

Principles & Conduct



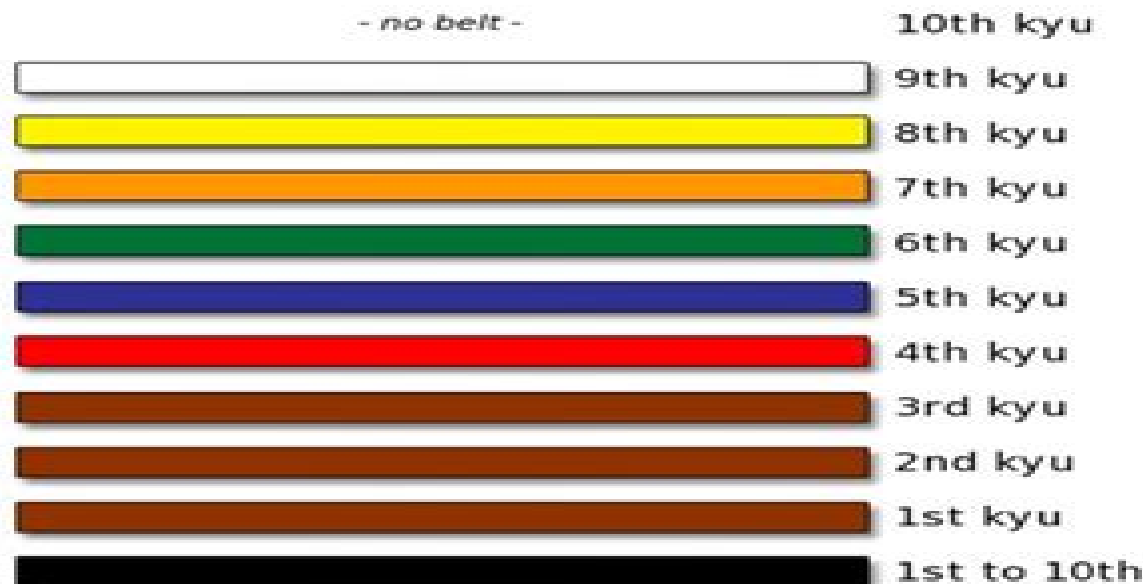
White Gi used in Shotokan Karate

Rank and belt

Karate uses a colored belt grading system. This system was first invented by Jigoro Kano, founder of Judo, and was quickly adopted by various other eastern martial arts systems including Shotokan Karate.

In this system, students are awarded a higher rank as they learn the martial art's curriculum. In total, there are 10 kyu (10th kyu being someone who has never entered a Dojo to practice Karate and automatically becoming 9th kyu when first stepping in the Dojo to learn) and 1st kyu being an advanced karateka) and 9 dans (1st dan being an advanced karateka, now capable of teaching, and 9th dan being a grandmaster). Occasionally 10th dan may be awarded to special Karateka as a recognition to their life long dedication to the art (the 10th dan may awarded to a grandmaster in life as well as in death).

To each kyu is associated a belt colour. Often, belts are awarded after a test that may happen somewhere between 4 months of training, for lower grades, to several years for high ranking dans.



Belts in Shotokan Karate and their matching rank

Shotokan Karate Guide Yellow Belt

Annelies Wilder-Smith



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