SAMPLE QUESTION PAPER PHYSICAL EDUCATION (048) SESSION 2021-22(CLASS XII) TERM 1

Max Marks:35

Time:1hr 30min

General instructions:

- 1. There are three sections in the Question paper namely Section A, Section B and Section C.
- 2. Section A consists of 24 questions amongst which 20 questions have to be attempted.
- 3. Section B consists of 24 questions amongst which 20 questions have to be attempted.
- 4. Section C consists of 12 questions amongst which 10 questions have to be attempted.

SECTION A (KNOWLEDGE AND UNDERSTANDING)

- Q1. What is the other name for Vitamin B2?
 - a) Niacin
 - b) Thiamin
 - c) Folic Acid
 - d) Riboflavin
- Q2... What is the formula to divide an odd number of teams in the upper half for a knockout fixture?
 - a) N+1/2
 - b) N-1/2
 - c) N(N-1)/2
 - d) N(N+1)/2
- Q3. Which test is developed to test fitness in senior citizens?
 - a) Harvard step
 - b) Rikli and Jones
 - c) AAHPER
 - d) Rockport

Q4.



Which action is shown in the illustration?

- a) Flexion
- b) Extension
- c) Adduction
- d) Abduction
- Q5. . Gliding movement occurs at which joint?
 - a) Knee
 - b) Hip
 - c) Wrist
 - d) Elbow

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SUDARSHAN S

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