjec - Apr 10 2023

web turkish language education and teaching application and research center İzitem food and agricultural research center halal food ar ge center of excellence

gcse reform regulations for physical education short course - Dec 26 2021

web roketsozluk physical education kelimesinin türkçe anlamı physical education türkçesi physical education türkçe tercümesi telaffuz kelime anlam play pause

pearson edexcel gcse physical education 2016 - Oct 04 2022

web to new full course gcse in physical education will remain unchanged the changes being made to the conditions requirements and guidance to allow for short course

ba physical education and sports teaching izu - Jan 07 2023

web physical education short course unit 1 the theory of physical education 5pe03 01 sample assessment material time 1 hour instructionst t use black ink or ball point pen

physical education bbc bitesize - Apr 29 2022

web mar 14 2022 physical education short course 3pe0 01 component 1 theory tuesday 24 may afternoon 1h 30m gce physical education 9pe0 01 component

boğaziçi university department of physical education and sport - May 11 2023

web this wjec gcse physical education short course specification will enable learners to engage in a practical course designed to encourage learners to be inspired motivated